

Women's Indoor Year-by-Year History

1983

at Charleston, Ill.

| | |
|-------------------|------|
| Illinois State | 104 |
| Wichita State | 101 |
| Western Illinois | 75.5 |
| Eastern Illinois | 64 |
| Drake | 54 |
| Southern Illinois | 38 |
| Indiana State | 31.5 |
| UNI | 14 |
| Bradley | 11 |
| Missouri State | 2 |

1984

at Cedar Falls, Iowa

| | |
|-------------------|-----|
| Illinois State | 166 |
| Drake | 82 |
| Wichita State | 68 |
| Western Illinois | 63 |
| Eastern Illinois | 41 |
| Southern Illinois | 37 |
| UNI | 26 |
| Indiana State | 20 |
| Bradley | 13 |
| Missouri State | 8 |

1985

at Normal, Ill.

| | |
|-------------------|-----|
| Illinois State | 163 |
| Western Illinois | 136 |
| Wichita State | 84 |
| Southern Illinois | 63 |
| Drake | 62 |
| Indiana State | 26 |
| Eastern Illinois | 18 |
| Missouri State | 3 |
| UNI | 3 |
| Bradley | 0 |

1986

at Charleston, Ill.

| | |
|-------------------|-----|
| Western Illinois | 136 |
| Southern Illinois | 103 |
| Wichita State | 82 |
| Illinois State | 81 |
| Eastern Illinois | 70 |
| Drake | 41 |
| Bradley | 13 |
| UNI | 12 |
| Missouri State | 12 |
| Indiana State | 8 |

1987

at Cedar Falls, Iowa

| | |
|-------------------|-----|
| Southern Illinois | 118 |
| Illinois State | 110 |
| Western Illinois | 75 |
| Wichita State | 66 |
| Eastern Illinois | 62 |
| Drake | 54 |
| UNI | 37 |
| Indiana State | 21 |
| Missouri State | 10 |
| Bradley | 5 |

1988

at Normal, Ill.

| | |
|-------------------|-----|
| Southern Illinois | 119 |
| Wichita State | 89 |
| Drake | 82 |
| Western Illinois | 63 |
| Eastern Illinois | 56 |
| Illinois State | 44 |
| UNI | 41 |
| Missouri State | 39 |
| Indiana State | 17 |
| Bradley | 8 |

1989

at Charleston, Ill.

| | |
|-------------------|-----|
| Southern Illinois | 132 |
| Drake | 90 |
| Wichita State | 75 |
| Western Illinois | 61 |
| Illinois State | 61 |
| Indiana State | 51 |
| Eastern Illinois | 32 |
| UNI | 27 |
| Missouri State | 25 |
| Bradley | 2 |

1990

at Carbondale, Ill.

| | |
|-------------------|-----|
| Illinois State | 115 |
| Southern Illinois | 112 |
| Western Illinois | 109 |
| UNI | 59 |
| Indiana State | 54 |
| Missouri State | 37 |
| Wichita State | 35 |
| Drake | 20 |
| Eastern Illinois | 9 |
| Bradley | 8 |

1991

at Cedar Falls, Iowa

| | |
|-------------------|-------|
| Illinois State | 117.5 |
| Southern Illinois | 88 |
| UNI | 77 |
| Western Illinois | 72 |
| Indiana State | 67 |
| Wichita State | 58.5 |
| Missouri State | 44 |
| Eastern Illinois | 21 |
| Bradley | 10 |
| Drake | 2 |

1992

at Normal, Ill.

| | |
|-------------------|--------|
| Illinois State | 149 |
| Missouri State | 110 |
| Indiana State | 100 |
| Southern Illinois | 70 2/3 |
| UNI | 46 |
| Wichita State | 32 |
| Western Illinois | 30 |
| Drake | 19 1/3 |
| Eastern Illinois | 1 |
| Bradley | 0 |

1993

at Cedar Falls, Iowa

| | |
|-------------------|-----|
| Indiana State | 124 |
| Illinois State | 108 |
| Missouri State | 77 |
| UNI | 68 |
| Southern Illinois | 51 |
| Wichita State | 50 |
| Drake | 48 |

1994

at Carbondale, Ill.

| | |
|-------------------|-----|
| Indiana State | 130 |
| Illinois State | 99 |
| Southern Illinois | 85 |
| Missouri State | 79 |
| UNI | 66 |
| Drake | 58 |
| Wichita State | 8 |
| Tulsa | 1 |

1995

at Normal, Ill.

| | |
|-------------------|-----|
| Indiana State | 124 |
| Southern Illinois | 106 |
| Illinois State | 93 |
| UNI | 65 |
| Missouri State | 57 |
| Drake | 49 |
| Wichita State | 24 |
| Tulsa | 9 |

1996

at Cedar Falls, Iowa

| | |
|-------------------|-----|
| Illinois State | 131 |
| Southern Illinois | 108 |
| Missouri State | 81 |
| Indiana State | 77 |
| UNI | 71 |
| Drake | 39 |
| Wichita State | 33 |
| Tulsa | 16 |

1997

at Carbondale, Ill.

| | |
|-------------------|------|
| Illinois State | 125 |
| Southern Illinois | 90 |
| Indiana State | 79 |
| Missouri State | 74 |
| UNI | 49 |
| Wichita State | 34.5 |
| Drake | 12.5 |

1998

at Normal, Ill.

| | |
|-------------------|-----|
| Missouri State | 124 |
| Indiana State | 94 |
| Southern Illinois | 69 |
| UNI | 67 |
| Illinois State | 55 |
| Wichita State | 44 |
| Bradley | 25 |
| Drake | 18 |

1999

at Cedar Falls, Iowa

| | |
|-------------------|-----|
| Missouri State | 124 |
| Indiana State | 75 |
| Drake | 69 |
| Southern Illinois | 50 |
| UNI | 49 |
| Illinois State | 47 |
| Wichita State | 43 |
| Bradley | 38 |

2000

at Cedar Falls, Iowa

| | |
|-------------------|-------|
| Missouri State | 98 |
| Illinois State | 89.50 |
| Indiana State | 86 |
| UNI | 60.33 |
| Drake | 57.33 |
| Southern Illinois | 43.83 |
| Wichita State | 38 |
| Bradley | 22 |

2001

at Carbondale, Illinois

| | |
|-------------------|-----|
| Indiana State | 119 |
| Illinois State | 91 |
| Missouri State | 90 |
| Southern Illinois | 81 |
| Wichita State | 71 |
| UNI | 38 |
| Drake | 6 |
| Bradley | 0 |

2002

at Cedar Falls, Iowa

| | |
|-------------------|-----|
| UNI | 114 |
| Missouri State | 105 |
| Wichita State | 75 |
| Illinois State | 74 |
| Southern Illinois | 56 |
| Indiana State | 46 |
| Drake | 23 |
| Bradley | 2 |

2003

at Normal, Ill.

| | |
|-------------------|-----|
| Missouri State | 113 |
| Southern Illinois | 103 |
| Indiana State | 82 |
| UNI | 76 |
| Illinois State | 59 |
| Drake | 35 |
| Wichita State | 18 |
| Bradley | 10 |

2004

at Terre Haute, Ind.

| | |
|-------------------|------|
| Missouri State | 143 |
| Wichita State | 106 |
| Indiana State | 80 |
| Southern Illinois | 77 |
| Illinois State | 45.5 |
| UNI | 42 |
| Drake | 29.5 |
| Bradley | 2 |

2005

at Carbondale, Ill.

| | |
|-------------------|-----|
| Southern Illinois | 128 |
| Wichita State | 123 |
| Missouri State | 92 |
| Illinois State | 75 |
| Indiana State | 63 |
| UNI | 35 |
| Drake | 11 |
| Bradley | 0 |

2006

at Cedar Falls, Iowa

| | |
|-------------------|-------|
| Wichita State | 138.5 |
| Illinois State | 80 |
| UNI | 77 |
| Missouri State | 77 |
| Southern Illinois | 70 |
| Indiana State | 45 |
| Drake | 35 |
| Bradley | 4 |

2007

at Carbondale, Ill.

| | |
|-------------------|-----|
| Wichita State | 142 |
| UNI | 98 |
| Indiana State | 80 |
| Illinois State | 69 |
| Southern Illinois | 55 |
| Drake | 43 |
| Missouri State | 36 |
| Bradley | 4 |

2008

at Cedar Falls, Iowa

| | |
|-------------------|-------|
| UNI | 147.5 |
| Southern Illinois | 116.2 |
| Indiana State | 112.7 |
| Wichita State | 110.6 |
| Illinois State | 86 |
| Missouri State | 65.5 |
| Drake | 17.5 |
| Bradley | 3 |

Women's Indoor Year-by-Year History

2009

at Cedar Falls, Iowa

| | |
|-------------------------|------|
| Southern Illinois | 154 |
| Wichita State | 143 |
| Missouri State | 111 |
| Indiana State | 88.5 |
| Illinois State | 70 |
| UNI | 63.5 |
| Drake | 30 |
| Bradley | 1 |

2010

at Cedar Falls, Iowa

| | |
|-------------------------|-------|
| Wichita State | 151.5 |
| Southern Illinois | 145.5 |
| Indiana State | 89 |
| Illinois State | 77 |
| Missouri State | 69 |
| Drake | 60 |
| UNI | 56 |
| Bradley | 14 |

Women's Indoor Records

Women's Indoor Championship Records

Records only include times established at Missouri Valley Conference Indoor Track & Field Championships.

| | |
|--|----------|
| 60-Meter Dash: Devon Williams, Illinois State (2008) | 7.41 |
| 60-Meter Hurdles: Meredith Hayes, Southern Illinois (2009) | 8.42 |
| 200-Meter Dash: Holli Hyche, Indiana State (1993) | 23.18 |
| 400-Meter Dash: Verneta Lesforis, Missouri State (1999) | 53.82 |
| 800-Meter Run: Mashere Harrison, Missouri State (2002) | 2:08.03 |
| Mile Run: Kellyn Johnson, Wichita State (2009) | 4:44.92 |
| 3,000-Meter Run: Kellyn Johnson, Wichita State (2009) | 9:24.33 |
| 5,000-Meter Run: Kellyn Johnson, Wichita State (2009) | 16:11.77 |
| 4 x 400-Meter Relay: Missouri State (1998) | 3:42.09 |
| (Grante, Pommells, Charles, Lesforis) | |
| Distance Medley: Missouri State (2009) | 11:42.69 |
| (Nelson, Perkins, Kyger, Cheruiyot) | |
| High Jump: Sue Perkins, Western Illinois (1986) | 5-11 1/2 |
| Long Jump: Bianca Stuart, Southern Illinois (2009) | 21-6 1/4 |
| Triple Jump: Lauren Martin, Indiana State (2010) | 43-7 3/4 |
| Shot Put: Rachel Jansen, UNI (2007) | 56-5 1/4 |
| 20-lb. Weight Throw: Brittany Riley, Southern Illinois (2008) | 79-2 1/2 |
| Pole Vault: Kylie Hutson, Indiana State (2010) | 14-8 1/4 |
| Pentathlon: Olimpia Nowak, UNI (2008) | 4,016 |

Retired Events

| | |
|--|---------|
| 55-Meter Dash: Holli Hyche, Indiana State (1994) | 6.74 |
| 55-Meter Hurdles: Kathy Raske, Southern Illinois (1989) | 7.92 |
| 4 x 200-Meter Relay: Indiana State (1992) | 1:40.83 |
| (Dobbs, Dease, Evans, Hyche) | |
| 4 x 800-Meter Relay: Western Illinois (1985) | 9:03.49 |
| (Watson, DeNike, Magnificci, Suarez) | |
| 600-Meter Run: Angie Kent, Illinois State (1994) | 1:31.74 |
| 1,000-Meter Run: Karla Zylstra, Drake (1989) | 2:45.31 |

*Women's athletics were under the Gateway Conference umbrella from 1983 to 1992. Since 1992-93, women's athletics have been a part of the Missouri Valley Conference. Records in all sports have been combined.

Records as of April 9, 2010

All-Time Women's Indoor Records

All-time records include results through the end of the international track calendar following the student-athlete's senior year. Only current events listed.

| | |
|---|----------|
| 60-Meter Dash: Holli Hyche, Indiana State (1994) | 7.21 |
| 60-Meter Hurdles: Korto Dunbar, Southern Illinois (2003) | 8.29 |
| 200-Meter Dash: Holli Hyche, Indiana State (1994) | 22.90 |
| 400-Meter Dash: Verneta Lesforis, Missouri State (1999) | 52.21 |
| 800-Meter Run: Erica Moore, Indiana State (2009) | 2:04.94 |
| Mile Run: Desiraye Osburn, Wichita State (2006) | 4:40.73 |
| 3,000-Meter Run: Wendy VanMierlo, Illinois State (1984) | 9:17.05 |
| 5,000-Meter Run: Kellyn Johnson, Wichita State (2009) | 16:11.77 |
| 4 x 400-Meter Relay: Missouri State (1999) | 3:36.18 |
| (Pommells, Lesforis, Harrison, Charles) | |
| Distance Medley: Missouri State (2009) | 11:24.02 |
| (Kyger, Ernest, Allen Cheruiyot) | |
| High Jump: Holly Johnson, Drake (1984) | 5-11 1/2 |
| Sue Perkins, Western Illinois (1986) | |
| 5-11 1/2 | |

| | |
|--|------------|
| Long Jump: Bianca Stuart, Southern Illinois (2009) | 21-6 1/4 |
| Triple Jump: Lauren Martin, Indiana State (2010) | 43-10 1/2 |
| Shot Put: Jeneva McCall, Southern Illinois (2010) | 56-7 1/4 |
| 20-lb. Weight Throw: Brittany Riley, Southern Illinois (2007) | 83-10 1/4* |
| Pole Vault: Kylie Hutson, Indiana State (2010) | 14-9 |
| Pentathlon: Erica Moore, Indiana State (2009) | 4,030 |

*American Record - World Record distance - weight throw not recognized by IAAF

*Women's athletics were under the Gateway Conference umbrella from 1983 to 1992. Since 1992-93, women's athletics have been a part of the Missouri Valley Conference. Records in all sports have been combined.

Records as of April 9, 2010

Championship List

| Year | School | Coach |
|------|-------------------------|-------------------|
| 1983 | Illinois State | Joyce Morton Kief |
| 1984 | Illinois State | Joyce Morton Kief |
| 1985 | Illinois State | Joyce Morton Kief |
| 1986 | Western Illinois | Don Miller |
| 1987 | Southern Illinois | Don DeNoon |
| 1988 | Southern Illinois | Don DeNoon |
| 1989 | Southern Illinois | Don DeNoon |
| 1990 | Illinois State | Joyce Morton Kief |
| 1991 | Illinois State | Joyce Morton Kief |
| 1992 | Illinois State | John Coughlan |
| 1993 | Indiana State | John Gartland |
| 1994 | Indiana State | John Gartland |
| 1995 | Indiana State | John Gartland |
| 1996 | Illinois State | John Coughlan |
| 1997 | Illinois State | John Coughlan |
| 1998 | Missouri State | Ron Boyce |
| 1999 | Missouri State | Ron Boyce |
| 2000 | Missouri State | Ron Boyce |

| | | |
|------|-------------------------|--------------------|
| 2001 | Indiana State | John Gartland |
| 2002 | UNI | Chris Bucknam |
| 2003 | Missouri State | Ron Boyce |
| 2004 | Missouri State | Ron Boyce |
| 2005 | Southern Illinois | Connie Price-Smith |
| 2006 | Wichita State | Steve Rainbolt |
| 2007 | Wichita State | Steve Rainbolt |
| 2008 | UNI | Chris Bucknam |
| 2009 | Southern Illinois | Connie Price-Smith |
| 2010 | Wichita State | Steve Rainbolt |

Team Championship Summary (through 2010)

| School | No. |
|-------------------------|-----|
| Illinois State | 8 |
| Missouri State | 5 |
| Southern Illinois | 5 |
| Indiana State | 4 |
| Wichita State | 3 |
| UNI | 2 |
| Western Illinois | 1 |

MVC Women's Indoor Championship Winners

60-Meter Dash

(60-Yard Dash)

| | | |
|------|------------------------------------|------|
| 1983 | Alicia McQueen, Wichita State..... | 7.00 |
| 1984 | Nina Thompson, Wichita State..... | 7.15 |

(55-Meter Dash)

| | | |
|------|---------------------------------|------|
| 1985 | Karen Brown, Wichita State..... | 7.06 |
|------|---------------------------------|------|

(60-Yard Dash)

| | | |
|------|---------------------------------------|------|
| 1986 | Roshawn Brooks, Western Illinois..... | 7.04 |
| 1987 | Kim Atwater, Drake..... | 6.99 |

(55-Meter Dash)

| | | |
|------|--|------|
| 1988 | Roshawn Brooks, Western Illinois..... | 6.9* |
| 1989 | Pam Ashford, Western Illinois..... | 7.03 |
| 1990 | Pam Ashford, Western Illinois..... | 7.09 |
| 1991 | Shery Shedd, UNI..... | 7.12 |
| 1992 | Dedra Davis, Missouri State..... | 6.98 |
| 1993 | Holli Hyche, Indiana State..... | 6.77 |
| 1994 | Holli Hyche, Indiana State..... | 6.74 |
| 1995 | Yves-Rose Jerome, Missouri State..... | 6.96 |
| 1996 | Yves-Rose Jerome, Missouri State..... | 6.92 |
| 1997 | Michelle Baptiste, Missouri State..... | 7.02 |
| 1998 | Michelle Baptiste, Missouri State..... | 7.00 |

(60-Meter Dash)

| | | |
|------|--|------|
| 1999 | Michelle Baptiste, Missouri State..... | 7.56 |
| 2000 | Camille Clarke, Missouri State..... | 7.53 |
| 2001 | Amber Cumberbatch, Missouri State..... | 7.62 |
| 2002 | Amber Cumberbatch, Missouri State..... | 7.54 |
| 2003 | La Toya Jagoe, Indiana State..... | 7.50 |
| 2004 | La Toya Jagoe, Indiana State..... | 7.54 |
| 2005 | Lyn Cox, Illinois State..... | 7.51 |
| 2006 | Devon Williams, Illinois State..... | 7.43 |
| 2007 | Devon Williams, Illinois State..... | 7.43 |
| 2008 | Devon Williams, Illinois State..... | 7.41 |
| 2009 | Jeanne Middleton, Indiana State..... | 7.51 |
| 2010 | Jodiann Walker, Missouri State..... | 7.54 |

60M DASH REPEAT WINNERS:

3-time: (2) Michelle Baptiste (MSU) 1997-99; Devon Williams (ILS) 2006-08
2-time: (6) Roshawn Brooks (WSU) 1986, '88; Pam Ashford (WIU) 1989-90; Holli Hyche (INS) 1993-94; Yves-Rose Jerome (MSU) 1995-96; Amber Cumberbatch (MSU) 2001-02; La Toya Jagoe (INS) 2003-04

60-Meter High Hurdles

(60-yard Hurdles)

| | | |
|------|--------------------------------------|------|
| 1983 | Penny Sellers, Western Illinois..... | 8.13 |
| 1984 | Holly Johnson, Drake..... | 8.06 |

(55-Meter High Hurdles)

| | | |
|------|-------------------------------------|------|
| 1985 | Faye Barrett, Western Illinois..... | 8.01 |
|------|-------------------------------------|------|

(60-yard Hurdles)

| | | |
|------|-------------------------------------|------|
| 1986 | Faye Barrett, Western Illinois..... | 7.83 |
| 1987 | Angie Taylor, Illinois State..... | 8.00 |

(55-Meter High Hurdles)

| | | |
|------|--|------|
| 1988 | Felicia Veal, Southern Illinois..... | 8.18 |
| 1989 | Kathy Raske, Southern Illinois..... | 7.92 |
| 1990 | Scyla Murray, Missouri State..... | 7.99 |
| 1991 | Rebecca Coyne, Southern Illinois..... | 8.16 |
| 1992 | Debbie Caddell, Illinois State..... | 8.06 |
| 1993 | Melinda Sallins, Missouri State..... | 8.03 |
| 1994 | Debbie Caddell, Illinois State..... | 7.95 |
| 1995 | LaTonya Morrison, Southern Illinois..... | 8.07 |
| 1996 | Donna Wechet, Southern Illinois..... | 8.14 |
| 1997 | Donna Wechet, Southern Illinois..... | 8.21 |
| 1998 | Brenna Fleishman, UNI..... | 8.00 |

(60-Meter High Hurdles)

| | | |
|------|--|------|
| 1999 | Mellanee Welty, Wichita State..... | 8.68 |
| 2000 | Dee Wear, UNI..... | 8.83 |
| 2001 | Dee Wear, UNI..... | 8.75 |
| 2002 | Dee Wear, UNI..... | 8.62 |
| 2003 | Korto Dunbar, Southern Illinois..... | 8.46 |
| 2004 | Korto Dunbar, Southern Illinois..... | 8.45 |
| 2005 | Lindsay Eck, Wichita State..... | 8.44 |
| 2006 | Kasey McDaniel, Drake..... | 8.43 |
| 2007 | Jennifer Snyder, Wichita State..... | 8.63 |
| 2008 | Jennifer Snyder, Wichita State..... | 8.54 |
| 2009 | Meredith Hayes, Southern Illinois..... | 8.42 |
| 2010 | Meredith Hayes, Southern Illinois..... | 8.50 |

60M HIGH HURDLES REPEAT WINNERS:

3-time: (1) Dee Wear (UNI) 2000-02
2-time: (6) Faye Barrett (WIU) 1985-86; Debbie Caddell (ILS) 1992, '94; Donna Wechet (SIU) 1996-97; Korto Dunbar (SIU) 2003-04; Jennifer Snyder (WSU) 2007-08; Meredith Hayes (SIU) 2009-10

200-Meter Dash

(300-Yard Dash)

| | | |
|------|---|-------|
| 1983 | Alicia McQueen, Wichita State..... | 35.46 |
| 1984 | Denise Blackman, Southern Illinois..... | 35.75 |

(300-Meter Dash)

| | | |
|------|----------------------------------|-------|
| 1985 | Debbie Ford, Illinois State..... | 39.49 |
|------|----------------------------------|-------|

(300-Yard Dash)

| | | |
|------|--|-------|
| 1986 | Denise Blackman, Southern Illinois..... | 35.36 |
| 1987 | Carlton Blackman, Southern Illinois..... | 34.78 |

