

Schedule of Events

DAY ONE

Multi-Events

9:30 a.m. 60 Meter Hurdles Women's Pentathlon
10:00 a.m. 60 Meter Dash Men's Heptathlon
10:30 a.m. High Jump Women's Pentathlon
10:55 a.m. Long Jump Men's Heptathlon
12:00 p.m. Shot Put Women's Pentathlon
12:30 p.m. Shot Put Men's Heptathlon
1:15 p.m. High Jump Men's Heptathlon
1:45 p.m. Long Jump Women's Pentathlon
2:45 p.m. 800 Meter Run Women's Pentathlon

Field Events

1:15 p.m. 20# Weight Throw Women's Trials and Final
3:00 p.m. Pole Vault Men's Final
3:15 p.m. 35# Weight Throw Men's Final
4:15 p.m. Long Jump Men's Trials and Final
6:15 p.m. Long Jump Women's Trials and Final

Track Events

3:00 p.m. 60 Meter Dash Women's Prelims (If needed)
3:15 p.m. 60 Meter Dash Men's Prelims (If needed)
3:30 p.m. 60 Meter Hurdles Women's Prelims (If needed)
3:45 p.m. 60 Meter Hurdles Men's Prelims (If needed)
4:00 p.m. 800 Meter Run Women's Prelims
4:15 p.m. 800 Meter Run Men's Prelims
4:35 p.m. 400 Meter Dash Women's Prelims
4:50 p.m. 400 Meter Dash Men's Prelims
5:05 p.m. 60 Meter Dash Women's Semi Finals
5:20 p.m. 60 Meter Dash Men's Semi Finals
5:35 p.m. 60 Meter Hurdles Women's Semi Finals
5:50 p.m. 60 Meter Hurdles Men's Semi Finals
6:05 p.m. 3,000 Meter Run (Slow Heat) Women's Final
6:25 p.m. 3,000 Meter Run (Fast Heat) Women's Final
6:45 p.m. 3,000 Meter Run (Slow Heat) Men's Final
7:00 p.m. 3,000 Meter Run (Fast Heat) Men's Final
7:15 p.m. 200 Meter Dash Women's Prelims
7:30 p.m. 200 Meter Dash Men's Prelims
7:45 p.m. Distance Medley Relay Women's Final
8:05 p.m. Distance Medley Relay Men's Final

NOTE: Awards will be distributed immediately after each track event. Awards for field events will be distributed at the conclusion of each field event as time allows.

2012 MVC Indoor Track & Field Procedures

DAY TWO

Multi-Events

9:30a.m. 60 Meter Hurdles Men's Heptathlon
10:15 a.m. Pole Vault Men's Heptathlon
12:15 p.m. 1,000 Meter Run Men's Heptathlon

Field Events

11:30 p.m. Triple Jump Women's Trials and Final
12:00 p.m. Shot Put Women's Trials and Final
12:00 p.m. High Jump Men's Final
1:30 p.m. Pole Vault Women's Final
2:00 p.m. High Jump Women's Final
2:00 p.m. Shot Put Men's Trials and Final
1:30 p.m. Triple Jump Men's Trials and Final

Track Events

1:00 p.m. Mile Run (Slow Heat) Women's Final
1:10 p.m. Mile Run (Fast Heat) Women's Final
1:20 p.m. Mile Run (Slow Heat) Men's Final
1:30 p.m. Mile Run (Fast Heat) Men's Final
1:40 p.m. 400 Meter Dash Women's Final
1:45 p.m. 400 Meter Dash Men's Final
1:50 p.m. 60 Meter Dash Women's Final
1:55 p.m. 60 Meter Dash Men's Final
2:00 p.m. 60 Meter Hurdles Women's Final
2:10 p.m. 60 Meter Hurdles Men's Final
2:20 p.m. 800 Meter Run Women's Final
2:25 p.m. 800 Meter Run Men's Final
2:30 p.m. 200 Meter Dash (2 sections) Women's Final
2:35 p.m. 200 Meter Dash (2 sections) Men's Final
2:40 p.m. 5,000 Meter Run Women's Final
3:05 p.m. 5,000 Meter Run Men's Final
3:25 p.m. 4 x 400 Meter Relay Women's Final
3:35 p.m. 4 x 400 Meter Relay Men's Final