(200-Meter Dash)

| | | |
|------|---------------------------------------|-------|
| 1988 | Lorry Plutz, Eastern Illinois..... | 25.34 |
| 1989 | Kathy Raske, Southern Illinois..... | 24.99 |
| 1990 | Pam Ashford, Western Illinois..... | 25.05 |
| 1991 | Angela Hayes, Illinois State..... | 24.75 |
| 1992 | Holli Hyche, Indiana State..... | 24.39 |
| 1993 | Holli Hyche, Indiana State..... | 23.18 |
| 1994 | Holli Hyche, Indiana State..... | 23.27 |
| 1995 | Omegia Keeys, Indiana State..... | 23.79 |
| 1996 | Yves-Rose Jerome, Missouri St..... | 24.39 |
| 1997 | Rosie Morrow, Illinois State..... | 24.42 |
| 1998 | Trudi Garrett, Missouri State..... | 24.81 |
| 1999 | Verneta Lesforis, Missouri State..... | 24.49 |
| 2000 | Camille Clarke, Missouri State..... | 24.32 |
| 2001 | Camille Clarke, Missouri State..... | 24.78 |
| 2002 | Amber Cumberbatch, Missouri St..... | 24.56 |
| 2003 | Amber Cumberbatch, Missouri St..... | 24.87 |
| 2004 | Cheasa Gibson, Missouri State..... | 24.19 |
| 2005 | Lyn Cox, Illinois State..... | 24.49 |
| 2006 | Lian Lucas, Illinois State..... | 24.00 |
| 2007 | Devon Williams, Illinois State..... | 24.33 |
| 2008 | Devon Williams, Illinois State..... | 24.31 |
| 2009 | Brittany Hemphill, Wichita State..... | 24.74 |
| 2010 | Audacia Moore, Wichita State..... | 24.19 |

200M DASH REPEAT WINNERS:

3-time: (1) Holli Hyche (INS) 1992-94
2-time: (4) Denise Blackman (SIU) 1984, '86; Camille Clarke (MSU) 2000-01; Amber Cumberbatch (MSU) 2002-03; Devon Williams (ILS) 2007-08

400-Meter Dash

(440-Yard Dash)

| | | |
|------|------------------------------|-------|
| 1983 | Carlton Blackman, Drake..... | 54.74 |
| 1984 | Carlton Blackman, Drake..... | 55.54 |

(400-Meter Dash)

| | | |
|------|----------------------------------|-------|
| 1985 | Debbie Ford, Illinois State..... | 56.63 |
|------|----------------------------------|-------|

(440-Yard Dash)

| | | |
|------|--|-------|
| 1986 | Carlton Blackman, Southern Illinois..... | 56.86 |
| 1987 | Carlton Blackman, Southern Illinois..... | 54.93 |

(400-Meter Dash)

| | | |
|------|---|-------|
| 1988 | Lorry Plutz, Eastern Illinois..... | 56.5* |
| 1989 | Angie Nunn, Southern Illinois..... | 55.82 |
| 1990 | Angie Nunn, Southern Illinois..... | 55.82 |
| 1991 | Melodie Turner, Bradley..... | 56.87 |
| 1992 | Dyan Fluhrer, UNI..... | 57.01 |
| 1993 | Angie Kent, Illinois State..... | 56.15 |
| 1994 | Omegia Keeys, Indiana State..... | 55.74 |
| 1995 | LaTonya Morrison, So. Illinois..... | 56.31 |
| 1996 | Katrina Daniels, Southern Illinois..... | 55.91 |
| 1997 | Verneta Lesforis, Missouri State..... | 55.09 |
| 1998 | Verneta Lesforis, Missouri State..... | 54.96 |
| 1999 | Verneta Lesforis, Missouri State..... | 53.82 |
| 2000 | Augustina Charles, Missouri St..... | 55.07 |
| 2001 | Cheasa Gibson, Missouri State..... | 56.08 |
| 2002 | Cheasa Gibson, Missouri State..... | 55.46 |
| 2003 | Cheasa Gibson, Missouri State..... | 55.93 |
| 2004 | Cheasa Gibson, Missouri State..... | 54.08 |
| 2005 | Tanya Cyrus, Missouri State..... | 55.19 |
| 2006 | Tanya Cyrus, Missouri State..... | 55.45 |
| 2007 | Leander Ernest, Missouri State..... | 54.91 |
| 2008 | Erica Moore, Indiana State..... | 55.35 |
| 2009 | Leander Ernest, Missouri State..... | 55.19 |
| 2010 | Sade Sealy, Illinois State..... | 55.56 |

400M DASH REPEAT WINNERS:

4-time: (2) Carlton Blackman (DU) 1983-84, 86-87; Cheasa Gibson (MSU) 2001-04
3-time: (1) Verneta Lesforis (MSU) 1997-99
2-time: (3) Angie Nunn (SIU) 1989-90; Tanya Cyrus (MSU) 2005-06; Leander Ernest (MSU) 2007, '09

600-Meter Run

(600-Yard Run)

| | | |
|------|--------------------------------------|---------|
| 1983 | Cellie Watson, Western Illinois..... | 1:24.7* |
| 1984 | Gail Stephen, Eastern Illinois..... | 1:21.60 |

(500-Meter Run)

| | | |
|------|--------------------------------------|---------|
| 1985 | Cellie Watson, Western Illinois..... | 1:13.80 |
|------|--------------------------------------|---------|

(600-Yard Run)

| | | |
|------|--------------------------------------|---------|
| 1986 | Cellie Watson, Western Illinois..... | 1:22.92 |
| 1987 | Florence Chillberry, Wichita St..... | 1:21.69 |

(500-Meter Run)

| | | |
|------|--------------------------------------|---------|
| 1988 | Tracy Olawumi, Eastern Illinois..... | 1:14.0* |
|------|--------------------------------------|---------|

(600-Meter Run)

| | | |
|------|---------------------------------------|---------|
| 1989 | Roseanne Vincent, So. Illinois..... | 1:32.46 |
| 1990 | Diane Black, UNI..... | 1:33.70 |
| 1991 | Diane Black, UNI..... | 1:34.5* |
| 1992 | Jamie Douglas, Missouri State..... | 1:35.12 |
| 1993 | Metria Bell, Illinois State..... | 1:32.29 |
| 1994 | Angie Kent, Illinois State..... | 1:31.74 |
| 1995 | Caroline Kent, Illinois State..... | 1:35.42 |
| 1996 | Kristin Heinichen, Indiana State..... | 1:35.06 |

600M RUN REPEAT WINNERS:

3-time: (1) Cellie Watson (WIU), 1983, '85-86
2-time: (1) Diane Black (UNI) 1990-91

800-Meter Run

(880-Yard Run)

| | | |
|------|-----------------------------------|---------|
| 1983 | Denise Lores, Illinois State..... | 2:14.6* |
| 1984 | Denise Lores, Illinois State..... | 2:15.15 |

(800-Meter Run)

| | | |
|------|---------------------------------------|---------|
| 1985 | Rosalind Cassidy, Illinois State..... | 2:10.07 |
|------|---------------------------------------|---------|

(880-Yard Run)

| | | |
|------|---------------------------------|---------|
| 1986 | Kathy Kehe, Illinois State..... | 2:12.76 |
| 1987 | Kathy Kehe, Illinois State..... | 2:11.99 |

(800-Meter Run)

| | | |
|------|---------------------------------------|---------|
| 1988 | Shiela Haugh, Drake..... | 2:11.4* |
| 1989 | Shiela Haugh, Drake..... | 2:11.17 |
| 1990 | Terri McCarthy, Wichita State..... | 2:13.08 |
| 1991 | Brenda Haynes, Missouri State..... | 2:15.00 |
| 1992 | Metria Bell, Illinois State..... | 2:11.54 |
| 1993 | Paula Nemmers, UNI..... | 2:14.99 |
| 1994 | Gina DeWitt, Drake..... | 2:12.26 |
| 1995 | Gina DeWitt, Drake..... | 2:11.47 |
| 1996 | Emily Montgomery, UNI..... | 2:10.12 |
| 1997 | Katey Parsons, Missouri State..... | 2:13.61 |
| 1998 | Katey Parsons, Missouri State..... | 2:13.04 |
| 1999 | Augustina Charles, Missouri St..... | 2:10.04 |
| 2000 | Angie Bruecker, Indiana State..... | 2:09.66 |
| 2001 | Mashere Harrison, Missouri St..... | 2:08.43 |
| 2002 | Mashere Harrison, Missouri St..... | 2:08.03 |
| 2003 | Noa Beittler, Southern Illinois..... | 2:10.91 |
| 2004 | Ty-Nica Davis, Southern Illinois..... | 2:14.93 |
| 2005 | Ty-Nica Davis, Southern Illinois..... | 2:09.53 |
| 2006 | Linda Feldberga, Wichita State..... | 2:11.78 |
| 2007 | Jenny Reff, Drake..... | 2:12.72 |
| 2008 | Leander Ernest, Missouri State..... | 2:12.88 |
| 2009 | Erica Moore, Indiana State..... | 2:10.03 |
| 2010 | Erica Moore, Indiana State..... | 2:08.35 |

800M RUN REPEAT WINNERS:

2-time: (8) Denise Lores (ILS) 1983-84; Kathy Kehe (ILS) 1986-87; Shiela Haugh (DU) 1988-89; Gina DeWitt (DU) 1994-95; Katey Parsons (MSU) 1998-99; Mashere Harrison (MSU) 2001-02; Ty-Nica Davis (SIU) 2004-05; Erica Moore (INS) 2009-10

1,000-Meter Run

(1,000-Yard Run)

| | | |
|------|---------------------------------------|---------|
| 1983 | Margaret Smith, Eastern Illinois..... | 2:36.38 |
| 1984 | Rosalind Cassidy, Illinois State..... | 2:34.95 |

(1,000-Meter Run)

| | | |
|------|-----------------------------|---------|
| 1985 | Kathleen Manafici, WIU..... | 2:57.99 |
|------|-----------------------------|---------|

MVC Women's Indoor Championship Winners

(1,000-Yard Run)

| | | |
|------|----------------------------------|---------|
| 1986 | Rosalind Cassidy, Illinois State | 2:35.12 |
| 1987 | Janine Jarris, Eastern Illinois | 2:32.19 |

(1,000-Meter Run)

| | | |
|------|----------------------------------|---------|
| 1988 | Berna Stulting, Western Illinois | 2:49.6* |
| 1989 | Karla Zylstra, Drake | 2:45.31 |
| 1990 | Sherry Large, Western Illinois | 2:55.70 |
| 1991 | Kathy Allen, UNI | 2:56.51 |
| 1992 | Carol Franklin, Illinois State | 2:54.62 |
| 1993 | Joanna Johnson, Drake | 2:52.44 |
| 1994 | Heather Murphy, Illinois State | 2:56.20 |
| 1995 | Jennie Horner, Southern Illinois | 2:55.05 |
| 1996 | Dorothy Mellady, Wichita State | 2:54.19 |

1,000M RUN REPEAT WINNERS:

2-time: (1) Rosalind Cassidy (ILS) 1984, '86

Mile Run

| | | |
|--------------------------|----------------------------------|---------|
| 1983 | Sara Schumacher, Illinois State | 4:45.36 |
| 1984 | Wendy VanMierlo, Illinois State | 4:49.4* |
| <i>(1,500-Meter Run)</i> | | |
| 1985 | Rosalind Cassidy, Illinois State | 4:29.66 |
| <i>(One Mile Run)</i> | | |
| 1986 | Rosalind Cassidy, Illinois State | 4:57.60 |
| 1987 | Rosalind Cassidy, Illinois State | 4:52.37 |
| 1988 | Vivian Sinou, Southern Illinois | 4:54.30 |
| 1989 | Karla Zylstra, Drake | 4:53.80 |
| 1990 | Anna Dutton, Illinois State | 4:58.0* |
| 1991 | Kathy Campbell, WIU | 4:55.38 |
| 1992 | Brenda Hayes, Missouri State | 5:01.02 |
| 1993 | Heather Murphy, Illinois State | 4:59.55 |
| 1994 | Jennie Horner, Southern Illinois | 4:56.68 |
| 1995 | Jennie Horner, Southern Illinois | 4:48.89 |
| 1996 | Trisha Allen, Drake | 4:57.12 |
| 1997 | Sue Daggett, Illinois State | 4:51.07 |
| 1998 | Angie Menser, Indiana State | 4:51.94 |
| 1999 | Mary Ellen Hill, Bradley | 4:53.16 |
| 2000 | Marina Dreyer, Wichita State | 4:59.98 |
| 2001 | Noa Beitler, Southern Illinois | 4:52.84 |
| 2002 | Noa Beitler, Southern Illinois | 5:04.09 |
| 2003 | Noa Beitler, Southern Illinois | 4:54.18 |
| 2004 | Casey Owens, Missouri State | 4:54.48 |
| 2005 | Desiraye Osburn, Wichita State | 4:47.66 |
| 2006 | Desiraye Osburn, Wichita State | 4:47.89 |
| 2007 | Mica Land, Wichita State | 4:55.57 |
| 2008 | Asher Kyger, Missouri State | 4:54.77 |
| 2009 | Kellyn Johnson, Wichita State | 4:44.92 |
| 2010 | Tonya Nero, Wichita State | 4:52.35 |

ONE-MILE RUN REPEAT WINNERS:

3-time: (2) Rosalind Cassidy (ILS) 1985-87; Noa Beitler (SIU) 2001-03

2-time: (2) Jennie Horner (SIU) 1994-95; Desiraye Osburn (WSU) 2005-06

3,000-Meter Run

| | | |
|--------------------------|---------------------------------|----------|
| <i>(Two-Mile Run)</i> | | |
| 1983 | Wendy VanMierlo, Illinois State | 9:56.15 |
| 1984 | Wendy VanMierlo, Illinois State | 10:10.42 |
| <i>(3,000-Meter Run)</i> | | |
| 1985 | Track Parks, Drake | 9:45.88 |
| <i>(Two-Mile Run)</i> | | |
| 1986 | Patty Murray, Western Illinois | 10:31.66 |
| 1987 | Patty Murray, Western Illinois | 10:21.94 |
| 1988 | Karin Lindberg, Wichita State | 9:34.6* |
| 1989 | Alicia Mundahl, Drake | 9:54.67 |
| 1990 | Kathy Campbell, WIU | 10:00.25 |
| 1991 | Kathy Campbell, WIU | 9:45.90 |
| 1992 | Debbi Ramseyer, Indiana St | 10:04.31 |
| 1993 | Cami Wells, Drake | 9:59.79 |
| 1994 | Cami Wells, Drake | 10:04.94 |
| 1995 | Deborah Daehler, So. Illinois | 9:53.45 |
| 1996 | Sue Daggett, Illinois State | 10:07.78 |
| 1997 | Sue Daggett, Illinois State | 9:58.70 |
| 1998 | Mary Ellen Hill, Bradley | 9:39.86 |
| 1999 | Mary Ellen Hill, Bradley | 9:50.04 |
| 2000 | Mary Ellen Hill, Bradley | 9:42.09 |
| 2001 | Stacia Beste, Illinois State | 10:06.14 |
| 2002 | Agnes Kroneraff, UNI | 9:57.64 |

| | | |
|------|--------------------------------|---------|
| 2003 | Casey Owens, Missouri State | 9:54.26 |
| 2004 | Casey Owens, Missouri State | 9:56.42 |
| 2005 | Casey Owens, Missouri State | 9:42.42 |
| 2006 | Desiraye Osburn, Wichita State | 9:40.22 |
| 2007 | Sarah Becker, Wichita State | 9:49.90 |
| 2008 | Traci Hawley, UNI | 9:50.70 |
| 2009 | Kellyn Johnson, Wichita State | 9:24.33 |
| 2010 | Terry Phillips, Missouri State | 9:35.40 |

3,000M RUN REPEAT WINNERS:

3-time: (2) Mary Ellen Hill (BU) 1998-2000; Casey Owens (MSU) 2003-05

2-time: (5) Wendy VanMierlo (ILS) 1983-84; Patty Murray (WIU) 1986-87; Kathy Campbell (WIU) 1990-91; Cami Wells (DU) 1993-94; Sue Daggett (ILS) 1996-97

5,000-Meter Run

| | | |
|--------------------------|---------------------------------|----------|
| <i>(Three-Mile Run)</i> | | |
| 1983 | Wendy VanMierlo, Illinois State | 15:20.8* |
| 1984 | Wendy VanMierlo, Illinois State | 16:17.31 |
| <i>(5,000-Meter Run)</i> | | |
| 1985 | Susan Crager, Illinois State | 17:09.38 |
| <i>(Three-Mile Run)</i> | | |
| 1986 | Patty Murray, Western Illinois | 16:09.69 |
| 1987 | Patty Murray, Western Illinois | 16:05.7* |
| 1988 | Kathleen Davis, Wichita State | 17:07.9* |
| 1989 | Alicia Mundahl, Drake | 17:03.1* |
| 1990 | Nicole Adams, Illinois State | 17:32.49 |
| 1991 | Debbi Ramseyer, Indiana State | 17:34.62 |
| <i>(4,800-Meter Run)</i> | | |
| 1992 | Debbi Ramseyer, Indiana St | 16:49.35 |
| 1993 | Event not contested | |
| <i>(5,000-Meter Run)</i> | | |
| 1994 | Sue Daggett, Illinois State | 17:38.94 |
| 1995 | Jamie Malone, Drake | 17:27.46 |
| 1996 | Sue Daggett, Illinois State | 17:54.97 |
| 1997 | Sue Daggett, Illinois State | 17:35.73 |
| 1998 | Mary Ellen Hill, Bradley | 16:41.13 |
| 1999 | Angie Zimmerman, Bradley | 17:11.81 |
| 2000 | Tracey Bearden, Drake | 17:01.33 |
| 2001 | Stacia Beste, Illinois State | 17:43.54 |
| 2002 | Agnes Kroneraff, UNI | 17:06.73 |
| 2003 | Tracey Bearden, Drake | 17:22.65 |
| 2004 | Casey Owens, Missouri State | 17:33.29 |
| 2005 | Casey Owens, Missouri State | 17:02.00 |
| 2006 | Desiraye Osburn, Wichita St | 17:04.21 |
| 2007 | Sarah Becker, Wichita State | 17:26.31 |
| 2008 | Kellyn Johnson, Wichita State | 17:06.99 |
| 2009 | Kellyn Johnson, Wichita State | 16:11.77 |
| 2010 | Tonya Nero, Wichita State | 17:31.03 |

5,000M RUN REPEAT WINNERS:

3-time: (1) Sue Daggett (ILS) 1994, '96-97

2-time: (6) Wendy VanMierlo (ILS) 1983-84; Patty Murray (WIU) 1986-87; Debbi Ramseyer (INS) 1991-92; Tracey Bearden (DU) 2000, '03; Casey Owens (MSU) 2004-05; Kellyn Johnson (WSU) 2008-09

4x200-Meter Relay

| | | |
|----------------------------|-------------------|---------|
| <i>(4x220-Yard Relay)</i> | | |
| 1984 | Wichita State | 1:41.90 |
| <i>(4x200-Meter Relay)</i> | | |
| 1985 | Illinois State | 1:41.74 |
| <i>(4x220-Yard Relay)</i> | | |
| 1986 | Southern Illinois | 1:42.70 |
| 1987 | Southern Illinois | 1:41.82 |
| <i>(4x200-Meter Relay)</i> | | |
| 1988 | Western Illinois | 1:42.29 |
| <i>(4x220-Yard Relay)</i> | | |
| 1989 | Southern Illinois | 1:43.15 |
| <i>(4x200-Meter Relay)</i> | | |
| 1990 | Western Illinois | 1:41.59 |
| <i>(4x220-Yard Relay)</i> | | |
| 1991 | Southern Illinois | 1:42.71 |
| <i>(4x200-Meter Relay)</i> | | |
| 1992 | Indiana State | 1:40.83 |

4x200M RELAY WINNERS BY TEAM:

Southern Illinois (4) 1986-87, '89, '91; Western Illinois (2) 1988, '90; Illinois State (1) 1985; Indiana State (1) 1992; Wichita State (1) 1994

4x400-Meter Relay

| | | |
|----------------------------|-------------------|---------|
| <i>(4x400-Yard Relay)</i> | | |
| 1983 | Drake | 3:53.07 |
| 1984 | Eastern Illinois | 3:49.20 |
| <i>(4x400-Meter Relay)</i> | | |
| 1985 | Illinois State | 3:49.92 |
| <i>(4x400-Yard Relay)</i> | | |
| 1986 | Wichita State | 3:51.01 |
| 1987 | Southern Illinois | 3:48.4* |
| <i>(4x400-Meter Relay)</i> | | |
| 1988 | Western Illinois | 3:53.10 |
| <i>(4x400-Yard Relay)</i> | | |
| 1989 | Southern Illinois | 3:53.65 |
| <i>(4x400-Meter Relay)</i> | | |
| 1990 | Southern Illinois | 3:49.90 |
| 1991 | UNI | 3:54.94 |
| 1992 | UNI | 3:51.4* |
| 1993 | Illinois State | 3:51.86 |
| 1994 | Indiana State | 3:48.36 |
| 1995 | Southern Illinois | 3:50.01 |
| 1996 | Southern Illinois | 3:52.28 |
| 1997 | Missouri State | 3:46.39 |
| 1998 | Missouri State | 3:42.09 |
| 1999 | Missouri State | 3:42.84 |
| 2000 | Missouri State | 3:43.48 |
| 2001 | Missouri State | 3:46.52 |
| 2002 | Missouri State | 3:45.75 |
| 2003 | Southern Illinois | 3:46.51 |
| 2004 | Missouri State | 3:46.76 |
| 2005 | Southern Illinois | 3:43.94 |
| 2006 | Illinois State | 3:43.70 |
| 2007 | UNI | 3:46.83 |
| 2008 | Indiana State | 3:44.83 |
| 2009 | Indiana State | 3:46.50 |
| 2010 | Indiana State | 3:43.76 |

4x400M RELAY WINNERS BY TEAM:

Southern Illinois (7) 1987, '89-90, '95-96, '03, '05; Missouri State (7) 1997-02; '04; Indiana State (4) 1994, 2008-10; Illinois State (3) 1985, '93, '06; UNI (3) 1991-92, '07; Drake (1) 1983; Eastern Illinois (1) 1984; Wichita State (1) 1986; Western Illinois (1) 1988

800-Meter Relay

| | | |
|----------------------------|------------------|-----------|
| <i>(4x880-Yard Relay)</i> | | |
| 1983 | Wichita State | 9:17.14 |
| 1984 | Illinois State | 9:10.41 |
| <i>(4x800-Meter Relay)</i> | | |
| 1985 | Western Illinois | 9:03.49 |
| <i>(4x880-Yard Relay)</i> | | |
| 1986 | Drake | 9:11.46 |
| 1987 | UNI | 9:06.60 |
| <i>(4x800-Meter Relay)</i> | | |
| 1988 | UNI | 9:05.4* |
| <i>(4x880-Yard Relay)</i> | | |
| 1989 | Drake | 9:12.83 |
| <i>(4x800-Meter Relay)</i> | | |
| 1990 | Western Illinois | 8:35.50\$ |
| <i>(4x880-Yard Relay)</i> | | |
| 1991 | Western Illinois | 9:22.38 |
| <i>(4x800-Meter Relay)</i> | | |
| 1992 | Illinois State | 9:13.68 |
| 1993 | Drake | 9:06.02 |

\$ Race run a lap short.

4x800M RELAY WINNERS BY TEAM:

Drake (3) 1986, '89, '93; Western Illinois (3) 1985, '90-'91; Illinois State (2) 1984, '92; UNI (2) 1987-88; Wichita State 1983

MVC Women's Indoor Championship Winners

Distance Medley

| | | |
|------|-------------------|------------|
| 1994 | Indiana State | 11:50.37 |
| 1995 | Indiana State | 11:59.60 |
| 1996 | Indiana State | 11:58.10 |
| 1997 | Southern Illinois | 11:58.35 |
| 1998 | Southern Illinois | 12:04.40 |
| 1999 | Drake | 11:48.63 |
| 2000 | UNI | 11:52.27 |
| 2001 | Southern Illinois | 11:44.48 |
| 2002 | Missouri State | 11:53.75 |
| 2003 | Missouri State | 11:15.18\$ |
| 2004 | Missouri State | 11:57.76 |
| 2005 | Indiana State | 11:48.43 |
| 2006 | Illinois State | 11:51.68 |
| 2007 | Indiana State | 11:48.61 |
| 2008 | Missouri State | 11:43.16 |
| 2009 | Missouri State | 11:42.69 |
| 2010 | Illinois State | 11:50.58 |

DISTANCE MEDLEY WINNERS BY TEAM:

Indiana State (5) 1994-96, '05, '07; Missouri State (5) 2002-04, '08-09; Southern Illinois (3) 1997-98, 01; Illinois State (2) 2006, '10; Drake (1) 1999; UNI (1) 2000

High Jump

| | | |
|------|-----------------------------------|----------|
| 1983 | Erlisha Gwin, Illinois State | 5-8 1/2 |
| 1984 | Erlisha Gwin, Illinois State | 5-10 1/2 |
| 1985 | Erlisha Gwin, Illinois State | 5-9 1/2 |
| 1986 | Sue Perkins, Western Illinois | 5-11 1/2 |
| 1987 | Sabrina Chamberlain, Illinois St. | 5-6 3/4 |
| 1988 | Connie Long, Wichita State | 5-10 1/4 |
| 1989 | Connie Long, Wichita State | 5-11 1/4 |
| 1990 | Tiffiani Archey, Illinois State | 5-11 |
| 1991 | Tiffiani Archey, Illinois State | 5-8 1/2 |
| 1992 | Tara Mayner, Indiana State | 5-9 3/4 |
| 1993 | Karen Byrd, Indiana State | 5-7 3/4 |
| 1994 | Karen Byrd, Indiana State | 5-8 1/2 |
| 1995 | Jennifer Blackburn, Indiana State | 5-7 |
| 1996 | Stephanie Smith, So. Illinois | 5-8 1/2 |
| 1997 | Shannon Weeks, Wichita State | 5-6 1/2 |
| 1998 | Felicia Hill, Southern Illinois | 5-8 |
| 1999 | Julie Head, Drake | 5-9 3/4 |
| 2000 | Melissa Dyal, Indiana State | 5-7 3/4 |
| 2001 | Latrice Gray, Southern Illinois | 5-7 3/4 |
| 2002 | Latrice Gray, Southern Illinois | 5-7 |
| 2003 | Melyssa Reinhardt, Indiana St. | 5-8 1/2 |
| 2004 | Koya Webb, Wichita State | 5-9 1/4 |
| 2005 | Melyssa Reinhardt, Indiana State | 5-9 3/4 |
| 2006 | Santia Spight, Indiana State | 5-8 3/4 |
| 2007 | Crystal Hanson, UNI | 5-8 |
| 2008 | Crystal Hanson, UNI | 5-8 |
| 2009 | Rachel VanderHolt, UNI | 5-8 3/4 |
| 2010 | Tyse Samani, Drake | 5-7 |

HIGH JUMP REPEAT WINNERS:

3-time: (1) Erlisha Gwin (ILS) 1983-85
2-time: (6) Connie Long (WSU) 1988-89; Tiffiani Archey (ILS) 1990-91; Karen Byrd (INS) 1993-94; Latrice Gray (SIU) 2001-02; Melyssa Reinhardt (INS) 2003, '05; Crystal Hanson (UNI) 2007-08

Long Jump

| | | |
|------|------------------------------------|-----------|
| 1983 | Nina Williams, Southern Illinois | 18-7 1/4 |
| 1984 | Tanya Johnson, Wichita State | 18-8 |
| 1985 | Angie Taylor, Illinois State | 18-10 1/2 |
| 1986 | Angie Taylor, Illinois State | 18-5 1/2 |
| 1987 | Angie Taylor, Illinois State | 19-10 3/4 |
| 1988 | Kim Atwater, Drake | 19-2 1/4 |
| 1989 | Christiana Philippou, So. Illinois | 19-4 1/4 |
| 1990 | Michele Williams, So. Illinois | 18-11 1/4 |
| 1991 | Angela Isaac, Wichita State | 19-2 3/4 |
| 1992 | Dedra Davis, Missouri State | 19-11 |
| 1993 | Angela Isaac, Wichita State | 19-2 1/4 |
| 1994 | Dianna Leftridge, UNI | 19-2 3/4 |
| 1995 | Dianna Leftridge, UNI | 20-5 3/4 |
| 1996 | Dianna Leftridge, UNI | 20-1 |
| 1997 | Michelle Baptiste, Missouri St. | 20-3 1/2 |
| 1998 | Michelle Baptiste, Missouri St. | 20-5 1/4 |
| 1999 | Michelle Baptiste, Missouri St. | 20-3 3/4 |
| 2000 | Trudi Garrett, Missouri State | 19-4 3/4 |

| | | |
|------|----------------------------------|----------|
| 2001 | Heidi Yost, WSU | 19-4 |
| 2002 | Ineta Radevica, WSU | 20-9 |
| 2003 | Lauren Maul, Illinois State | 19-4 3/4 |
| 2004 | Luan Weeks, Missouri State | 19-8 3/4 |
| 2005 | Jelena Petrovic, Wichita State | 20-8 |
| 2006 | Bianca Stuart, Southern Illinois | 19-9 1/2 |
| 2007 | Bianca Stuart, Southern Illinois | 20-8 1/2 |
| 2008 | Bianca Stuart, Southern Illinois | 20-7 1/4 |
| 2009 | Bianca Stuart, Southern Illinois | 21-6 1/4 |
| 2010 | Lauren Martin, Indiana State | 20-5 1/4 |

LONG JUMP REPEAT WINNERS:

4-time: (1) Bianca Stuart (SIU), 2006-09
3-time: (3) Angie Taylor (ILS) 1985-87; Dianna Leftridge (UNI) 1994-96; Michelle Baptiste (MSU) 1997-99
2-time: (1) Angela Isaac (WSU) 1991, '93

Triple Jump

| | | |
|------|------------------------------------|-----------|
| 1985 | Tanya Johnson, Wichita State | 38-8 1/4 |
| 1986 | Janet Newman, Wichita State | 38-4 1/2 |
| 1987 | Christiana Philippou, So. Illinois | 38-2 1/2 |
| 1988 | Christiana Philippou, So. Illinois | 40-0 |
| 1989 | Christiana Philippou, So. Illinois | 39-6 1/2 |
| 1990 | Chaille Torrey, Illinois State | 39-4 1/2 |
| 1991 | NaColia Moore, So. Illinois | 39-3 1/4 |
| 1992 | Katrina Boatright, Illinois State | 38-1/2 |
| 1993 | Rachelle Huntley, Missouri St. | 39-10 1/2 |
| 1994 | Rachelle Huntley, Missouri St. | 40-8 3/4 |
| 1995 | Nicole Baumgartner, Missouri St. | 39-7 |
| 1996 | Kayla Booker, Illinois State | 39-10 1/2 |
| 1997 | Kayla Booker, Illinois State | 40-7 1/2 |
| 1998 | Felicia Hill, Southern Illinois | 40-6 1/4 |
| 1999 | Michelle Baptiste, Missouri St. | 40-8 1/4 |
| 2000 | Rimma Turevsky, So. Illinois | 41-1 1/2 |
| 2001 | Heidi Yost, Wichita State | 39-7 |
| 2002 | Ineta Radevica, Wichita State | 41-5 |
| 2003 | Stephanie Warren, Missouri State | 40-9 |
| 2004 | Inna Turevsky, Southern Illinois | 41-5 1/4 |
| 2005 | Inna Turevsky, Southern Illinois | 41-7 1/4 |
| 2006 | Yolanda Wright, Indiana State | 41-5 1/4 |
| 2007 | Erika Kovesi, Wichita State | 40-11 3/4 |
| 2008 | Lauren Martin, Indiana State | 40-10 1/2 |
| 2009 | Lauren Martin, Indiana State | 43-1 |
| 2010 | Lauren Martin, Indiana State | 43-7 3/4 |

TRIPLE JUMP REPEAT WINNERS:

3-time: (2) Christiana Philippou (SIU) 1987-89; Lauren Martin (INS) 2008-10
2-time: (3) Rachelle Huntley (MSU) 1993-94; Kayla Booker (ILS) 1996-97; Inna Turevsky (SIU) 2004-05

Shot Put

| | | |
|------|-------------------------------------|-----------|
| 1983 | Lisa Naumann, Indiana State | 43-10 1/2 |
| 1984 | Rhonda McCausland, SIU | 47-7 1/4 |
| 1985 | Connie Price, Southern Illinois | 48-9 1/2 |
| 1986 | Valeta Strickland, Eastern Illinois | 48-7 1/4 |
| 1987 | Valeta Strickland, Eastern Illinois | 46-2 3/4 |
| 1988 | Donna Wheeler, UNI | 45-8 |
| 1989 | Lisa Tatman, UNI | 48-3 1/4 |
| 1990 | Christy Barrett, Indiana State | 51-1/2 |
| 1991 | Christy Barrett, Indiana State | 54-4 1/2 |
| 1992 | Tina Frey, Illinois State | 45-7 1/4 |
| 1993 | April Cokley, Southern Illinois | 45-10 |
| 1994 | Julie Koebecke, Indiana State | 46-11 1/2 |
| 1995 | Amy Miles, Indiana State | 48-4 |
| 1996 | Stefany Saracco, So. Illinois | 44-6 3/4 |
| 1997 | Amy Miles, Indiana State | 46-5 1/4 |
| 1998 | Andrea Miller, UNI | 46-11 |
| 1999 | Jenny Folz, Indiana State | 50-1 3/4 |
| 2000 | Twanjai Ames, So. Illinois | 48-0 3/4 |
| 2001 | Sam Serrano, Illinois State | 46-10 3/4 |
| 2002 | Latisha Johnson, Illinois State | 48-8 3/4 |
| 2003 | Beth Hilton, Indiana State | 47-7 3/4 |
| 2004 | Latisha Johnson, Illinois State | 52-2 3/4 |
| 2005 | Amarachi Ukabam, So. Illinois | 54-0 1/2 |
| 2006 | Rachel Jansen, UNI | 53-3 3/4 |
| 2007 | Rachel Jansen, UNI | 56-5 1/4 |
| 2008 | Rachel Jansen, UNI | 54-8 1/4 |
| 2009 | Gwen Berry, Southern Illinois | 49-7 1/4 |
| 2010 | Jeneva McCall, Southern Illinois | 53-11 |

SHOT PUT REPEAT WINNERS:

3-time: (1) Rachel Jansen (UNI) 2006-08
2-time: (4) Valeta Strickland (EIU) 1986-87; Christy Barrett (INS) 1990-91; Amy Miles (INS) 1995, '97; Latisha Johnson (ILS) 2002, '04

20# Weight Throw

| | | |
|------|-----------------------------------|-----------|
| 1996 | Katie Panek, Wichita State | 54-11 1/2 |
| 1997 | Talise Branch, Illinois State | 60-3 1/4 |
| 1998 | Katie Panek, Wichita State | 61-5 3/4 |
| 1999 | Jenny Folz, Indiana State | 64-2 1/2 |
| 2000 | Carrie Myers, Indiana State | 65-4 1/4 |
| 2001 | Beth Hilton, Indiana State | 62-5 |
| 2002 | Sam Serrano, Illinois State | 61-7 3/4 |
| 2003 | Beth Hilton, Indiana State | 63-5 |
| 2004 | Amy Stevens, Indiana State | 56-9 1/2 |
| 2005 | Amarachi Ukabam, So. Illinois | 71-3 1/2 |
| 2006 | Brittany Riley, Southern Illinois | 73-5 1/4 |
| 2007 | Brittany Riley, Southern Illinois | 75-10 1/4 |
| 2008 | Brittany Riley, Southern Illinois | 79-2 1/2 |
| 2009 | Gwen Berry, Southern Illinois | 64-4 |
| 2010 | Jeneva McCall, Southern Illinois | 69-8 |

20# WEIGHT THROW REPEAT WINNERS:

3-time: (1) Brittany Riley (SIU) 2006-08
2-time: (2) Katie Panek (WSU) 1996, '98; Beth Hilton (INS) 2001, '03

Pole Vault

| | | |
|------|-----------------------------------|-----------|
| 1998 | Megan Bowers, Indiana State | 11-3 |
| 1999 | Nikki Plant, Wichita State | 12-2 1/2 |
| 2000 | Megan Bowers, Indiana State | 11-11 3/4 |
| 2001 | Mellanee Welty, Wichita State | 11-5 1/4 |
| 2002 | Jackie Brown, Wichita State | 11-11 1/4 |
| 2003 | Kayleen Popp, UNI | 11-11 3/4 |
| 2004 | Jackie Brown, Wichita State | 12-1 1/2 |
| 2005 | Melissa Ullenbruch, Indiana State | 13-3 1/2 |
| 2006 | Jackie Brown, Wichita State | 13-5 1/4 |
| 2007 | Kylie Hutson, Indiana State | 12-8 |
| 2008 | Kylie Hutson, Indiana State | 12-11 1/2 |
| 2009 | Kylie Hutson, Indiana State | 14-0 |
| 2010 | Kylie Hutson, Indiana State | 14-8 1/4 |

POLE VAULT REPEAT WINNERS:

4-time: (1) Kylie Hutson (INS) 2007-10
3-time: (1) Jackie Brown (WSU) 2004, '06
2-time: (1) Megan Bowers (INS) 1998, 2000

Pentathlon

| | | |
|------|------------------------------------|-------|
| 1983 | Becky Gervase, Illinois State | 3,553 |
| 1984 | Reeni McElyea, Western Illinois | 3,619 |
| 1985 | Sharon Leidy, Southern Illinois | 3,586 |
| 1986 | Sue Anderson, Southern Illinois | 3,327 |
| 1987 | Sue Anderson, Southern Illinois | 3,345 |
| 1988 | Shari Papcsy, Drake | 3,468 |
| 1989 | Tina Dawson, Eastern Illinois | 3,555 |
| 1990 | Chaille Torrey, Illinois State | 3,448 |
| 1991 | Sarah Chamberlain, Illinois State | 3,508 |
| 1992 | Denise Brungardt, Wichita State | 3,323 |
| 1993 | Denise Brungardt, Wichita State | 3,826 |
| 1994 | Stephanie Smith, Southern Illinois | 3,317 |
| 1995 | Dianna Leftridge, UNI | 3,683 |
| 1996 | Mandy Scott, Missouri State | 3,689 |
| 2004 | Koya Webb, Wichita State | 3,968 |
| 2005 | Tracy Partain, Missouri State | 4,001 |
| 2006 | Tracy Partain, Missouri State | 3,979 |
| 2007 | Erica Moore, Indiana State | 3,638 |
| 2008 | Olimpia Nowak, UNI | 4,016 |
| 2009 | Dani Stipe, UNI | 3,805 |
| 2010 | Olimpia Nowak, UNI | 3,920 |

PENTATHLON REPEAT WINNERS:

2-time: (4) Sue Anderson (SIU) 1986-87; Denise Brungardt (WSU) 1992-93; Tracy Partain (MSU) 2005-06; Olimpia Nowak (UNI) 2008, '10

* hand times

\$ Race run a lap short

NOTE: Gateway Conference from 1983-1992; Missouri Valley Conference from 1993-present.

Women's Outdoor Year-by-Year Records

1983
at Macomb, Ill.

| | |
|-------------------|------|
| Illinois State | 98 |
| Western Illinois | 89.5 |
| Drake | 86 |
| Southern Illinois | 80 |
| Wichita State | 67 |
| Eastern Illinois | 65 |
| Missouri State | 27 |
| Bradley | 18.5 |
| Indiana State | 11 |
| UNI | 11 |

1984
at Des Moines, Iowa

| | |
|-------------------|-----|
| Illinois State | 130 |
| Western Illinois | 97 |
| Southern Illinois | 95 |
| Wichita State | 92 |
| Drake | 85 |
| UNI | 35 |
| Eastern Illinois | 33 |
| Indiana State | 12 |
| Missouri State | 10 |
| Bradley | 0 |

1985
at Normal, Ill.

| | |
|-------------------|-----|
| Western Illinois | 134 |
| Illinois State | 123 |
| Wichita State | 117 |
| Southern Illinois | 86 |
| Drake | 48 |
| Eastern Illinois | 30 |
| Missouri State | 21 |
| Bradley | 12 |
| Indiana State | 12 |
| UNI | 6 |

1986
at Wichita, Kan.

| | |
|-------------------|-----|
| Southern Illinois | 134 |
| Western Illinois | 143 |
| Illinois State | 106 |
| Wichita State | 81 |
| Eastern Illinois | 39 |
| Bradley | 15 |
| Drake | 15 |
| Missouri State | 14 |
| Indiana State | 12 |
| UNI | 9 |

1987
at Charleston, Ill.

| | |
|-------------------|-----|
| Southern Illinois | 142 |
| Illinois State | 105 |
| Wichita State | 85 |
| Western Illinois | 82 |
| Eastern Illinois | 44 |
| Missouri State | 38 |
| Indiana State | 32 |
| Drake | 26 |
| UNI | 25 |
| Bradley | 10 |

1988
at Carbondale, Ill.

| | |
|-------------------|-------|
| Southern Illinois | 132 |
| Drake | 77 |
| Western Illinois | 77 |
| Wichita State | 72 |
| Illinois State | 58.33 |
| Eastern Illinois | 49 |
| Indiana State | 47 |
| UNI | 38.33 |
| Missouri State | 37 |
| Bradley | 1.33 |

1989
at Macomb, Ill.

| | |
|-------------------|-----|
| Southern Illinois | 119 |
| Western Illinois | 86 |

| | |
|------------------|----|
| Illinois State | 74 |
| Eastern Illinois | 66 |
| Wichita State | 66 |
| Drake | 57 |
| UNI | 44 |
| Indiana State | 37 |
| Missouri State | 32 |
| Bradley | 8 |

1990
at Normal, Ill.

| | |
|-------------------|-----|
| Illinois State | 145 |
| Southern Illinois | 117 |
| Western Illinois | 92 |
| Indiana State | 75 |
| Wichita State | 48 |
| UNI | 47 |
| Missouri State | 34 |
| Eastern Illinois | 12 |
| Drake | 11 |
| Bradley | 8 |

1991
at Springfield, Mo.

| | |
|-------------------|--------|
| Indiana State | 114 |
| Illinois State | 111.75 |
| Southern Illinois | 98.25 |
| Missouri State | 83 |
| Western Illinois | 69 |
| Wichita State | 49 |
| UNI | 42 |
| Eastern Illinois | 31 |
| Drake | 11 |
| Bradley | 11 |

1992
at Des Moines, Iowa

| | |
|-------------------|-------|
| Indiana State | 129 |
| Illinois State | 124 |
| Missouri State | 91 |
| Southern Illinois | 81.67 |
| UNI | 56 |
| Wichita State | 52.33 |
| Eastern Illinois | 35 |
| Drake | 28 |
| Western Illinois | 22 |
| Bradley | 0 |

1993
at Terre Haute, Ind.

| | |
|-------------------|-----|
| Indiana State | 138 |
| Illinois State | 106 |
| Southern Illinois | 91 |
| Wichita State | 87 |
| Missouri State | 87 |
| Drake | 62 |
| UNI | 51 |

1994
at Wichita, Kan.

| | |
|-------------------|-------|
| Indiana State | 145 |
| Southern Illinois | 113 |
| Illinois State | 90.33 |
| Wichita State | 75 |
| Missouri State | 73.33 |
| UNI | 63 |
| Drake | 59.33 |
| Tulsa | 1 |

1995
at Springfield, Mo.

| | |
|-------------------|--------|
| Southern Illinois | 141 |
| Illinois State | 125 |
| Indiana State | 104.67 |
| Missouri State | 93 |
| Drake | 59 |
| UNI | 38 |
| Tulsa | 2 |

1996
at Terre Haute, Ind.

| | |
|-------------------|--------|
| Southern Illinois | 160 |
| Illinois State | 123.25 |

| | |
|----------------|--------|
| Indiana State | 122.75 |
| Missouri State | 112.50 |
| Drake | 63 |
| Wichita State | 39.50 |
| UNI | 26 |
| Tulsa | 4 |

1997
at Normal, Ill.

| | |
|-------------------|-------|
| Illinois State | 140 |
| Indiana State | 122.5 |
| Missouri State | 120 |
| Wichita State | 83.5 |
| Southern Illinois | 76 |
| UNI | 50 |
| Drake | 28 |

1998
at Cedar Falls, Iowa

| | |
|-------------------|--------|
| Indiana State | 125.33 |
| Missouri State | 122.33 |
| Illinois State | 104 |
| Wichita State | 95 |
| Southern Illinois | 69 |
| Drake | 62.33 |
| Bradley | 41 |
| UNI | 25 |

1999
at Carbondale, Ill.

| | |
|-------------------|-----|
| Indiana State | 142 |
| Missouri State | 140 |
| Wichita State | 119 |
| UNI | 75 |
| Drake | 71 |
| Illinois State | 59 |
| Southern Illinois | 45 |
| Bradley | 0 |

2000
at Wichita, Kan.

| | |
|-------------------|-----|
| Illinois State | 170 |
| Missouri State | 105 |
| Wichita State | 88 |
| Indiana State | 86 |
| Southern Illinois | 71 |
| Drake | 56 |
| UNI | 53 |
| Bradley | 22 |

2001
at Terre Haute, Ind.

| | |
|-------------------|-----|
| Missouri State | 105 |
| Indiana State | 86 |
| Illinois State | 170 |
| Southern Illinois | 71 |
| UNI | 53 |
| Wichita State | 88 |
| Drake | 56 |
| Bradley | 22 |

2002
at Cedar Falls, Iowa

| | |
|-------------------|--------|
| Missouri State | 147 |
| Wichita State | 113.50 |
| Illinois State | 101 |
| UNI | 99.50 |
| Southern Illinois | 79 |
| Indiana State | 75 |
| Drake | 29 |
| Bradley | 7 |

2003
at Carbondale, Ill.

| | |
|-------------------|-----|
| Missouri State | 152 |
| UNI | 102 |
| Indiana State | 99 |
| Wichita State | 85 |
| Southern Illinois | 82 |
| Illinois State | 57 |
| Drake | 49 |
| Bradley | 25 |

2004
at Normal, Ill.

| | |
|-------------------|------|
| Wichita State | 159 |
| Missouri State | 138 |
| Southern Illinois | 117 |
| Indiana State | 98 |
| Illinois State | 80.5 |
| UNI | 49 |
| Drake | 9.5 |

2005
at Cedar Falls, Iowa

| | |
|-------------------|-----|
| Wichita State | 173 |
| Southern Illinois | 148 |
| Missouri State | 140 |
| Illinois State | 103 |
| Indiana State | 36 |
| UNI | 33 |
| Drake | 16 |
| Bradley | 1 |

2006
at Wichita, Kan.

| | |
|-------------------|-----|
| Wichita State | 169 |
| Missouri State | 137 |
| Illinois State | 112 |
| Southern Illinois | 80 |
| UNI | 67 |
| Indiana State | 60 |
| Drake | 25 |
| Bradley | 1 |

2007
at Des Moines, Iowa

| | |
|-------------------|-------|
| Wichita State | 185 |
| UNI | 157.5 |
| Indiana State | 112 |
| Missouri State | 111 |
| Southern Illinois | 105 |
| Illinois State | 82 |
| Drake | 56.5 |
| Bradley | 6 |

2008
at Carbondale, Ill.

| | |
|-------------------|-------|
| UNI | 172.5 |
| Southern Illinois | 158 |
| Illinois State | 120.5 |
| Wichita State | 118 |
| Indiana State | 108 |
| Missouri State | 96 |
| Drake | 24 |
| Bradley | 8 |

2009
at Terre Haute, Ind.

| | |
|-------------------|-------|
| Southern Illinois | 181.5 |
| Wichita State | 171.5 |
| Indiana State | 128 |
| Missouri State | 116 |
| Illinois State | 104 |
| UNI | 71.5 |
| Drake | 35.5 |
| Bradley | 10 |

2010
at Normal, Ill.

| | |
|-------------------|--------|
| Southern Illinois | 204 |
| Wichita State | 159.50 |
| Illinois State | 136 |
| Indiana State | 118 |
| UNI | 75 |
| Missouri State | 53 |
| Drake | 47.50 |
| Bradley | 24 |

Women's Outdoor Records

Women's Outdoor Championship Records

Records only include times established at Missouri Valley Conference Outdoor Track & Field Championships.

| | |
|--|--------------------|
| 100-Meter Dash: Holli Hyche, Indiana State (1993)..... | 11.13 |
| (Holli Hyche, Indiana State (1994).....) | 11:10 (wind aided) |
| 200-Meter Dash: Holli Hyche, Indiana State (1994)..... | 22.60 |
| 400-Meter Dash: Cheasa Gibson, Missouri State (2004)..... | 52.96 |
| Carlson Blackman, Southern Illinois (1987)..... | 52.96 |
| 800-Meter Run: Lauren Lunch, Eastern Illinois (1987)..... | 2:07.53 |
| 1,500-Meter Run: Desiraye Osburn, Wichita State (2005)..... | 4:24.22 |
| 5,000-Meter Run: Patty Murray, Western Illinois (1986)..... | 16:21.65 |
| 10,000-Meter Run: Traci Hawley, UNI (2008)..... | 35:16.68 |
| 100-Meter Hurdles: Tracy Partian, Missouri State (2006)..... | 13.38 |
| 400-Meter Hurdles: Carlson Blackman, Southern Illinois (1986)..... | 53.77 |
| 3,000-Meter Steeplechase: Kellyn Johnson, Wichita State (2009)..... | 10:23.70 |
| 4x100-Meter Relay: Indiana State (1994)..... | 44.71 |
| (Dillard, Leftridge, Eiben, Twiggs) | |
| 4x400-Meter Relay: Indiana State (2010)..... | 3:38.94 |
| (Michl, Martin, Weatherford, Moore) | |
| High Jump: Connie Long, Wichita State (1989)..... | 6-1 1/4 |

| | |
|--|-----------|
| Long Jump: Bianca Stewart, Southern Illinois (2008)..... | 20-11 3/4 |
| Triple Jump: Ineta Radevica, Wichita State (2002)..... | 43-10 1/2 |
| Shot Put: Rachel Jansen, UNI (2008)..... | 56-9 1/4 |
| Discus: Jeneva McCall, Southern Illinois (2010)..... | 186-01 |
| Old Javelin: Deana Alexander, Wichita State (1998)..... | 176-10 |
| New Javelin (1999): Leigh Petranoff, Illinois State (2010)..... | 162-00 |
| Hammer Throw: Brittany Riley, Southern Illinois (2007)..... | 219-3 |
| Pole Vault: Kylie Hutson, Indiana State (2008)..... | 14-1 1/4 |
| Heptathlon: Tracy Partain, Missouri State (2006)..... | 5,756 |

Retired Events

| | |
|---|---------|
| 4x800-Meter Relay: Indiana State (1995)..... | 8:56.35 |
| (Menser, Dahman, Wamsley, Heinichen) | |
| 3,000-Meter Run: Wendy VanMierlo, Illinois State (1983)..... | 9:22.95 |

*Women's athletics were under the Gateway Conference umbrella from 1983 to 1992. Since 1992-93, women's athletics have been a part of the Missouri Valley Conference. Records in all sports have been combined.

As of June 28, 2010

All-Time Women's Outdoor Records

All-time records include results through the end of the international track calendar following the student-athlete's senior year. Only current events are listed.

| | |
|---|----------|
| 100-Meter Dash: Holli Hyche, Indiana State (1994)..... | 11.03 |
| 200-Meter Dash: Holli Hyche, Indiana State (1993)..... | 22.34 |
| 400-Meter Dash: Vernetta Lesforis, Missouri State (1999)..... | 52.21 |
| 800-Meter Run: Gina DeWitt, Drake (1996)..... | 2:05.39 |
| 1,500-Meter Run: Kellyn Johnson, Wichita State (2009)..... | 4:16.72 |
| 3,000-Meter Run: Wendy VanMierlo, Illinois State (1983)..... | 9:22.95 |
| 5,000-Meter Run: Desiraye Osburn, Wichita State (2006)..... | 15:53.51 |
| 10,000-Meter Run: Tonya Nero, Wichita State (2011)..... | 33:11.71 |
| 100-Meter Hurdles: Lindsay Eck, Wichita State (2005)..... | 13.37 |
| 400-Meter Hurdles: Erica Moore, Indiana State (2010)..... | 56.21 |
| 3,000-Meter Steeplechase: Mica Land, Wichita State (2008)..... | 10:12.28 |
| 4x100-Meter Relay: Indiana State (1994)..... | 44.19 |
| (Evans, Keeys, Dobbs, Hyche) | |

| | |
|--|-----------|
| 4x400-Meter Relay: Missouri State (1999)..... | 3:33.06 |
| (Pommells, Charles, Garrett, Lesforis) | |
| High Jump: Connie Long, Wichita State (1989)..... | 6-1 1/4 |
| Long Jump: Bianca Stuart, Southern Illinois (2008)..... | 21-7 1/2 |
| Triple Jump: Lauren Martin, Indiana State (2008)..... | 44-4 3/4 |
| Shot Put: Amarachi Ukabam, Southern Illinois (2006)..... | 58-11 1/2 |
| Discus: Jeneva McCall, Southern Illinois (2010)..... | 191-8 3/4 |
| Old Javelin: Deana Alexander, Wichita State (1994)..... | 176-10 |
| New Javelin (1999): Leigh Petranoff, Illinois State (2010)..... | 162-0 |
| Hammer Throw: Brittany Riley, Southern Illinois (2007)..... | 237-11 |
| Pole Vault: Kylie Hutson, Indiana State (2010)..... | 14-9 1/2 |
| Heptathlon: Tracy Partain, Missouri State (2006)..... | 5,827 |

*Women's athletics were under the Gateway Conference umbrella from 1983 to 1992. Since 1992-93, women's athletics have been a part of the Missouri Valley Conference. Records in all sports have been combined.

As of May 6, 2011

Championship List

| Year | School | Coach |
|------|-------------------|--------------------|
| 1983 | Illinois State | Joyce Morton Kief |
| 1984 | Illinois State | Joyce Morton Kief |
| 1985 | Western Illinois | Dave Miller |
| 1986 | Southern Illinois | Don DeNoon |
| 1987 | Southern Illinois | Don DeNoon |
| 1988 | Southern Illinois | Don DeNoon |
| 1989 | Southern Illinois | Don DeNoon |
| 1990 | Illinois State | Joyce Morton Kief |
| 1991 | Indiana State | John Gartland |
| 1992 | Indiana State | John Gartland |
| 1993 | Indiana State | John Gartland |
| 1994 | Indiana State | John Gartland |
| 1995 | Southern Illinois | Don DeNoon |
| 1996 | Southern Illinois | Don DeNoon |
| 1997 | Illinois State | John Coughlan |
| 1998 | Indiana State | John Gartland |
| 1999 | Indiana State | John Gartland |
| 2000 | Illinois State | John Coughlan |
| 2001 | Missouri State | Ronald Boyce |
| 2002 | Missouri State | Ronald Boyce |
| 2003 | Missouri State | Ronald Boyce |
| 2004 | Wichita State | Steve Rainbolt |
| 2005 | Wichita State | Steve Rainbolt |
| 2006 | Wichita State | Steve Rainbolt |
| 2007 | Wichita State | Steve Rainbolt |
| 2008 | UNI | Chris Bucknam |
| 2009 | Southern Illinois | Connie Price-Smith |
| 2010 | Southern Illinois | Connie Price-Smith |

Team Championship Summary (through 2010)

| School | No. |
|-------------------|-----|
| Southern Illinois | 8 |
| Indiana State | 6 |
| Illinois State | 5 |
| Wichita State | 4 |
| Missouri State | 3 |
| Western Illinois | 1 |
| UNI | 1 |

MVC Women's Outdoor Championship Winners

100-Meter Dash

| | | |
|------|---------------------------------|--------|
| 1983 | Denise Blackman, So. Illinois | 12.32 |
| 1984 | Denise Blackman, So. Illinois | 12.17 |
| 1985 | Nina Thompson, Wichita St. | 11.91 |
| 1986 | Denise Blackman, So. Illinois | 11.70 |
| 1987 | Angie Taylor, Illinois State | 11.97 |
| 1988 | Kim Atwater, Drake | 12.00 |
| 1989 | Traci Davis, Southern Illinois | 11.89 |
| 1990 | Pam Ashford, Western Illinois | 11.59 |
| 1991 | Erica Calhoun, Missouri St. | 11.91 |
| 1992 | Holli Hyche, Indiana State | 11.45 |
| 1993 | Holli Hyche, Indiana State | 11.13 |
| 1994 | Holli Hyche, Indiana State | 11.10# |
| 1995 | Yves-Rose Jerome, Missouri St. | 11.81 |
| 1996 | Yves-Rose Jerome, Missouri St. | 11.35 |
| 1997 | Michelle Baptiste, Missouri St. | 11.84 |
| 1998 | Trudi Garrett, Missouri State | 11.71 |
| 1999 | Michelle Baptiste, Missouri St. | 11.86 |
| 2000 | Camille Clarke, Missouri State | 11.89 |
| 2001 | Camille Clarke, Missouri State | 11.63 |
| 2002 | Jineill Vite', Missouri State | 11.59 |
| 2003 | Regina Hill, Drake | 11.86 |
| 2004 | Jineill Vite, Missouri State | 11.74 |
| 2005 | Lian Lucas, Illinois State | 11.64 |
| 2006 | Devon Williams, Illinois State | 11.54 |
| 2007 | Genna Williams, Missouri State | 11.30 |
| 2008 | Devon Williams, Illinois State | 11.61 |
| 2009 | Jeanne Middleton, Indiana State | 11.54 |
| 2010 | Audacia Moore, Wichita State | 11.74 |

100M DASH REPEAT WINNERS:

3-time: (2) Denise Blackman (SIU) 1983-84, '86; Holli Hyche (INS) 1992-94

2-time: (5) Yves-Rose Jerome (MSU) 1995-96; Michelle Baptiste (MSU) 1997, '99; Camille Clarke (MSU) 2000-01; Jineill Vite (ILS) 2002, '04; Devon Williams (ILS) 2006, '08

200-Meter Dash

| | | |
|------|-----------------------------------|-------|
| 1983 | Alicia McQueen, Wichita State | 24.18 |
| 1984 | Denise Blackman, So. Illinois | 24.74 |
| 1985 | Nina Thompson, Wichita State | 23.74 |
| 1986 | Denise Blackman, So. Illinois | 24.02 |
| 1987 | Stephanie Forbes, Wichita State | 24.12 |
| 1988 | Dora Kyriacou, So. Illinois | 24.30 |
| 1989 | Traci Davis, Southern Illinois | 24.17 |
| 1990 | Pam Ashford, Western Illinois | 23.59 |
| 1991 | Erica Calhoun, Missouri State | 24.26 |
| 1992 | Holli Hyche, Indiana State | 23.39 |
| 1993 | Holli Hyche, Indiana State | 22.94 |
| 1994 | Holli Hyche, Indiana State | 22.60 |
| 1995 | Yves-Rose Jerome, Missouri St. | 24.02 |
| 1996 | Yves-Rose Jerome, Missouri St. | 23.1* |
| 1997 | Wendy Blocker, Missouri State | 23.72 |
| 1998 | Trudi Garrett, Missouri State | 23.40 |
| 1999 | Verneta Lesforis, Missouri State | 23.98 |
| 2000 | Trudi Garrett, Missouri State | 24.51 |
| 2001 | Camille Clarke, Missouri State | 23.60 |
| 2002 | Cheasa Gibson, Missouri State | 23.82 |
| 2003 | Cheasa Gibson, Missouri State | 24.14 |
| 2004 | Cheasa Gibson, Missouri State | 23.73 |
| 2005 | Lyn Cox, Illinois State | 23.76 |
| 2006 | Danielle Norville, Missouri State | 23.88 |
| 2007 | Genna Williams, Missouri State | 23.85 |
| 2008 | Devon Williams, Illinois State | 23.90 |
| 2009 | Audacia Moore, Wichita State | 24.30 |
| 2010 | Audacia Moore, Wichita State | 23.86 |

200M DASH REPEAT WINNERS:

3-time: (2) Holli Hyche (INS) 1992-94; Cheasa Gibson, (MSU) 2002-04

2-time: (4) Denise Blackman (SIU) 1984-86; Yves-Rose Jerome (MSU) 1995-96; Trudi Garrett (MSU) 1998, 2000; Audacia Moore (WSU) 2009-10

400-Meter Dash

| | | |
|------|---------------------------------|-------|
| 1983 | Carlton Blackman, Drake | 54.73 |
| 1984 | Carlton Blackman, Drake | 53.42 |
| 1985 | Debbie Ford, Illinois State | 54.23 |
| 1986 | Carlton Blackman, So. Illinois | 53.77 |
| 1987 | Carlton Blackman, So. Illinois | 52.96 |
| 1988 | Stephanie Forbes, Wichita State | 53.33 |

| | | |
|------|----------------------------------|-------|
| 1989 | Lorry Plutz, Eastern Illinois | 56.09 |
| 1990 | Angela Nunn, So. Illinois | 55.49 |
| 1991 | Melodie Turner, Bradley | 55.27 |
| 1992 | Sherry Shedd, UNI | 53.74 |
| 1993 | Cindy Dobbs, Indiana State | 55.49 |
| 1994 | Omegia Keeys, Indiana State | 53.83 |
| 1995 | Katrina Daniels, So. Illinois | 54.77 |
| 1996 | Katrina Daniels, So. Illinois | 54.60 |
| 1997 | Verneta Lesforis, Missouri State | 53.54 |
| 1998 | Verneta Lesforis, Missouri State | 54.64 |
| 1999 | Verneta Lesforis, Missouri State | 53.01 |
| 2000 | Deborah Cordner, UNI | 55.23 |
| 2001 | Cheasa Gibson, Missouri State | 55.13 |
| 2002 | Cheasa Gibson, Missouri State | 53.64 |
| 2003 | Cheasa Gibson, Missouri State | 54.56 |
| 2004 | Cheasa Gibson, Missouri State | 52.96 |
| 2005 | Inese Petruna, Wichita State | 54.19 |
| 2006 | Tanya Cyrus, Missouri State | 54.85 |
| 2007 | Lauren Carruthers, UNI | 54.47 |
| 2008 | Leander Ernest, Missouri State | 53.57 |
| 2009 | Leander Ernest, Missouri State | 54.60 |
| 2010 | Sade Sealy, Illinois State | 53.75 |

400M DASH REPEAT WINNERS:

4-time: (1) Cheasa Gibson (MSU) 2001-04

3-time: (1) Verneta Lesforis (MSU) 1997-99

2-time: (4) Carlton Blackman (DU) 1983-84; Carlton Blackman (SIU) 1986-87; Katrina Daniels (SIU) 1995-96; Leander Ernest (MSU) 2008-09

800-Meter Run

| | | |
|------|----------------------------------|---------|
| 1983 | Marie Simonsson, Drake | 2:12.67 |
| 1984 | Cellie Watson, Western Illinois | 2:12.40 |
| 1985 | Lane Suarez, Western Illinois | 2:08.51 |
| 1986 | Lane Suarez, Western Illinois | 2:09.06 |
| 1987 | Lauren Lunch, Eastern Illinois | 2:07.53 |
| 1988 | Rosanne Vincent, So. Illinois | 2:09.50 |
| 1989 | Joyce Swofford, Missouri State | 2:08.51 |
| 1990 | Metria Bell, Illinois State | 2:12.29 |
| 1991 | Metria Bell, Illinois State | 2:10.93 |
| 1992 | Metria Bell, Illinois State | 2:09.01 |
| 1993 | Angie Kent, Illinois State | 2:13.37 |
| 1994 | Angie Kent, Illinois State | 2:13.75 |
| 1995 | Gina DeWitt, Drake | 2:11.70 |
| 1996 | Gina DeWitt, Drake | 2:12.76 |
| 1997 | Mindy Bruck, Southern Illinois | 2:09.85 |
| 1998 | Danelle Leaf, Indiana St. | 2:14.05 |
| 1999 | Augustina Charles, Missouri St. | 2:09.61 |
| 2000 | Egle Kregzdyte, Illinois State | 2:09.92 |
| 2001 | Noa Beitler, So. Illinois | 2:10.44 |
| 2002 | Augustina Charles, Missouri St. | 2:12.30 |
| 2003 | Noa Beitler, Southern Illinois | 2:13.70 |
| 2004 | Jene Klostermann, Illinois St. | 2:09.80 |
| 2005 | Linda Feldberga, Wichita State | 2:10.68 |
| 2006 | Ty-Nica Davis, Southern Illinois | 2:11.30 |
| 2007 | Ty-Nica Davis, Southern Illinois | 2:10.90 |
| 2008 | Amy Bagge, UNI | 2:10.35 |
| 2009 | Michelle Brunk, Illinois State | 2:10.31 |
| 2010 | Holli Hosch, UNI | 2:09.08 |

800M RUN REPEAT WINNERS:

3-time: (1) Metria Bell (ILS) 1990-92

2-time: (6) Lane Suarez (WIU) 1985-86; Angie Kent (ILS) 1993-94; Gina DeWitt (DU) 1995-96; Augustina Charles (MSU) 1999, 2002; Noa Beitler (SIU) 2001, '03; Ty-Nica Davis (SIU) 2006-07

1,500-Meter Run

| | | |
|------|--------------------------------|---------|
| 1983 | Margaret Smith, EIU | 4:28.00 |
| 1984 | Sara Schumacher, Illinois St. | 4:28.06 |
| 1985 | Rosalind Cassidy, Illinois St. | 4:28.57 |
| 1986 | Rosalind Cassidy, Illinois St. | 4:32.25 |
| 1987 | Karla Zylstra, Drake | 4:27.81 |
| 1988 | Karla Zylstra, Drake | 4:31.8* |
| 1989 | Sheila Haugh, Drake | 4:30.54 |
| 1990 | Sherry Large, Western Illinois | 4:40.63 |
| 1991 | Kathy Campbell, W. Illinois | 4:32.14 |
| 1992 | Kerrie Glintborg, W. Illinois | 4:37.75 |
| 1993 | Dawn Barefoot, So. Illinois | 4:35.68 |
| 1994 | Jennie Horner, So. Illinois | 4:30.89 |
| 1995 | Jennie Horner, So. Illinois | 4:28.61 |
| 1996 | Gina DeWitt, Drake | 4:37.52 |

| | | |
|------|--------------------------------|---------|
| 1997 | Sue Daggett, Illinois State | 4:29.29 |
| 1998 | Angie Menser, Indiana State | 4:35.07 |
| 1999 | Jennifer Jackson, UNI | 4:33.27 |
| 2000 | Egle Kregzdyte, Illinois State | 4:30.55 |
| 2001 | Noa Beitler, Southern Illinois | 4:34.45 |
| 2002 | Agnes Kroneraff, UNI | 4:31.95 |
| 2003 | Noa Beitler, Southern Illinois | 4:30.47 |
| 2004 | Noa Beitler, Southern Illinois | 4:30.62 |
| 2005 | Desiraye Osburn, Wichita St. | 4:24.22 |
| 2006 | Desiraye Osburn, Wichita St. | 4:26.08 |
| 2007 | Kellyn Johnson, Wichita State | 4:30.00 |
| 2008 | Mica Land, Wichita State | 4:31.60 |
| 2009 | Kellyn Johnson, Wichita State | 4:27.38 |
| 2010 | Mary Goldkamp, Bradley | 4:27.67 |

1,500M RUN REPEAT WINNERS:

3-time: Noa Beitler (SIU) 2001, '03-04

2-time: (5) Rosalind Cassidy (ILS) 1985-86; Karla Zylstra (DU) 1987-88; Jennie Horner (SIU) 1994-95; Desiraye Osburn (WSU) 2005-06; Kellyn Johnson (WSU) 2007, '09

3,000-Meter Run

| | | |
|------|---------------------------------|----------|
| 1983 | Wendy VanMierlo, Illinois St. | 9:22.95 |
| 1984 | Sara Schumacher, Illinois St. | 9:42.8* |
| 1985 | Patty Murray, Western Illinois | 9:40.42 |
| 1986 | Patty Murray, Western Illinois | 9:52.35 |
| 1987 | Vivian Sinou, Southern Illinois | 9:43.7* |
| 1988 | Karla Zylstra, Drake | 9:55.7* |
| 1989 | Alicia Mundahl, Drake | 9:43.06 |
| 1990 | Kathy Campbell, WIU | 10:05.90 |
| 1991 | Kathy Campbell, WIU | 9:54.20 |
| 1992 | Debbi Ramseyer, Indiana St. | 10:05.30 |
| 1993 | Heather Murphy, Illinois St. | 9:56.70 |
| 1994 | Heather Murphy, Illinois St. | 10:02.42 |
| 1995 | Jennie Horner, So. Illinois | 9:41.77 |
| 1996 | Sue Daggett, Illinois State | 10:11.24 |
| 1997 | Sue Daggett, Illinois State | 9:57.74 |
| 1998 | Mary Ellen Hill, Bradley | 9:56.72 |
| 1999 | Marina Dreyer, Wichita State | 9:58.75 |
| 2000 | Marina Dreyer, Wichita State | 10:01.48 |

3,000M RUN REPEAT WINNERS:

2-time: (5) Patty Murray (WIU) 1985-86; Kathy Campbell (WIU) 1990-91; Heather Murphy (ILS) 1993-94; Sue Daggett (ILS) 1996-97; Marina Dreyer (WSU) 1999-00

5,000-Meter Run

| | | |
|------|--------------------------------|----------|
| 1983 | Wendy VanMierlo, Illinois St. | 16:52.74 |
| 1984 | Sara Schumacher, Illinois St. | 17:08.55 |
| 1985 | Patty Murray, Western Illinois | 16:50.18 |
| 1986 | Patty Murray, Western Illinois | 16:21.65 |
| 1987 | Patty Murray, Western Illinois | 16:51.58 |
| 1988 | Joan Becker, Western Illinois | 17:34.0 |
| 1989 | Alicia Mundahl, Drake | 16:56.26 |
| 1990 | Debbi Ramseyer, Indiana St. | 17:54.33 |
| 1991 | Debbi Ramseyer, Indiana St. | 17:49.70 |
| 1992 | Debbi Ramseyer, Indiana St. | 17:24.55 |
| 1993 | Debbi Ramseyer, Indiana St. | 17:39.74 |
| 1994 | Amy Cohee, Indiana St. | 17:35.50 |
| 1995 | Sue Daggett, Illinois State | 17:06.11 |
| 1996 | Carla Sudbeck, Drake | 18:12.76 |
| 1997 | Sue Daggett, Illinois State | 17:39.82 |
| 1998 | Mary Ellen Hill, Bradley | 17:47.21 |
| 1999 | Riana van Rensburg, WSU | 17:24.79 |
| 2000 | Stacia Beste, Illinois State | 17:00.47 |
| 2001 | Stacia Beste, Illinois State | 17:28.69 |
| 2002 | Stacia Beste, Illinois State | 17:20.96 |
| 2003 | Emily Shoopman, UNI | 17:06.78 |
| 2004 | Casey Owens, Missouri St. | 16:52.44 |
| 2005 | Casey Owens, Missouri St. | 16:44.54 |
| 2006 | Desiraye Osburn, Wichita St. | 16:55.05 |
| 2007 | Kellyn Johnson, Wichita St. | 16:51.32 |
| 2008 | Mica Land, Wichita State | 17:12.01 |
| 2009 | Kellyn Johnson, Wichita St. | 16:32.56 |
| 2010 | Tonya Nero, Wichita State | 16:46.47 |

5,000M RUN REPEAT WINNERS:

4-time: (1) Debbi Ramseyer (INS) 1990-93

3-time: (2) Patty Murray (WIU) 1985-87; Stacia Beste (ILS) 2000-02

MVC Women's Outdoor Championship Winners

2-time: (3) Sue Daggett (ILS) 1995, '97; Casey Owens (MSU) 2004-05; Kellyn Johnson (WSU) 2007, '09

10,000-Meter Run

| | | |
|------|---------------------------------|----------|
| 1983 | Julie Duncan, Wichita State | 35:16.91 |
| 1984 | Julie Duncan, Wichita State | 35:40.9* |
| 1985 | Julie Slade, Wichita State | 36:13.40 |
| 1986 | Patty Murray, Western Illinois | 37:57.20 |
| 1987 | Patty Murray, Western Illinois | 36:54.6* |
| 1988 | Lisa Judiscak, So. Illinois | 36:00.9* |
| 1989 | Sandra Holestine, Wichita St | 37:07.65 |
| 1990 | Melissa Utterback, Indiana St | 37:17.10 |
| 1991 | Amie Padgett, So. Illinois | 37:44.50 |
| 1992 | Laura Mizener, Eastern Illinois | 38:17.82 |
| 1993 | Eva Gerhardt, Missouri State | 37:01.77 |
| 1994 | Sue Daggett, Illinois State | 37:04.70 |
| 1995 | Sue Daggett, Illinois State | 36:44.89 |
| 1996 | Sue Daggett, Illinois State | 38:08.33 |
| 1997 | Sue Daggett, Illinois State | 38:40.20 |
| 1998 | Jenny Monaco, So. Illinois | 37:25.73 |
| 1999 | Riana van Rensburg, WSU | 37:16.84 |
| 2000 | Mary Ellen Hill, Bradley | 36:24.05 |
| 2001 | Stacia Beste, Illinois State | 38:17.28 |
| 2002 | Stacia Beste, Illinois State | 37:11.42 |
| 2003 | Casey Owens, Missouri St | 36:24.45 |
| 2004 | Casey Owens, Missouri St | 35:44.89 |
| 2005 | Casey Owens, Missouri St | 36:61.60 |
| 2006 | Carrie Vestal, Missouri State | 36:06.91 |
| 2007 | Dani Prince, Indiana State | 36:23.74 |
| 2008 | Traci Hawley, UNI | 35:16.68 |
| 2009 | Pasca Cheruyiot, Missouri St | 36:23.19 |
| 2010 | Tonya Nero, Wichita State | 35:37.39 |

10,000M RUN REPEAT WINNERS:

4-time: (1) Sue Daggett (ILS) 1994-97
3-time: (1) Casey Owens (MSU) 2003-05
2-time: (3) Julie Duncan (WSU) 1983-84; Patty Murray (WIU) 1986-87; Stacia Beste (ILS) 2001-02

100-Meter Hurdles

| | | |
|------|---------------------------------|-------|
| 1983 | Renae Bumgarner, Wichita State | 14.00 |
| 1984 | Penny Sellers, Western Illinois | 14.33 |
| 1985 | Faye Barrett, Western Illinois | 13.85 |
| 1986 | Faye Barrett, Western Illinois | 13.76 |
| 1987 | Angie Taylor, Illinois State | 13.87 |
| 1988 | Felecia Veal, Southern Illinois | 14.60 |
| 1989 | Kathy Raske, Southern Illinois | 13.77 |
| 1990 | Scyla Murray, Western Illinois | 13.71 |
| 1991 | Scyla Murray, Western Illinois | 13.49 |
| 1992 | Rebecca Coyne, So. Illinois | 13.99 |
| 1993 | Denise Brungardt, Wichita State | 13.70 |
| 1994 | LaTonya Morrison, So. Illinois | 14.14 |
| 1995 | Melinda Sallins, Missouri State | 13.64 |
| 1996 | Melinda Sallins, Missouri State | 13.53 |
| 1997 | Melissa Hankins, Illinois State | 14.57 |
| 1998 | Keli Walker, Indiana State | 14.23 |
| 1999 | Mellanee Welty, Wichita State | 14.00 |
| 2000 | Mellanee Welty, Wichita State | 14.14 |
| 2001 | Dee Wear, UNI | 14.10 |
| 2002 | Korto Dunbar, Southern Illinois | 14.03 |
| 2003 | Korto Dunbar, Southern Illinois | 13:58 |
| 2004 | Korto Dunbar, Southern Illinois | 13:83 |
| 2005 | Lindsay Eck, Wichita State | 13:55 |
| 2006 | Tracy Partain, Missouri State | 13:38 |
| 2007 | Jennifer Snyder, Wichita State | 13:47 |
| 2008 | Jennifer Snyder, Wichita State | 13:82 |
| 2009 | Meredith Hayes, So. Illinois | 13:50 |
| 2010 | Meredith Hayes, So. Illinois | 13:73 |

100M HURDLES REPEAT WINNERS:

3-time: (1) Korto Dunbar (SIU) 2002-04
2-time: (6) Faye Barrett (WSU) 1985-86; Scyla Murray (WIU) 1990-91; Melinda Sallins (Missouri State) 1995-96; Mellanee Welty (WSU) 1999-00; Jennifer Snyder (WSU) 2007-08; Meredith Hayes (SIU) 2009-10

400-Meter Hurdles

| | | |
|------|----------------------------------|---------|
| 1983 | Renae Bumgarner, Wichita St | 1:02.46 |
| 1984 | Carmel Maher, Wichita State | 1:01.01 |
| 1985 | Carolyn Ferguson, Illinois State | 59.46 |
| 1986 | Carlton Blackman, So. Illinois | 53.77 |
| 1987 | Beth Bergman, Illinois State | 1:00.47 |

| | | |
|------|---------------------------------|---------|
| 1988 | Wendy Kelly, Wichita State | 59.35 |
| 1989 | Katarina Wikander, Wichita St | 1:01.31 |
| 1990 | Michelle Sciano, So. Illinois | 1:01.08 |
| 1991 | Deanna Adams, Missouri St | 1:00.48 |
| 1992 | Amy Huckstep, Illinois State | 1:00.24 |
| 1993 | Kim Caldwell, Wichita State | 1:00.32 |
| 1994 | Elizabeth Nopper, Wichita St | 1:01.16 |
| 1995 | Melinda Sallins, Missouri State | 57.71 |
| 1996 | Melinda Sallins, Missouri State | 58.41 |
| 1997 | E. Butler-Thompson, MSU | 1:00.32 |
| 1998 | Angie Bruecker, Indiana State | 1:01.53 |
| 1999 | Angie Bruecker, Indiana State | 1:00.83 |
| 2000 | Nikki Nelson, UNI | 59.84 |
| 2001 | Angie Bruecker, Indiana State | 1:01.28 |
| 2002 | Nikki Nelson, UNI | 59.79 |
| 2003 | Nikki Nelson, UNI | 59.08 |
| 2004 | Andrea Mosher, Illinois State | 1:00.02 |
| 2005 | Andrea Mosher, Illinois State | 59.20 |
| 2006 | Tasha Gallegos, Wichita State | 1:00.71 |
| 2007 | Erica Moore, Indiana State | 59.98 |
| 2008 | Jennifer Snyder, Wichita State | 59.79 |
| 2009 | Erica Moore, Indiana State | 59.86 |
| 2010 | Erica Moore, Indiana State | 56.21 |

400M HURDLES REPEAT WINNERS:

3-time: (3) Angie Bruecker (INS) 1998-99, 2001; Nikki Nelson (UNI) 2000, '02-03; Erica Moore (INS) 2007, '09-10
2-time: (2) Melinda Sallins (MSU) 1995-96; Andrea Mosher (ILS) 2004-05

3,000-Meter Steeplechase

| | | |
|------|------------------------------|----------|
| 2001 | Annie Gasway, Indiana State | 11:02.35 |
| 2002 | Rebekah Daro, Missouri St | 10:39.58 |
| 2003 | Erin Sutton, Missouri State | 10:46.15 |
| 2004 | Erin Sutton, Missouri State | 10:38.72 |
| 2005 | Sarah Becker, Wichita State | 10:40.73 |
| 2006 | Sarah Becker, Wichita State | 10:25.69 |
| 2007 | Mica Land, Wichita State | 10:35.84 |
| 2008 | Mica Land, Wichita State | 10:12.28 |
| 2009 | Kellyn Johnson, Wichita St | 10:23.70 |
| 2010 | Staci Nelson, Missouri State | 10:41.96 |

3,000M STEEPLCHASE RUN REPEAT WINNERS:

2-time: (3) Erin Sutton (MSU) 2003-04; Sarah Becker (WSU) 2005-06; Mica Land (WSU) 2007-08

4x100-Meter Relay

| | | |
|--------------------------|-------------------|-------|
| <i>(440-Yard Relay)</i> | | |
| 1983 | Wichita State | 47.31 |
| <i>(4x100-Meter Run)</i> | | |
| 1984 | Illinois State | 46.11 |
| 1985 | Illinois State | 46.08 |
| 1986 | Illinois State | 46.06 |
| 1987 | Illinois State | 45.83 |
| 1988 | Southern Illinois | 46.93 |
| 1989 | Southern Illinois | 46.86 |
| 1990 | UNI | 47.90 |
| 1991 | Indiana State | 46.49 |
| 1992 | Indiana State | 46.17 |
| 1993 | Indiana State | 45.61 |
| 1994 | Indiana State | 44.71 |
| 1995 | Illinois State | 45.57 |
| 1996 | Missouri State | 45:06 |
| 1997 | Missouri State | 45:53 |
| 1998 | Missouri State | 45:88 |
| 1999 | Missouri State | 46:72 |
| 2000 | Missouri State | 46:33 |
| 2001 | Missouri State | 45:57 |
| 2002 | Missouri State | 45:54 |
| 2003 | Drake | 45:88 |
| 2004 | Missouri State | 45:12 |
| 2005 | Illinois State | 44:85 |
| 2006 | Illinois State | 45:29 |
| 2007 | Illinois State | 45:23 |
| 2008 | Illinois State | 46:19 |
| 2009 | Wichita State | 45:56 |
| 2010 | Illinois State | 45:54 |

4x100M RELAY REPEAT WINNERS:

10-time: (Illinois State) 1984-87, 2005-08, '10
8-time: (Missouri State) 1996-02, '04
4-time: (Indiana State) 1991-94
2-time: (Southern Illinois) 1988-89; (Wichita State) 1983, 2009

4x400-Meter Relay

| | | |
|----------------------------|-------------------|---------|
| <i>(Mile Relay)</i> | | |
| 1983 | Eastern Illinois | 3:48.06 |
| <i>(4x400-Meter Relay)</i> | | |
| 1984 | Drake | 3:40.99 |
| 1985 | Illinois State | 3:43.85 |
| 1986 | Southern Illinois | 3:42.98 |
| 1987 | Southern Illinois | 3:42.86 |
| 1988 | Southern Illinois | 3:42.45 |
| 1989 | Southern Illinois | 3:49.91 |
| 1990 | Southern Illinois | 3:48.50 |
| 1991 | Indiana State | 3:45.38 |
| 1992 | Indiana State | 3:43.44 |
| 1993 | Illinois State | 3:45.98 |
| 1994 | UNI | 3:46.09 |
| 1995 | Southern Illinois | 3:42.41 |
| 1996 | Southern Illinois | 3:46.26 |
| 1997 | Missouri State | 3:42.57 |
| 1998 | Missouri State | 3:42.09 |
| 1999 | Missouri State | 3:41.05 |
| 2000 | Missouri State | 3:43.46 |
| 2001 | Missouri State | 3:43.25 |
| 2002 | Missouri State | 3:41.64 |
| 2003 | Missouri State | 3:42.29 |
| 2004 | Missouri State | 3:39.26 |
| 2005 | Illinois State | 3:41.09 |
| 2006 | Illinois State | 3:44.10 |
| 2007 | Missouri State | 3:39.59 |
| 2008 | Missouri State | 3:40.45 |
| 2009 | Missouri State | 3:42.34 |
| 2010 | Indiana State | 3:38.94 |

4x400M RELAY REPEAT WINNERS:

11-time: (Missouri State) 1997-04, '07-09
7-time: (Southern Illinois) 1986-90, '95-96
4-time: (Illinois State) 1985, '93, '05-06
3-time: (Indiana State) 1991-92, 2010

4x800-Meter Relay

| | | |
|------|-------------------|---------|
| 1991 | Illinois State | 9:02.63 |
| 1992 | Missouri State | 9:14.34 |
| 1993 | Southern Illinois | 9:08.18 |
| 1994 | Drake | 8:59.86 |
| 1995 | Indiana State | 8:56.35 |
| 1996 | Illinois State | 9:06.43 |

4x800M RELAY REPEAT WINNERS:

2-time: (Illinois State) 1991, '96

High Jump

| | | |
|------|----------------------------------|----------|
| 1983 | Holly Johnson, Drake | 5-7 3/4 |
| 1984 | Erlisha Gwin, Illinois State | 5-9 |
| 1985 | Sue Perkin, Western Illinois | 6-0 |
| 1986 | Connie Long, Wichita State | 5-9 |
| 1987 | Connie Long, Wichita State | 5-9 3/4 |
| 1988 | Sabrina Chamberlain, Illinois St | 5-7 |
| 1989 | Connie Long, Wichita State | 6-1 1/4 |
| 1990 | Sabrina Chamberlain, Illinois St | 5-9 1/2 |
| 1991 | Tiffani Archey, Illinois State | 5-7 3/4 |
| 1992 | Tara Mayner, Indiana State | 5-8 |
| 1993 | Angie Kent, Illinois State | 5-6 1/2 |
| 1994 | Karen Byrd, Indiana State | 5-7 |
| 1995 | Heather McFadden, Missouri St | 5-8 1/2 |
| 1996 | Karen Byrd, Indiana State | 5-9 1/4 |
| 1997 | Melissa Dyal, Indiana State | 5-10 3/4 |
| 1998 | Melissa Dyal, Indiana State | 5-10 3/4 |
| 1999 | Melissa Dyal, Indiana State | 5-8 |
| 2000 | Mellanee Welty, Wichita State | 5-8 3/4 |
| 2001 | Latrice Gray, Southern Illinois | 5-10 3/4 |
| 2002 | Latrice Gray, Southern Illinois | 5-8 3/4 |
| 2003 | Tamasaine Poitier, Missouri St | 5-8 3/4 |
| 2004 | Iveta Grunte, Wichita State | 5-8 3/4 |
| 2005 | Iveta Grunte, Wichita State | 5-8 3/4 |
| 2006 | Santia Spight, Indiana State | 5-8 3/4 |

MVC Women's Outdoor Championship Winners

| | | |
|------|---------------------------------|---------|
| 2007 | Crystal Hanson, UNI | 5-7 |
| 2008 | Crystal Hanson, UNI | 5-8 3/4 |
| 2009 | Mareneika Goffe, Missouri State | 5-9 |
| 2010 | Chennelle Martin, Indiana State | 5-5 1/4 |

HIGH JUMP REPEAT WINNERS:

3-time: (2) Connie Long (WSU) 1986-87, '89; Melissa Dyal (INS) 1997-99
2-time: (5) Sabrina Chamberlain (ILS) 1988, '90; Karen Byrd (INS) 1994, '96; Latrice Gray (SIU) 2001-02; Iveta Grunte (WSU) 2004-05; Crystal Hanson (UNI) 2007-08

Pole Vault

| | | |
|------|-----------------------------------|-----------|
| 2000 | Mellanee Welty, Wichita State | 11-11 3/4 |
| 2001 | Crystal Seamans, UNI | 10-11 1/2 |
| 2002 | Crystal Seamans, UNI | 11-11 1/4 |
| 2003 | Kayleen Popp, UNI | 12-6 |
| 2004 | Melissa Ullenbruch, Indiana State | 12-3 1/2 |
| 2005 | Brooke Demo, Wichita State | 12-5 1/2 |
| 2006 | Jackie Brown, Wichita State | 13-5 3/4 |
| 2007 | Kylie Hutson, Indiana State | 12-5 1/2 |
| 2008 | Kylie Hutson, Indiana State | 14-1 1/4 |
| 2009 | Kylie Hutson, Indiana State | 13-11 |
| 2010 | Cassie Craig, Wichita State | 12-6 |

POLE VAULT REPEAT WINNERS:

3-time: (1) Kylie Hutson (INS) 2007-09
2-time: (1) Crystal Seamans (UNI) 2001-02

Long Jump

| | | |
|------|-----------------------------------|-----------|
| 1983 | Nina Williams, So. Illinois | 19-2 1/4 |
| 1984 | Tanya Johnson, Wichita State | 19-1 1/2 |
| 1985 | Angie Taylor, Illinois State | 18-11 |
| 1986 | Angie Taylor, Illinois State | 20-1 1/4 |
| 1987 | Angie Taylor, Illinois State | 20-5 3/4 |
| 1988 | Kim Atwater, Drake | 20-1 |
| 1989 | Christiana Philippou, SIU | 19-10 3/4 |
| 1990 | Kim Whitener, Illinois State | 19-1/2 |
| 1991 | Nacolia Moore, So. Illinois | 19-2 1/2 |
| 1992 | Katrina Boatright, Illinois State | 19-11 |
| 1993 | Angie Kent, Illinois State | 19-10 3/4 |
| 1994 | Dianna Leftridge, UNI | 20-1 3/4 |
| 1995 | Dianna Leftridge, UNI | 20-9 1/4 |
| 1996 | Michelle Baptiste, Missouri St | 20-0 1/2 |
| 1997 | Michelle Baptiste, Missouri State | 19-7 |
| 1998 | Jessica Watkins, Missouri State | 18-10 |
| 1999 | Michelle Baptiste, Missouri St | 20-6 1/2 |
| 2000 | Trudi Garrett, Missouri State | 19-8 |
| 2001 | Heidi Yost, Wichita State | 19-8 |
| 2002 | Ineta Radevica, Wichita State | 20-6 1/2 |
| 2003 | Lindsay Eck, Wichita State | 19-4 3/4 |
| 2004 | Heidi Yost, Wichita State | 19-6 3/4 |
| 2005 | Jalena Petrovic, Wichita State | 20-8 |
| 2006 | Janae Bridges, Indiana State | 19-11 |
| 2007 | Bianca Stuart, Southern Illinois | 20-7 |
| 2008 | Bianca Stuart, So. Illinois | 20-11 3/4 |
| 2009 | Bianca Stuart, Southern Illinois | 20-5 |
| 2010 | La'Taish Brown, Wichita State | 20-0 1/4 |

LONG JUMP REPEAT WINNERS:

3-time: (3) Angie Taylor (ILS) 1985-87; Michelle Baptiste (MSU) 1996-97, '99; Bianca Stuart (SIU) 2007-09
2-time: (2) Dianna Leftridge (UNI) 1994-95; Heidi Yost (WSU) 2001, '04

Triple Jump

| | | |
|------|------------------------------------|-----------|
| 1987 | Christiana Philippou, So. Illinois | 38-11 |
| 1988 | Christiana Philippou, SIU | 40-11 3/4 |
| 1989 | Christiana Philippou, So. Illinois | 40-11 |
| 1990 | Chaيلة Torrey, Illinois State | 40-3 1/2 |
| 1991 | Rhonda Golden, Indiana State | 39-8 3/4 |
| 1992 | Nacolia Moore, So. Illinois | 38-2 |
| 1993 | Angela Isaac, Wichita State | 41-7 1/4 |
| 1994 | Rachelle Huntley, Missouri St | 40-6# |
| 1995 | N. Baumgartner, Missouri St | 40-0 3/4 |
| 1996 | Joy Williamson, So. Illinois | 40-2 1/4 |
| 1997 | H. Greeling, Southern Illinois | 40-11 3/4 |
| 1998 | LaShawna Mapp, Illinois State | 40-5 |
| 1999 | LaShawna Mapp, Illinois St | 41-2 1/4 |

| | | |
|------|----------------------------------|-----------|
| 2000 | LaShawna Mapp, Illinois State | 41-6 1/2 |
| 2001 | Heidi Yost, Wichita State | 40-10 1/2 |
| 2002 | Ineta Radevica, Wichita St | 43-10 1/2 |
| 2003 | Donavette Martin, Missouri State | 40-9 |
| 2004 | Yolanda Wright, Indiana State | 41-9 1/4 |
| 2005 | Luan Weekes, Missouri State | 41-8 1/2 |
| 2006 | Yolanda Wright, Indiana State | 41-5 1/4 |
| 2007 | Stephanie Miller, Wichita St | 43-0 1/4 |
| 2008 | Lauren Martin, Indiana State | 41-10 |
| 2009 | Lauren Martin, Indiana State | 41-10 |
| 2010 | Lauren Martin, Indiana State | 42-4 1/4 |

TRIPLE JUMP REPEAT WINNERS:

3-time: (3) Christiana Philippou (SIU) 1987-89; LaShawna Mapp (ILS) 1998-2000; Lauren Martin (INS) 2008-10
2-time: (1) Yolanda Wright (INS) 2004, '06

Shot Put

| | | |
|------|----------------------------------|-----------|
| 1983 | Susie Tindle, Western Illinois | 42-10 1/4 |
| 1984 | Rhonda McCausland, SIU | 46-9 3/4 |
| 1985 | Connie Price, Southern Illinois | 48-3 |
| 1986 | Rhonda McCausland, So. Illinois | 51-1/2 |
| 1987 | Valeta Strickland, EIU | 48-1 3/4 |
| 1988 | Jeanine Banks, Wichita State | 47-3 |
| 1989 | Christy Barrett, Indiana State | 45-9 |
| 1990 | Christy Barrett, Indiana State | 54-2 |
| 1991 | Christy Barrett, Indiana State | 50-11 1/2 |
| 1992 | Cathy Mausel, Indiana State | 46-7 3/4 |
| 1993 | Cathy Mausel, Indiana State | 46-1 1/4 |
| 1994 | Julie Koebecke, Indiana State | 48-8 3/4 |
| 1995 | Jenny Folz, Illinois State | 47-9 3/4 |
| 1996 | Amy Miles, Indiana State | 44-6 |
| 1997 | Amy Miles, Indiana State | 50-3 1/2 |
| 1998 | Andrea Miller, UNI | 47-8 1/2 |
| 1999 | Jenny Folz, Indiana State | 51-9 1/4 |
| 2000 | Melissa Wheeler, Illinois State | 44-11 |
| 2001 | Jamie Waters, So. Illinois | 45-10 3/4 |
| 2002 | Danielle Lawary, So. Illinois | 49-6 1/4 |
| 2003 | Latisha Johnson, Illinois State | 47-9 |
| 2004 | Latisha Johnson, Illinois State | 51-8 1/2 |
| 2005 | Amarachi Ukabam, SIU | 54-11 1/4 |
| 2006 | Amarachi Ukabam, So. Illinois | 56-4 |
| 2007 | Rachel Jansen, UNI | 56-8 3/4 |
| 2008 | Rachel Jansen, UNI | 56-9 1/4 |
| 2009 | Jeneva McCall, Southern Illinois | 49-11 |
| 2010 | Jeneva McCall, So. Illinois | 53-1 3/4 |

SHOT PUT REPEAT WINNERS:

3-time: (1) Christy Barrett (INS) 1989-91
2-time: (8) Rhonda McCausland (SIU) 1984, '86; Cathy Mausel (INS) 1992-93; Amy Miles (INS) 1996-97; Latisha Johnson (ILS) 2003-04; Amarachi Ukabam (SIU) 2005-06; Rachel Jansen (UNI) 2007-08; Jeneva McCall (SIU) 2009-10

Discus

| | | |
|------|---------------------------------|-----------|
| 1983 | Rhonda McCausland, So. Illinois | 148-9 |
| 1984 | Rhonda McCausland, So. Illinois | 156-10 |
| 1985 | Lisa Navmann, Indiana State | 147-11 |
| 1986 | Jenny Barlas, Illinois State | 144-7 |
| 1987 | Jenny Barlas, Illinois State | 152-0 |
| 1988 | Jenny Barlas, Illinois State | 153-7 |
| 1989 | Golda Ewalt, Western Illinois | 142-5 |
| 1990 | Christy Barrett, Indiana State | 146-6 3/4 |
| 1991 | Stefani Haag, Missouri State | 157-10 |
| 1992 | Jennifer Ward, Illinois State | 151-7 |
| 1993 | Julie Koebecke, Indiana State | 162-7 |
| 1994 | Julie Koebecke, Indiana State | 164-3 |
| 1995 | Julie Koebecke, Indiana State | 180-9 |
| 1996 | Angie Joy, Illinois State | 159-4 |
| 1997 | Angie Joy, Illinois State | 162-5 |
| 1998 | Angie Joy, Illinois State | 181-0 |
| 1999 | Jenny Folz, Indiana State | 165-5 |
| 2000 | LaCole Oliver, Missouri State | 154-7 |
| 2001 | Jamie Waters, Southern Illinois | 143-11 |
| 2002 | Beth Hilton, Indiana State | 152-8 |
| 2003 | Krystal Bowes, Wichita State | 151-11 |
| 2004 | Rachel Jansen, UNI | 157-7 |
| 2005 | Amarachi Ukabam, So. Illinois | 170-1 |
| 2006 | Amarachi Ukabam, So. Illinois | 180-4 |
| 2007 | Rachel Jansen, UNI | 176-6 |

| | | |
|------|-----------------------------------|-------|
| 2008 | Brittany Riley, Southern Illinois | 172-8 |
| 2009 | Samantha Springer, Illinois State | 172-4 |
| 2010 | Jeneva McCall, Southern Illinois | 186-1 |

DISCUS REPEAT WINNERS:

3-time: (3) Jenny Barles (ILS) 1986-88; Julie Koebecke (INS) 1993-95; Angie Joy (ILS) 1996-98
2-time: (3) Rhonda McCausland (SIU) 1983-84; Amarachi Ukabam (SIU) 2005-06; Rachel Jansen (UNI) 2004, '07

Javelin

| | | |
|------|----------------------------------|-----------|
| 1983 | Rhonda McCausland, So. Illinois | 146-5 |
| 1984 | Laurie Dvorak, Southern Illinois | 145-8 |
| 1985 | Reen McElyea, Western Illinois | 141-6 |
| 1986 | Rhonda McCausland, So. Illinois | 151-8 |
| 1987 | Laura Hedien, Bradley | 143-6 |
| 1988 | Donna Wheeler, UNI | 148-7 |
| 1989 | Donna Wheeler, UNI | 141-2 |
| 1990 | Jamie Dashner, So. Illinois | 139-5 1/2 |
| 1991 | Greta Semsroth, Wichita State | 147-8 |
| 1992 | Jamie Dashner, So. Illinois | 140-10 |
| 1993 | Deana Alexander, Wichita State | 158-5 |
| 1994 | Deana Alexander, Wichita State | 166-7 |
| 1995 | Angela Elting, Illinois State | 150-6 |
| 1996 | Lorraine Parkinson, So. Illinois | 133-3 |
| 1997 | Deana Alexander, Wichita State | 152-10 |
| 1998 | Deana Alexander, Wichita State | 176-10 |
| 1999 | Audra Akin, Missouri State | 143-3 |
| 2000 | Allison Berry, Wichita State | 149-0 |
| 2001 | Allison Berry, Wichita State | 150-5 |
| 2002 | Allison Berry, Wichita State | 148-1 |
| 2003 | Allison Berry, Wichita State | 155-3 |
| 2004 | Krystal Bowes, Wichita State | 146-11 |
| 2005 | Megan Cenkush, So. Illinois | 143-11 |
| 2006 | Jenna Fast, Wichita State | 141-9 |
| 2007 | Erica Evans, Wichita State | 148-8 |
| 2008 | Erica Evans, Wichita State | 144-2 |
| 2009 | Leigh Petranoff, Illinois State | 150-11 |
| 2010 | Leigh Petranoff, Illinois State | 162-0 |

JAVELIN REPEAT WINNERS:

4-time: (2) Deana Alexander (WSU) 1993-94, '97-98; Allison Berry (WSU) 2000-03
2-time: (5) Rhonda McCausland (SIU) 1983, '86; Donna Wheeler (UNI) 1988-89; Jamie Dashner (SIU) 1990, '92; Erica Evans (WSU) 2007-08; Leigh Petranoff (ILS) 2009-10

Hammer

| | | |
|------|-----------------------------------|--------|
| 1996 | Katie Panek, Wichita State | 185-7 |
| 1997 | Carrie Myers, Indiana State | 185-11 |
| 1998 | Katie Panek, Wichita State | 199-2 |
| 1999 | Jenny Folz, Indiana State | 192-8 |
| 2000 | Carrie Myers, Indiana State | 188-4 |
| 2001 | Caryn Poliquin, Southern Illinois | 189-7 |
| 2002 | Beth Hilton, Indiana State | 187-0 |
| 2003 | Beth Hilton, Indiana State | 186-10 |
| 2004 | Amy Stevens, Indiana State | 167-2 |
| 2005 | Venisha Williams, So. Illinois | 190-8 |
| 2006 | Brittany Riley, Southern Illinois | 211-3 |
| 2007 | Brittany Riley, Southern Illinois | 219-3 |
| 2008 | Brittany Riley, Southern Illinois | 218-6 |
| 2009 | Gwen Berry, Southern Illinois | 193-11 |
| 2010 | Jeneva McCall, Southern Illinois | 206-7 |

HAMMER REPEAT WINNERS:

3-time: (1) Brittany Riley (SIU) 2006-08
2-time: (3) Katie Panek (WSU) 1996, '98; Carrie Myers (INS) 1997, 2000; Beth Hilton (INS) 2002-03

Heptathlon

| | | |
|------|----------------------------------|-------|
| 1983 | Charlene Dewey, Bradley | 4,861 |
| 1984 | Bonnie Byers, Western Illinois | 4,886 |
| 1985 | Sharon Leidy, Southern Illinois | 4,908 |
| 1986 | Charlene Dewey, Bradley | 4,895 |
| 1987 | Carmen Robbins, So. Illinois | 4,683 |
| 1988 | Carmen Robbins, So. Illinois | 4,833 |
| 1989 | Tina Dawson, Eastern Illinois | 5,085 |
| 1990 | Chaيلة Torrey, Illinois State | 4,882 |
| 1991 | Sabrina Chamberlain, Illinois St | 5,034 |
| 1992 | Denise Brungardt, Wichita State | 5,264 |
| 1993 | Denise Brungardt, Wichita State | 5,548 |

MVC Women's Outdoor Championship Winners

| | | |
|------|--|-------|
| 1997 | Heather Greeling, So. Illinois | 4,811 |
| 1998 | Mellanee Welty, Wichita State..... | 4,875 |
| 1999 | Mellanee Welty, Wichita State..... | 5,398 |
| 2000 | Kathrine Nielson, Illinois State | 5,455 |
| 2001 | Kathrine Nielson, Illinois State | 5,434 |
| 2002 | Koya Webb, Wichita State | 5,054 |
| 2003 | Melissa Nelson, UNI..... | 4,820 |
| 2004 | Koya Webb, Wichita State | 5,190 |
| 2005 | Tracy Partain, Missouri State | 5,102 |
| 2006 | Tracy Partain, Missouri State | 5,756 |
| 2007 | Dani Stipe, UNI | 5,322 |
| 2009 | Erica Moore, Indiana State..... | 5,330 |
| 2010 | Erica Moore, Indiana State..... | 5,553 |

HEPTATHLON REPEAT WINNERS:

2-time: (9) Charlene Dewey (BU) 1983, '86; Carmen Robbins (SIU) 1987-88; Denise Brungardt (WSU) 1992-93; Heather Greeling (SIU) 1996-97; Mellanee Welty (WSU) 1998-99; Kathrine Nielson (ILS) 2000-01; Koya Webb (WSU) 2002, '04; Tracy Partain (MSU) 2005-06; Erica Moore (INS) 2009-10

**hand times | #wind-aided*

NOTE: Gateway Conference from 1983-1992; Missouri Valley Conference from 1993-present. Members of the Gateway included: Bradley, Drake, Eastern Illinois (EIU), Illinois State, Indiana State, UNI, Southern Illinois, Missouri State, Western Illinois (WIU) and Wichita State.

Women's All-Conference

Indoor

Bradley

| | |
|------------------|-------------------|
| Nicole Benson |2010 |
| Janelle Birky |2003 |
| Jane Daniels |2003 |
| Lauren Fog |2010 |
| Mary Goldkamp |2010 |
| Tamara Hart |2000, 03 |
| Michelle Hartman |2010 |
| Mary Ellen Hill |1998, 99, 00 |
| Andrea Kirk |2000 |
| Tiffany Mack |2003 |
| Leann Murphy |2010 |
| Angie Zimmerman |1999 |

Drake

| | |
|-------------------|-----------------------|
| Trisha Allen |1993, 94, 95, 96 |
| Ashley Anklam |2007 |
| Tracy Bearden |1999, 00 |
| Nicole Braunsdorf |2007, 09, 10 |
| Ari Curtis |2010 |
| Gina DeWitt |1994, 95 |
| Jennifer Drum |2002 |
| Shannon Glascock |1994 |
| Amy Griswold |1994 |
| Julie Head |1999, 00 |
| Courtney Heinz |2007 |
| Joanna Johnson |1993, 94 |
| Summer Johnson |1997, 00 |
| Tiffany Kennedy |2002 |
| Sarah Lemly |1999 |
| Kara McCartney |2010 |
| Kasey McDaniel |2006 |
| Tara Mendez |2007 |
| Dawn O'Leary |1994 |
| Jamie Malone |1995 |
| Amy Marts |1997 |
| Sarah Murton |2000 |
| Kelly Noonan |1997 |
| Jenny Reff |2004, 07 |
| Jenny Runchey |1997 |
| Tyse Samani |2008, 10 |
| Katarine Seelye |1993 |
| Katie Starks |2006, 07 |
| Carla Sudbeck |1996, 98 |
| Cami Wells |1992, 93, 94 |
| Jennie Whitman |2007 |
| Tanya Woodruff |1994 |

Illinois State

| | |
|-------------------|-----------------------|
| Amanda Albrecht |2008, 09, 10 |
| Lindsey Arnold |2005 |
| Tiffani Archey |1992 |
| Metria Bell |1992, 93 |
| Stacia Beste |2000, 01, 02 |
| Andrea Black |2000, 01, 02 |
| Nicole Blow |2000, 01, 02 |
| Katrina Boatright |1992, 93 |
| Kayla Booker |1996, 97 |
| Talise Branch |1996, 97 |
| Yomeaqua Brents |2009, 10 |
| Michelle Brunk |2008, 10 |
| Christy Bruno |1992 |
| Debbi Caddell |1992, 93, 94 |
| Lyn Cox |2005 |
| Liz Chukwudebe |2002 |
| Sue Daggett |1994, 95, 96, 97 |
| Keri Davis |2002 |
| Cherise Devers |2005 |
| Amy Dian |2002 |
| Angie Elting |1994, 95 |
| Sarah Fletcher |1999 |
| Jenny Folz |1995, 96 |

| | |
|--------------------|-----------------------|
| Carol Franklin |1992 |
| Tina Frey |1992 |
| Sonja Graham |1994, 95 |
| Montrice Granberry |1992, 93 |
| Monique Haan |2001 |
| Melissa Hankins |1997 |
| Tia Harvey |2010 |
| Brittney Hourd |2006 |
| Amy Huckstep |1992 |
| Jess Husted |2010 |
| Brittany Johnson |1996 |
| Latisha Johnson |2002, 04 |
| Anne-Marie Jones |1992 |
| Angie Joy |1996, 97, 98 |
| Laura Kennedy |2004, 05 |
| Angela Kent |1993, 94, 95 |
| Carolina Kent |1994, 95, 96 |
| Jene' Klostermann |2002 |
| Jenny Kraakevik |2008 |
| Egle Kregzdyte |2000, 01 |
| Michelle Less |1992 |
| Toni Logemann |1996 |
| Anna Lovell |2006, 07 |
| Lian Lucas |2005, 06 |
| LaShawna Mapp |1997, 98, 99, 00 |
| Tanya Martin |1993 |
| Alia McAfee |2009, 10 |
| Betsy McDonald |2006, 07 |
| Andrea Mosher |2004, 05, 06 |
| Jamillah Morris |1992 |
| Rosie Morrow |1994, 95, 96, 97 |
| Heather Murphy |1993, 94, 95, 96 |
| Kathrine Nielsen |1999, 01 |
| Brianna Officer |2008 |
| Kelly Pearson |1992, 93 |
| Stacy Pierce |1997 |
| Aisha Praught |2010 |
| Lauren Ritt |2001 |
| Morgan Schaefer |2009 |
| Jenny Schmeichel |1996 |
| Sade Sealy |2010 |
| Sam Serrano |2000, 02 |
| Amy Shemek |1992, 93 |
| April Siler |2000, 01 |
| Kim Smudde |2006, 07, 09 |
| Jena Swant |1997 |
| Quandra Talington |1998 |
| Lazheta Thomas |1992 |
| Megan Thompson |2008 |
| Suzy Turner |2006, 07, 08 |
| Wendy Welter |1992 |
| Melissa Wheeler |1999, 00 |
| Jannette Whitcomb |1992, 93 |
| Christina Williams |1998, 99, 00 |
| Devon Williams |2006, 07, 08 |
| Tori Ziegler |2009, 10 |

Indiana State

| | |
|--------------------|-----------------------|
| Amanda Barlage |2008 |
| Myra Bess |2005, 07 |
| Jennifer Blackburn |1995 |
| Megan Bowers |1998, 00 |
| Janae Bridges |2004, 07 |
| Amanda Bright |2001 |
| Angie Bruecker |1998, 99, 00, 01 |
| Amber Bucci |2001 |
| Karen Byrd |1993, 94, 95, 96 |
| Kim Carr |1997 |
| Amy Cohee |1994 |
| Mary Kate Conway |2008 |
| Angie Cooper |1998 |
| Tana Dahman |1994, 95 |
| Stevia Dalton |2000, 01, 02 |
| Tonya Dease |1992 |

| | |
|--------------------|-----------------------|
| Teresa Dunn |1993 |
| Melissa Dyal |1997, 98, 99, 00 |
| Cindy Dobbs |1992, 93, 94 |
| Patrice Gayle |1993, 94 |
| Laura Engle |2005, 07 |
| Gisele Essaka |1992 |
| Anisa Evans |1992, 93 |
| Jenny Folz |1999 |
| Brandy Halterman |1998, 99, 00 |
| Kelsey Hanley |2008, 10 |
| Julie Harker |1997, 98 |
| Kristin Heinichen |1994, 95, 96, 97 |
| Beth Hilton |2001, 02 |
| Kylie Hutson |2007, 08, 09, 10 |
| Holli Hyche |1992, 93, 94 |
| La Toya Jagoe |2000, 01, 02, 04 |
| Veronica Jones |1995, 96, 97 |
| Omegia Keeys |1994, 95 |
| Julie Koebcke |1993, 94, 95 |
| Danelle Leaf |1996, 97, 98 |
| Carol Linneweber |2005 |
| Lauren Martin |2007, 08, 09, 10 |
| Cathy Mausel |1994 |
| Tara Mayner |1992 |
| Samantha McClendon |2008 |
| Angie Menser |1995, 96, 97, 98 |
| Jeanne Middleton |2008, 09 |
| Amy Miles |1995, 97 |
| Alicia Miller |2001, 04 |
| Erica Moore |2007, 08, 09, 10 |
| Carrie Myers |1998, 99, 00 |
| Leeann Michl |2010 |
| Christi Olson |1992 |
| Alyssa Pittman |2001 |
| Dani Prince |2007 |
| Debbi Ramseyer |1992, 93 |
| Melyssa Reinhardt |2004, 05 |
| Nikki Royer |2006 |
| Kelly Rupert |1999, 00, 00, 01 |
| Liz Shannon |1993, 95 |
| Sariyu Shittu |1997, 98, 00 |
| Santia Spight |2005, 06, 07 |
| Pam Staton |1992 |
| Amy Stevens |2002, 04 |
| Kelley Strickler |1996 |
| La Toyia Sutton |2002 |
| Ashley Tafinger |2005 |
| Sheila Taylor |1999, 00 |
| Danielle Thomas |2000, 01, 02 |
| Laura Twohig |2001 |
| Melissa Ultenbruch |2004, 05 |
| Keli Walker |2001 |
| Karen Wamsley |1994, 95 |
| Stacia Weatherford |2010 |
| Kia Wells |2001 |
| Diedra Woodley |1995, 96 |
| Yolanda Wright |2004, 05, 06 |
| Adriane Wunderlich |2008 |
| Angela Young |1995 |

Missouri State

| | |
|--------------------|-------------------|
| Rashida Allen |2009 |
| Rhonda Allen |2002 |
| Nicole Baumgartner |1995 |
| Michelle Baptiste |1996, 97, 99 |
| Renna Berry |2007 |
| Wendy Blocker |1996, 97 |
| Anna Boecker |1992, 93 |
| Cortenee Boulard |2008 |
| Essence Butler |1996, 97 |
| Augustina Charles |1999, 00 |
| Pasca Cheruiyot |2009 |
| Kate Chettle |2004 |
| Camille Clarke |2000, 01 |

| | |
|---------------------|-----------------------|
| Clarissa Codrington |2004 |
| Kelly Cole |2001 |
| Kerry-Ann Craig |2000 |
| Amber Cumberbatch |2000, 01, 02 |
| Tanya Cyrus |2005, 06 |
| Dedra Davis |1992 |
| Jamie Douglas |1992, 93 |
| Angela Dunn |1992 |
| Leander Ernest |2007, 08, 09 |
| Emily Fletcher |2008 |
| Jami Frush |2002 |
| Trudi Garrett |1997, 98, 99, 00 |
| Eva Gerhardt |1992 |
| Kimsue Grant |2010 |
| Desiree Grante |1997, 98 |
| Chesaa Gibson |2001, 02, 03, 04 |
| Mareneika Goffe |2009, 10 |
| Mashere Harrison |1999, 00, 01, 02 |
| Cheryl Haslag |1998 |
| Brenda Hayes |1992, 93 |
| Rachelle Huntley |1993, 94 |
| Yves-Rose Jerome |1994, 95, 96 |
| Ciara Jones |2005 |
| Asher Kyger |2008, 09 |
| Dionne LaMarque |1992, 94 |
| Amy Lamb |1998 |
| Verneta Lesforis |1997, 98, 99 |
| Maggie Lenley |1993, 94 |
| Jacqui Lindsey |2008 |
| Dawn Lorenz |1992, 93 |
| Yaneika Malcolm |2008 |
| Heather McFadden |1994 |
| Erin McNamara |1998 |
| Julia Murray |2004 |
| Staci Nelson |2010 |
| Danielle Norville |2005, 06 |
| Alexandria Oembler |2007 |
| Lacole Oliver |2000 |
| Casey Owens |2002, 04, 05 |
| Katey Parsons |1997, 98 |
| Tracy Partain |2005, 06 |
| Terry Phillips |2009, 10 |
| Tamasaine Poitier |2002 |
| Juliet Pommells |1998, 99 |
| Kym Rogers |1996 |
| Melinda Sallins |1992, 93, 95 |
| Ashley Sanders |2004, 06 |
| Mandy Scott |1994, 95, 96 |
| Angelique Stevens |2006, 07 |
| Erin Sutton |2002, 04 |
| Carrie Vestal |2008 |
| Jinelle Vite |2002, 04 |
| Jodiann Walker |2010 |
| Jessica Watkins |1998, 02 |
| Luan Weeks |2004 |
| Genna Williams |2005 |
| Camille Wise |1999 |
| Kristin Wolkey |2007 |

UNI

| | |
|-------------------|-----------------------|
| Jacque Askeland |1993, 94 |
| Amy Bagge |2006, 08 |
| Jill Bakewell |1998, 99, 00 |
| Tracy Burress |1997, 98 |
| Sam Cameron |2010 |
| Lauren Carruthers |2006, 07, 08 |
| Kara Carstens |2002 |
| Molly Cashman |2010 |
| Deb Cordner |1999, 00, 01, 02 |
| Rachele Depew |1992, 93 |
| Rachel Dozark |2000 |
| Mary Egbo-Egbo |2005 |
| Rhonda Eiben |1994, 95, 96, 97 |
| Alyssa Fischer |2007, 08, 09 |

Women's All-Conference

Jessica Fisher.....1998
 Brenna Fleishman1998
 Dyan Fluhrer1992, 93
 Angie German2002, 05
 Elly Glass.....2002
 Teresa Grothus1998, 99, 00, 01
 Crystal Hanson2006, 07, 08
 Sarah Harms2008
 Traci Hawley2008
 Holli Hosch2010
 Jamie Hutchinson2006, 08
 Megan Iverson2006
 Jenny Jackson1997
 Rachel Jansen2004, 06, 07, 08
 Claire Johannesen2010
 Sarah Johnston2006
 Meredith Kosmacek-Simon2008
 Agnes Kroneraff2002
 Yana Kruglikova2006
 Pam Kyeremateng2006
 Dianna Leftridge1994, 95, 96
 Laura Little1994, 95, 96
 Theresa Lux1995
 Julie Mazzitelli1993
 Andrea Miller1997, 98
 Emily Montgomery1994, 95, 96
 Nikki Nelson2000, 02
 Paula Nemmers1993, 94
 Olimpia Nowak2008, 10
 Carly Olsen2010
 Molly Ostrander1993
 Kayleen Popp2002, 05
 Tiffany Ratzlaff1998
 Liz Robertson2000
 Denise Sauerbrei1996, 97
 Cindra Schelling1995, 96
 Jill Schwiebert2002
 Crystal Seamans2002
 Heather Sellers1994, 95, 96
 Wendy Shaw2002
 Sherry Shedd1992
 Jill Sinnwell2004
 Kendra Stannard1996, 98
 Dani Stipe2007, 08, 09
 Michelle Surber1996
 Kari Thilges2000
 Shantel Twiggs1992, 93, 94
 Kelly VanDePol1994
 Rachel VanderHolt2009
 Dee Wear1999, 00, 02
 Moa Westman2006
 Lindsey Wilkins2010
 Lynnette Wilson2007
 Kara Yahn2006, 07

Southern Illinois

Tawnjai Ames.....1999, 00
 Mari Appiah-Kubi2000, 01, 02
 Jaspreet Bajwa1996
 Dawn Barefoot1992
 Alisa Baron2010
 Lesley Batson1997
 Noa Beitler2000, 01, 02
 Gwen Berry2009, 10
 Mindy Bruck1995, 96, 97, 98
 Megan Cenkush2005, 06
 April Cokley1993
 Leeann Conway-Reed1993
 Terri Counts2008, 09, 10
 Collette Courtney1997
 Rebeca Cox2001
 Rebecca Coyne1992, 93
 Joy Cutrano1999
 Deborah Daehler1995

Katrina Daniels1995, 96
 Jamie Dashner1992
 Tredene Davis2010
 Ty-Nica Davis2004, 05, 06
 Sharlene Downing1997, 98
 Korto Dunbar2002, 04
 Kelly Elliot1992
 Kelly French1997, 98
 Chris Gabler1992
 Karen Gardner1994
 Latrice Gray2000, 01, 02
 Heather Greeling1996, 97
 Sherlenia Green2004, 05
 Meredith Hayes2009, 10
 April Heath2005
 Emily Herrell2001
 Felicia Hill1998, 99
 Sheila Hollins1995, 96, 97
 Jennie Horner1994, 95
 Cathy Kershaw1994
 Annette Klett1992
 Raina Larsen1997, 98
 Droso Lavithi1999, 00
 Danielle Lawary2004
 Sasha Leeth2007, 09, 10
 Malaikah Love2009, 10
 Jeneva McCall2010
 Katie Meehan2001
 Traci Mitchell1997
 Nacolia Moore1992, 93
 LaTonya Morrison1995
 Leslie Murillo2005
 Mikeya Nicholson2008
 Michelle Nitsche1998
 Leah Nolden1998
 Andrea Norris2007, 08
 Jessica Ordway2005
 Elissa Pierce1996
 Caryn Poliquin2001
 Brittany Riley2005, 06, 07, 08
 Sarah Rinker2005
 Katy Ritten2004, 05
 Rickael Roach2008, 09
 Julia Roundtree2001
 Stefany Saracco1996
 Tess Shubert2010
 Stephanie Smith1994, 96
 Amy Steams1996
 Bianca Stuart2006, 07, 08, 09
 Kandise Thompson2009, 10
 Miracle Thompson2008, 10
 Kelsey Toussaint2004, 05
 Inna Turevsky2004, 05
 Rimma Turevsky2000, 01
 Amarachi Ukabam2005, 06
 Marquita Vines2005
 Donna Wechet1996, 97
 Toni Whitfield2009
 Michele Williams1992
 Venisha Williams2005
 Joy Williamson1994, 95, 96
 Shaurae Winfield1992

Tulsa

Allison Clark1995
 Monique Poindexter1996

Western Illinois

Karrie Glintborg1992
 Andrea Shane1992

Wichita State

Bridget Allers1997, 98
 Sarah Becker2004, 05, 06, 07
 Elizabeth Bitz2006
 Marie-Claude Boucher1997
 Mandie Brandt2001
 Jackie Brown2002, 04, 05, 06
 La'Taish Brown2009, 10
 Denise Brungardt1992, 93
 Cassie Craig2010
 Tara Coppage1995
 Helena Dekker1997, 01
 Brooke Demo2006, 07, 09
 Celeste DeTiege1998
 Sara Doyle2004
 Marina Dreyer1998, 00
 Lindsay Eck2004, 05
 Heidi Eilola1997, 98
 Sara Eustice2006
 Erica Evans2007
 Linda Feldberga2005, 06, 07
 Natasha Foreman2002
 Tanya Friesen2010
 Tasha Gallegos2007
 Amy Gifford2009
 Jennifer Gillispie1993
 Emily Green2006
 Iveta Grunte2004, 05
 Krista Harmon2005, 06, 07
 Brittany Hemphill2009
 Angela Isaac1993
 Janelle Jackson1998
 Kellyn Johnson2008, 09
 Heather Klotz2008
 Erika Kovesi2007, 08, 09
 Mica Land2005, 06, 07, 08
 Kimber Lemon2007
 Myra Lessor1995
 Britannia Long2005
 Sasha Manuel2009
 Olivia Martinez2008
 Amy Matthews2005
 Dorothy Mellady1995, 96
 Keesha Middlemass1992
 Stephanie Miller2006, 07
 Audacia Moore2010
 Kiara Moore2008
 Jana Mostecka2002
 Tonya Nero2010
 Elizabeth Nopper1995
 Desiraye Osburn2004, 05, 06
 Katie Panek1996, 98
 Jelena Petrovic2004, 05
 Ineta Radevica2002
 Natalie Redman2000
 Thelma Reeves2007
 Endija Rezgale2000
 Kate Schaake2009
 Shannon Sheldon1992
 April Shelton1997, 98
 Jennifer Snyder2006, 07, 08
 Leah Thompson2010
 Kellie Wattrick2007
 Koya Webb2001, 04
 Shannon Weeks1997
 Mellanee Welty1998, 01
 Vickie Whiteside2001
 Tamara Wisby1995
 Jenna Wood2006
 Heidi Yost2000, 01, 02
 Ieva Zunda2000

Women's All-Conference

Outdoor

Bradley

Janelle Birky2001
Jane Daniels2003
Mary Goldkamp2010
Tamara Hart2003
Mary Ellen Hill1998, 00
Andrea Kirk2000
Tiffany Ludwig2003
Katie Nowak2008, 10

Drake

Nicole Addington1998, 99
Trisha Allen1993, 94, 95, 96
Molly Angermeyr2002
Ashley Anklam2006, 07
Tracey Bearden1999, 00
Laura Borland1998, 00
Dolly Butz2003
Ari Curtis2010
Gina DeWitt1995, 96
Jennifer Drum2002
Janet Genske1995, 97
Shannon Glascock1993, 94
Jensie Grigsby1993, 95
Amy Griswold1993, 94, 95
Beth Hamling2010
Jess Hatcko2001
Dawn Hawkins1996
Julie Head1998, 99, 00
Sarah Henkelmann1993
Regina Hill02, 03, 05
Christi Hogan1998
Joanna Johnson1994
Tiffany Kennedy2002, 03
Jamie Malone1993
Casey McDaniel2005, 06
Casey McDermott2009
Ginny McLivain1996
Sarah Murton2000
Kelly Noonan1996
Dawn O'Leary1993, 94, 95
Damairs Parchment2003
Shannon Patterson2002, 03
Jenny Reff2007
Jenny Runchey1996, 97, 98
Julie Schweigert1993
Katarine Seelye1993, 96
Jorie Spayth1998
Katie Starks2007
Carla Sudbeck1996, 98, 99
Kelli Swan1993
Cami Wells1992
Tanya Woodruff1993, 94
Jill Zwagerman1996, 98

Eastern Illinois

Kim Double1992
Laurie Mizener1992
Michelle Warren1992

Illinois State

Amanda Albrecht2008, 09, 10
Tiffani Archey1992, 93
Lindsay Arnold2004, 05
Metria Bell1992
Stacie Beste2000, 01, 02
Andrea Black2002, 03
Nicole Blow2000, 01
Samantha Bluske2010
Katrina Boatright1992
Kayla Booker1996, 97
Talise Branch1996, 97

Yomeaqua Brents2008, 09, 10
Kristin Brinkman2007
Michelle Brunk2008, 09
Debbi Caddell1992, 93
Lyn Cox2005, 07
Sabrina Curry1997
Kyndra Curtin2007, 08
Carol Franklin1992
Sue Daggett1994, 95, 96, 97
Cherise Devers2003, 04, 05, 06
Angie Elting1994, 95
Frannie Epps2008
Sarah Fletcher1999
Jenny Folz1995, 96
Tori Gaumer2003
Sonja Graham1994, 95
Montrice Granberry1992, 93
Monique Haan1998, 01
Melissa Hankins1997
Tia Harvey2010
Brittney Hourd2003, 04, 05, 06
Amy Huckstep1992
Hillary Hyland2000, 01, 02
Brittany Johnson1995
Latisha Johnson2002, 03, 04
Angie Joy1996, 97, 98
Laura Kennedy2006
Angela Kent1993, 94, 95, 96
Lela Keyes1995
Jene' Klostermann2002, 04
Egle Kregzdyte2000
Anna Lovell2005, 06, 07, 08
Michelle Less1992
Tori Logemann1996
Lian Lucas2004, 05, 06
LaShawna Mapp1998, 99, 00
Lauren Maul2005, 06
Tanya Martin1993
Alia McAfee2010
Kelly Miller1997, 98
Jamillah Morris1992, 93
Andrea Mosher2003, 04, 05, 06
Rosie Morrow1995, 97
Heather Murphy1993, 94, 95, 96
Katherine Nielsen1999, 00, 01
Kelly Pearson1992, 93
Leigh Petranoff2009, 10
Stacy Pierce1997, 98
Aisha Praught2010
Tamara Reed1994, 95
Morgan Schaefer2009
Jenny Schmeichel1993, 96
Sade Sealy2010
Sam Serrano2000, 01, 02
Amy Shemek1992, 93
Brittany Smith2010
Star Smith1994
Samantha Springer2008, 09
Jena Swant1997
Lazheta Thomas1992
Megan Thompson2009
Suzy Turner2008
Jennifer Ward1992
Wendy Welter1992
Robin Whalen2002
Melissa Wheeler1997, 98, 00
Jannette Whitcomb1992, 93
Christina Williams1998, 99, 00
Devon Williams2006, 07, 08
Kate Williams1992
Cara Wincell1998, 00

Indiana State

Jessica Ballenger1993
Lisa Barrett2007
Myra Bess2007
Jenny Blackburn1996, 97
Megan Bowers1998
Janae Bridges2004, 06, 07
Amanda Bright2001
Angie Bruecker1998, 99, 00, 01
Shannon Buchman1994
Karen Byrd1994, 96
Carolyn Chase2001
Amy Cohee1994
Mary Kate Conway2008
Jessica Crowder03, 04, 05
Tana Dahman1993, 94, 95
Stevia Dalton2002
Tonya Dease1992
Cindy Dobbs1992, 93, 94
Jackie Dunbar1996
Melissa Dyal1997, 98, 99
Anisa Evans1992, 93, 94
Jenny Folz1999
Alicia Fritschi2010
Annie Gasway2001
Patriece Gayle1992, 93
Brandy Halterman1998, 99
Kelsey Hanley2009, 10
Julie Harker1997, 98
Amy Heile1995
Kristin Heinichen1994, 95, 96, 97
Beth Hilton2000, 01, 02, 03
Jacinta Holcomb1995, 96
Jasmyn Hudgins2010
Kylie Hutson2007, 08, 09
Hollie Hyche1992, 93, 94
Holly Hyland1996, 97, 98, 99
Ebony Jackson1999
La Toya Jagoe2003
Veronica Jones1995, 96, 97
Omegia Keays1994, 95, 96
Julie Koebecke1992, 93, 94, 95
Kathe Kruer1993
Danelle Leaf1997, 98
Crystal Lesane1995, 96, 97
Chennelle Martin2010
Lauren Martin2007, 08, 09, 10
Cathy Mausel1992, 93, 94
Tara Mayner1992
Angie Menser1995, 96, 97, 98
Leann Michl2010
Jeanne Middleton2008, 09
Amy Miles1996, 97
Alicia Miller2001, 02, 03, 04
Erica Moore2007, 08, 09, 10
Carrie Myers1997, 98, 99, 00
Katie Myhra1998, 00, 01
Violet Nwordu2010
Christi Olson1992
Dani Prince2007
Debbi Ramseyer1992, 93
Melyssa Reinhardt2003, 04
Janae Robers2007
Nikki Royer2008
Nicole Ryan1997
Kim Shittu1999
Sariyu Shittu1998, 99
Jacquelle Spencer2008, 10
Santia Spight2004, 06, 07
Pam Staton1992
Heather Stenbridge2009
Randi Stephens2005
Amy Stevens2001, 02, 03, 04
Ashley Tafinger2002

Sheila Taylor1997, 98, 99
Danielle Thomas2002
Laura Twohig2000
Melissa Ullenbruch2002, 03, 04
Keli Walker1998, 99, 00, 01
Karen Wamsley1994, 95
Stacia Weatherford2010
Kia Wells2000, 01, 02
Yolanda Wright2004, 05, 06
Dierdra Woodley1996
Angela Young1995, 96

Missouri State

Audra Akin1998, 99
Jennifer Bandy1997
Michelle Baptiste1996, 97, 99
Nicole Baumgartner1994, 95
Virginia Bax2003
Sarah Becker1999
Renna Berry2008
Wendy Blocker1996, 97
Anna Boeckel1992
Cortenee Boulard2007
E. Butler-Thompson1994, 98
Kim Carter2006, 07
Augustina Charles1999, 00, 02, 03
Pasca Cheruyiot2009
Camille Clarke2000, 01
Renee Clarke1993, 94
Clarissa Codrington2004, 05, 06
Kelly Cole2001
Desiree Cocks2000
A. Cumberbatch2000, 01, 02, 03
Tanya Cyrus2006, 07
Rebeka Daro2000, 01, 02
Dedra Davis1992
Casey DeWitt2006
Jamie Douglas1992, 93
Leander Ernest2007, 08, 09
Trudi Garrett1997, 98, 99, 00
Eva Gerhardt1992, 93
Cheasa Gibson2001, 02, 03, 04
Kathina Giffin1993, 94
Mareneika Goffe2008, 09
Zaleika Goffe2009
Desiree Grante1997
Mashere Harrison1999, 00, 01
Brenda Hayes1992
Dana Holland2001
Rachelle Huntley1993, 94
Yves-Rose Jerome1993, 94, 95, 96
Ciara Jones2005
Rebecca Kuklenski2001
Asher Kyger2008
Dionne LaMarque1994
Maggie Lenley1993
Verneta Lesforis1997, 98, 99
Jacqui Lindsey2008
Dawn Lorenz1992
Yaneika Malcolm2007, 08, 09
Zahnill Manuel1998
Donavette Martin2003, 05
Tammie McDew1993
Heather McFadden1995
Julia Murray2002, 03, 04, 05
Staci Nelson2010
Danielle Norville2005, 06
Alexandria Oemblem2007
Kwajuana Oliver1999
Casey Owens2003, 04, 05
Tracy Partain2004, 05, 06
Terry Phillips2008, 09
Tamasaine Poitier2003
Ashley Sanders2004, 05, 06

Laura Shafliuetzel.....2003
 Angeliqe Stephens2007
 Cheyenne Stewart2010
 Erin Sutton2003, 04
 Jamie Vest2007, 08
 Carrie Vestal2006, 07, 08
 Jineill Vite'2003, 04
 Luan Weekes2003, 04, 05
 Daneisha Williams2003
 Genna Williams2005, 07
 Kristin Wolkey2007

UNI

Tawnjai Ames1999
 Jacque Askeland1993, 94
 Jill Bakwell1999
 Amy Bagge2008
 Liz Bradford2005
 Rozle Bucalo2007
 Stacy Butt2006
 Melissa Campbell2000, 01, 02, 03
 Lauren Carruthers2005, 06, 07, 08
 Megan Cenkush2005
 Deb Cordner1999, 00, 02
 Joy Cutrano1999
 Rachele Depew1992, 93
 Nikki Dillard1992, 94
 Diedra Dixon2000, 01, 02
 Tanya Dolgovska1999
 Jen Duffy2002
 Morgen Edwards2003, 04, 06
 Rhonda Eiben1994, 95, 96, 97
 Alyssa Fischer2007, 08
 Jessica Fisher1997
 Brenna Fleishman1997, 99
 Dyan Fluhrer1992, 93
 Angie German2002, 03, 06
 Teresa Grothus2001
 Crystal Hanson2005, 07, 08
 Sarah Harms2007, 09
 Traci Hawley2008
 Heidi Heiar1993
 Ravei Henry2003
 Inga Hope2000, 01, 02, 03
 Holli Hosch2009, 10
 Jamie Hutchinson2005, 06
 Jenny Jackson1995, 96, 97, 99
 Rachel Jansen2004, 06, 07, 08
 Amanda Koester2001
 Meredith Kosmacek2006, 07, 08
 Agnes Kroneraff2002
 Pam Kyeremateng2006, 07
 Dianna Leftridge1994, 95
 Laura Little1995
 Teresa Lux1994, 95
 Julie Mazzitelli1993
 Hilla Medalia1999
 Andrea Miller1997, 98
 Emily Montgomery1994, 95
 Melissa Nelson2003
 Nikki Nelson1999, 00, 02, 03
 Paulette Nemmers1992
 Olimpia Nowak2008, 10
 Danielle Nowasall2009
 Amy Olson1994
 Kayleen Popp2003
 Emily Prinsen2009, 10
 Tiffany Ratzlaff1998
 Liz Robertson2001
 Blair Runde2007
 Denise Sauerbrei1997
 Cindra Schelling1995
 Caedryn Schrunk2009

Crystal Seamans2000, 01, 02
 Heather Sellers1995
 Sherry Shedd1992
 Emily Shoopman2003
 Marchelle Short1992
 Jillian Sinnwell2003
 Jessie Smith2007
 Kendra Stannard1999
 Dani Stipe2007, 08, 09
 April Stepanek1997
 Michelle Surber1995, 96, 97
 Kari Thilges1999, 00
 Kandise Thompson2008
 Shantel Twiggs1992, 93, 94
 Kelly VanDePol1992
 Dee Wear2000, 01
 Erin Wessely2003
 Lindsay Wiebers2006
 Lynette Wilson2005, 07
 Kara Yahn2007, 08
 Jody Yahnke1992

Southern Illinois

Judeka Adams2008
 Mariann Ahuna2002
 Kellen Allen2002
 Marian Appiah-Kubi2000, 01, 02
 Jaspreet Bajwa1996
 Dawn Barefoot1992, 93
 Alisa Baron2009
 Lesley Batson1996
 Kim Beardwood2009
 Noa Beitler2001, 02, 03, 04
 Gwen Berry2009, 10
 LaShell Blissit1998
 Mindy Bruck1995, 96, 97
 Megan Cenkush2004
 Brittani Christensen2005
 Vena Clendenin1996
 Yvonne Cohen2004
 Crystalla Constantinou1993
 Leeann Conway-Reed1993, 94
 Terri Counts2009
 Collette Courtney1996
 Rebeca Cox2001
 Rebecca Coyne1992
 Deborah Daehler1995
 Katrina Daniels1993, 94, 95, 96
 Jamie Dashner1992
 Tredene Davis2008, 10
 Ty-Nica Davis2003, 04, 06, 07
 Kendra Deck2007, 08, 09, 10
 A'Seret Dokubo2007
 Tetyana Dolgovska2000
 Korto Dunbar2002, 03, 04
 Kelly Elliot1993, 94
 Karen Gardner1994
 Karri Gardner1992
 Cindy Grammer1992, 93
 Latrice Gray2000, 01, 02, 03
 Heather Greeling1996, 97
 Sherlenia Green2004
 Meredith Hayes2008, 09, 10
 April Heath2007
 Felicia Hill1996, 98
 Megan Hoelscher2010
 Sheila Hollins1995, 96
 Hallema Ivory1994, 96
 Jennie Horner1993, 94, 95
 Cathy Kershaw1992, 93, 94
 Kim Koerner1995, 96
 Jennifer Kostelny1992, 93, 94
 Raina Larsen1995, 96

Danielle Lawary2002, 03
 Sasha Leeth2008, 09
 Malaikah Love2009, 10
 Yolanda Mask1998
 Jeneva McCall2009, 10
 Gabbi Meniefield2008
 Jenny Monaco1998
 Nacolia Moore1992, 93
 LaTonya Morrison1994, 95
 Mikeya Nicholson2008
 Leah Nolden1998
 Andrea Norris2007, 08
 Lorraine Parkinson1995, 96, 97, 98
 Elissa Pierce1996
 Karen Poliquin2000, 01
 Brittany Riley2005, 06, 07, 08
 Sarah Rinker2005
 Katy Ritten2005
 Rickael Roach2008
 Natasha Robinson1996
 Julia Roundtree2001
 CherylInn Schilling2005
 Tess Shubert2010
 Stephanie Smith1995, 96
 Leah Steele1996
 Bianca Stuart2007, 08, 09
 Kandise Thompson2010
 Miracle Thompson2010
 Emily Toennies2010
 Julie Tottleben1993
 Kelsey Toussiant2002, 04, 05
 Inna Turevsky2004
 Rimma Turevsky2000
 Amarachi Ukabam2005, 06
 Marquita Vines2004
 Lindsay Wagner2006
 Jamie Waters2001
 Terita Walker1998
 Donna Wechet1995, 96
 Toni Whitfield2008, 10
 Michele Williams1992
 Nefeteri Williams2009
 Shaneka Williams1998
 Venisha Williams2004, 05
 Joy Williamson1996

Western Illinois

Kerrie Glintborg1992
 Kim Rice1992

Wichita State

Sahara Abraham2005
 Monica Adcock2009
 Deana Alexander1994, 97, 98
 Chandra Andrews2007
 Sarah Becker2004, 05, 06
 Kristina Beinarovica2003
 Allison Berry2000, 01, 02, 03
 Elizabeth Bitz2006
 Haylie Bolan2010
 Krystal Bowes2003, 04, 06
 Jessica Bowser2004
 Mandie Brandt2000, 01
 Jackie Brown2002, 04, 05, 06
 La'Taish Brown2010
 Denise Brungardt1992, 93
 Kim Caldwell1992, 93
 Cassie Craig2010
 Brooke Demo2005, 08, 09
 Erin Doyle1992
 Marina Dryer1999, 00
 Xaviera Eagan1994, 97, 98
 Lindsay Eck2003, 04, 05

Heidi Eilola1997
 Erica Evans2007, 08
 Natasha Foreman2002
 Signee Fornshell2010
 Jenna Fast2005, 06
 Linda Feldberga2005, 06
 Megan Foster2002, 03
 Tanya Friesen2010
 Tasha Gallegos2005, 06, 07
 Jennifer Gillispie1993, 94, 95
 Richelle Goscha1994, 95
 Emily Green2003
 Iveta Grunte2004, 05
 Samantha Hallman2010
 Melissa Hanschu2000, 01
 Krista Harmon2005, 06
 Brittany Hemphill2009
 Angela Isaac1993
 Janelisa Jackson1998
 Kellyn Johnson2007, 09
 Jennifer Keast1992
 Irene Kosgei2009
 Erika Kovesi2007, 09
 Mica Land2005, 07, 08
 Tricia Linder1998, 99
 Meikel Love2003, 04
 Hannah Marsh2009
 Keesha Middlemass1992
 Stephanie Miller2006, 07
 Quanzia Menton2005
 Audacia Moore2009, 10
 Kiara Moore2010
 Jana Mostecka2002
 Tonya Nero2010
 Desiraye Osburn2004, 05, 06
 Elizabeth Nopper1994, 96, 97
 Katie Panek1996, 97, 98
 Emily Peterson2002
 Jelena Petrovic2004, 05
 Inese Petruna2005
 Nicole Plant1999
 Shamoya Pruitt2010
 Ineta Radevica2002
 Courtney Reinke2010
 Riana van Resnburg1999
 Endija Rezgale2000, 01
 Ashley Rosenbaum2006
 Kate Schaake2007, 08
 Anna Simmons1998, 99
 Jennifer Snyder2006, 07, 08
 Rachael Stevens2007
 Christy Swartz1997, 98, 99
 Bev Swerdon1996, 97
 Leah Thopson2010
 Greta Tjaden2005
 Kelly Wartrick2007
 Koya Webb2000, 01, 02, 04
 Shannon Weeks1997
 Amy Weir2006
 Mellanee Welty1998, 99, 00
 Tamara Wisby1995
 Rachel York2009, 10
 Heidi Yost2000, 01, 02, 04

Women's Athletic Honors

NCAA All-Americans

Indoor

Bradley
1998 Mary Ellen Hill 5,000m

Drake
1981 Marie Simonsson 1,000m
Anne Erpenbeck high jump
1983 Carlon Blackman 440m dash
1984 Carlon Blackman 440m dash

Illinois State

1983 Wendy VanMierlo Little 5,000m
1997 Sue Daggett 5,000m
1997 Talise Branch 20 # wt. throw
2000 Sam Serrano 20 # wt. throw
2002 Stacia Beste 10,000m

Indiana State

1990 Christy Barrett shot put
1991 Christy Barrett shot put
1992 Holli Hyche 200m dash
1993 Holli Hyche 200m dash
Holli Hyche 55m dash
1994 Holli Hyche 55m dash
Holli Hyche 200m dash
1995 Omegia Keeyes 200m dash
1999 Jenny Floz 20 # wt. throw
Carrie Myers 20 # wt. throw
2000 Carrie Myers 20 # wt. throw
Angie Bruecker 800m run
2009 Kylie Hutson pole vault
2010 Kylie Hutson pole vault
Lauren Martin triple jump
Erica Moore 800m run

Missouri State

1997 Michelle Baptiste long jump
1999 Verneta Lesforis 400m dash
4x400 relay
1999 Juliet Pommelis 4x400 relay
1999 Mashere Harrison 4x400 relay
1999 Augustina Charles 4x400 relay

UNI

1993 Shantel Twiggs 55m dash
1994 Shantel Twiggs 55m dash
1995 Dianna Leftridge long jump
2007 Rachel Jansen shot put

Southern Illinois

1995 Jennie Horner mile run
2005 Amarachi Ukabam shot put
2005 Amarachi Ukabam weight throw
2006 Amarachi Ukabam weight throw
Brittany Riley weight throw
2007 Brittany Riley weight throw
2008 Brittany Riley weight throw
2009 Bianca Stuart long jump
2010 Sasha Leeth weight throw
Malaikah Love pentathlon
Jeneva McCall shot put,
weight throw

Wichita State

1986 Connie Long high jump
1989 Connie Long high jump
1998 Katie Panek 20 # wt. throw
2006 Desiraye Osburn mile run
2009 Kellyn Johnson mile run

NCAA All-Americans

Outdoor

Bradley
1998 Mary Ellen Hill 5,000m

Drake
1996 Gina DeWitt 800m run

Illinois State

1983 Wendy VanMierlo Little 5,000m
1997 Sue Daggett 10,000m
2000 Kathrine Nielsen Heptathlon

Indiana State

1990 Christy Barrett shot put
1991 Christy Barrett shot put
1993 Holli Hyche 100m dash
1993 Holli Hyche 200m dash
1994 Holli Hyche 100m dash
1994 Holli Hyche 200m dash
1994 Holli Hyche 4x100 relay
1994 Omegia Keeyes 4x100 relay
1994 Anisa Evans 4x100 relay
1994 Cindy Dobbs 4x100 relay
1993 Julie Koebecke discus
1994 Julie Koebecke discus
1995 Julie Koebecke discus
1996 Melissa Dyal high jump
1999 Jenny Folz 20 # wt. throw
2009 Kylie Hutson pole vault
Lauren Martin triple jump
2010 Kylie Hutson pole vault
Lauren Martin triple jump
Erica Moore 400m hurdles

Missouri State

1992 Dedra Davis long jump
1995 Melinda Sallins 400m hurdles
1996 Melinda Sallins 400m hurdles
1999 Michelle Baptiste 4x400 relay
Augustina Charles 4x400 relay
Trudi Garrett 4x400 relay
Juliet Pommellis 4x400 relay
2002 Cheasa Gibson 400m
2004 Casey Ownes 10,000m
2005 Casey Ownes 10,000m
2006 Tracy Partain heptathlon

UNI

2006 Rachel Jansen shot put
2007 Rachel Jansen shot put
2008 Rachel Jansen shot put

Southern Illinois

1986 Rhonda McCausland shot put
1989 Kathleen Raske 100m hurdles
2003 Latrice Gray high jump
2005 Amarachi Ukabam shot put
Amarachi Ukabam discus
2006 Brittany Riley hammer
Amarachi Ukabam discus
2007 Brittany Riley hammer
2008 Brittany Riley hammer
Bianca Stuart long jump
2010 Gwen Berry hammer
Olga Ciura hammer
Sasha Leeth hammer
Jeneva McCall shot put
discus
hammer

Wichita State

1989 Connie Long high jump
1993 Denise Brungardt heptathlon
1994 Deana Alexander javelin
1996 Katie Panek hammer
1998 Deana Alexander javelin
Katie Panek hammer
1999 Mellanee Welty heptathlon
2003 Allison Berry javelin
2005 Desiraye Osburn 5,000m
2006 Jackie Brown pole vault
Desiraye Osburn 5,000m

Championship Awards

Indoor Track MVP

1992 Debra Davis, MSU
1993 Holli Hyche, INS
1994 Holli Hyche, INS
1995 Jenni Horner, SIU
1996 Sue Daggett, ILS
1997 Sue Daggett, ILS
1998 Mary Ellen Hill, BU
1999 Mary Ellen Hill, BU
2000 Camille Clarke, MSU

Indoor Field MVP

1993 Denise Brungardt, WSU
1994 Rachelle Huntley, MSU
1995 Dianna Leftridge, UNI
1996 Mandy Scott, MSU
1997 Talise Branch, ILS
1998 Felicia Hill, SIU
1999 Jenny Folz, INS
2000 Carrie Myers, INS

Indoor Coach of the Year

1992 John Coughlan, ILS
Jeff Berryessa, MSU
1993 John Gartland, INS
1994 John Gartland, INS
1995 Don DeNoon, SIU
1996 John Coughlan, ILS
1997 John Coughlan, ILS
1998 Ronald Boyce, MSU
1999 Ronald Boyce, MSU
2000 Ronald Boyce, MSU
2001 John Gartland, INS
2002 Chris Bucknam, UNI
2003 Ronald Boyce, MSU
2004 Ronald Boyce, MSU
2005 Connie Price-Smith, SIU
2006 Steve Rainbolt, WSU
2007 Steve Rainbolt, WSU
2008 Chris Bucknam, UNI
2009 Connie Price-Smith, SIU
2010 Steve Rainbolt, WSU

Indoor Most Valuable Athlete

2001 Stacia Beste, ILS
2002 Agnes Kroneraff, UNI
2003 Noa Beiter, SIU
2004 Casey Owens, MSU
2005 Casey Owens, MSU
2006 Desiraye Osburn, WSU
2007 Devon Williams, ILS
2008 Kellyn Johnson, WSU
2009 Kellyn Johnson, WSU
2010 Tonya Nero, WSU
Audacia Moore, WSU

Women's Athletic Honors

Indoor Most Outstanding Track Athlete

| | |
|------|----------------------|
| 2001 | Cheasa Gibson, MSU |
| 2002 | Agnes Kroneraff, UNI |
| 2003 | Tracey Beardem, DU |
| 2004 | Casey Owens, MSU |
| 2005 | Casey Owens, MSU |
| 2006 | Desiraye Osburn, WSU |
| 2007 | Devon Williams, ILS |
| 2008 | Devon Williams, ILS |
| 2009 | Kellyn Johnson, WSU |
| 2010 | Erica Moore, INS |

Indoor Most Outstanding Field Athlete

| | |
|------|------------------------|
| 2001 | Heidi Yost, WSU |
| 2002 | Ineta Radeviciene, WSU |
| 2003 | Beth Hilton, INS |
| 2004 | Latisha Johnson, ILS |
| 2005 | Tracy Partain, MSU |
| 2006 | Brittany Riley, SIU |
| 2007 | Brittany Riley, SIU |
| 2008 | Brittany Riley, SIU |
| 2009 | Kylie Hutson, INS |
| | Bianca Stuart, SIU |
| 2010 | Kylie Huston, INS |

Outdoor Track MVP

| | |
|------|-------------------------|
| 1992 | Holli Hyche, INS |
| 1993 | Holli Hyche, INS |
| 1994 | Holli Hyche, INS |
| 1995 | Melinda Sallins, MSU |
| 1996 | Melinda Sallins, MSU |
| 1997 | Sue Daggett, ILS |
| 1998 | Mary Ellen Hill, BU |
| 1999 | Riana van Rensburg, WSU |
| 2000 | Egle Kregzdyte, ILS |

Outdoor Field MVP

| | |
|------|------------------------|
| 1993 | Angie Kent, ILS |
| 1994 | Julie Koebecke, INS |
| 1995 | Julie Koebecke, INS |
| 1996 | Katie Panek, WSU |
| 1997 | Heather Greebling, SIU |
| 1998 | Katie Panek, WSU |
| 1999 | Mellanee Welty, WSU |
| 2000 | Mellanee Welty, WSU |

Outdoor Coach of the Year

| | |
|------|-------------------------|
| 1992 | John Gartland, INS |
| 1993 | John Gartland, INS |
| 1994 | John Gartland, INS |
| 1995 | Don DeNoon, SIU |
| 1996 | Don DeNoon, SIU |
| 1997 | John Coughlan, ILS |
| 1998 | John Gartland, INS |
| 1999 | John Gartland, INS |
| 2000 | John Coughlan, ILS |
| 2001 | Ronald Boyce, MSU |
| 2002 | Ronald Boyce, MSU |
| 2003 | Ronald Boyce, MSU |
| 2004 | Steve Rainbolt, WSU |
| 2005 | Steve Rainbolt, WSU |
| 2006 | Steve Rainbolt, WSU |
| 2007 | Steve Rainbolt, WSU |
| 2008 | Chris Bucknam, UNI |
| 2009 | Connie Price-Smith, SIU |
| 2010 | Connie Price-Smith, SIU |

Outdoor Most Valuable Athlete

| | |
|------|--------------------|
| 2001 | Cheasa Gibson, MSU |
| 2002 | Cheasa Gibson, MSU |
| 2003 | Korto Dunbar, SIU |
| 2004 | Cheasa Gibson, MSU |

| | |
|------|---------------------|
| 2005 | Tracy Partain, MSU |
| 2006 | Tracy Partain, MSU |
| 2007 | Rachel Jansen, UNI |
| 2008 | Mica Land, WSU |
| 2009 | Kellyn Johnson, WSU |
| 2010 | Jeneva McCall, SIU |

Outdoor Most Outstanding Track Athlete

| | |
|------|---------------------|
| 2001 | Camille Clarke, MSU |
| 2002 | Stacia Beste, ILS |
| 2003 | Cheasa Gibson, MSU |
| 2004 | Cheasa Gibson, MSU |
| 2005 | Casey Owens, MSU |
| 2006 | Tracy Partain, MSU |
| 2007 | Genna Williams, MSU |
| 2008 | Dani Stipe, UNI |
| 2009 | Audacia Moore, WSU |
| 2010 | Erica Moore, INS |

Outdoor Most Outstanding Field Athlete

| | |
|------|------------------------|
| 2001 | Heidi Yost, WSU |
| 2002 | Ineta Radeviciene, WSU |
| 2003 | Beth Hilton, INS |
| 2004 | Iveta Grunte, WSU |
| 2005 | Tracy Partain, MSU |
| 2006 | Tracy Partain, MSU |
| 2007 | Rachel Jansen, UNI |
| 2008 | Brittany Riley, SIU |
| | Kylie Hutson, INS |
| 2009 | Kylie Hutson, INS |
| 2010 | Jeneva McCall, SIU |

In 2000-01, MVC coaches voted to alter the specialty awards. The Most Valuable Athlete is the highest point winner of the championship. The Most Outstanding Track and Most Outstanding Field Athletes are determined by a vote of the Valley coaches.

National Champions

Indoor

| | | |
|----------------------|--------------|------------|
| Indiana State | | |
| 1993 | Holli Hyche | 55m dash |
| 1993 | Holli Hyche | 200m dash |
| 1994 | Holli Hyche | 55m dash |
| 1994 | Holli Hyche | 200m dash |
| 2009 | Kylie Hutson | pole vault |
| 2010 | Kylie Hutson | pole vault |

Southern Illinois

| | | |
|------|----------------|--------------|
| 2007 | Brittany Riley | weight throw |
| 2008 | Brittany Riley | weight throw |

Outdoor

| | | |
|----------------------|--------------|------------|
| Indiana State | | |
| 1993 | Holli Hyche | 100m dash |
| 1993 | Holli Hyche | 200m dash |
| 1994 | Holli Hyche | 100m dash |
| 2009 | Kylie Hutson | pole vault |
| 2010 | Kylie Hutson | pole vault |

Southern Illinois

| | | |
|------|---------------|--------|
| 2010 | Jeneva McCall | discus |
|------|---------------|--------|

World Championship

Indoor

| | | |
|--------------------------|--------------------|-----------------|
| Southern Illinois | | |
| 1989 | Connie Price-Smith | shot put (10th) |
| 1991 | Connie Price-Smith | shot put (7th) |
| 1993 | Connie Price-Smith | shot put (9th) |
| 1995 | Connie Price-Smith | shot put (2nd) |
| 1997 | Connie Price-Smith | shot put (6th) |

Outdoor

Indiana State

| | | |
|------|-----------------|----------|
| 1993 | Christy Barrett | shot put |
|------|-----------------|----------|

Missouri State

| | | |
|------|------------------|-----------|
| 1997 | Verneta Lesforis | 200m dash |
|------|------------------|-----------|

Southern Illinois

| | | |
|------|--------------------|----------------------------|
| 1987 | Connie Price-Smith | discus |
| 1991 | Connie Price-Smith | shot put (11th) |
| 1993 | Connie Price-Smith | shot put, discus |
| 1995 | Connie Price-Smith | shot put (9th) |
| 1997 | Connie Price-Smith | shot put (5th) |
| | Dora Kyriacou | 200m dash (Country-Cyprus) |
| 1999 | Connie Price-Smith | shot put |

Note: From current MVC institutions only.

Coaching Honors

NCAA District V Women's Coach of the Year

| | | |
|------|--------------------|----------------|
| 1993 | John Gartland, INS | Indoor/Outdoor |
| 1994 | John Gartland, INS | Indoor/Outdoor |
| 1996 | John Coughlan, ILS | Indoor |
| 1997 | John Coughlan, ILS | Indoor/Outdoor |
| 1998 | Ronald Boyce, MSU | Indoor/Outdoor |
| 1999 | Ronald Boyce, MSU | Indoor/Outdoor |
| 2003 | Ronald Boyce, MSU | Indoor |

USTFCCA National Athlete of the Year

| | | |
|------|---------------------|---------------|
| 2007 | Brittany Riley, SIU | Women's Field |
|------|---------------------|---------------|

Olympic Team Members

Missouri State

| | | |
|------|-------------------|----------------------------------|
| 1996 | Michelle Baptiste | 100 meters (Country - St. Lucia) |
| 2000 | Verneta Lesforis | 400 m |

Southern Illinois

| | | |
|------|--------------------|-------------------------------|
| 1988 | Connie Price-Smith | shot put, discus |
| | Carlton Blackman | 400m (Country - Barbados) |
| 1992 | Connie Price-Smith | shot put, discus |
| 1996 | Dora Kyriacou | 200m, 400m (Country - Cyprus) |
| | Connie Price-Smith | shot put (5th) |
| 2000 | Connie Price-Smith | shot put |

Pan American Games

Indiana State

| | | |
|------|---------------|------------|
| 1995 | Omegia Keeyes | 200m (3rd) |
|------|---------------|------------|

Missouri State

| | | |
|------|-------------------|-----------|
| 1999 | Michelle Baptiste | long jump |
| 1999 | Augustina Charles | 800m |
| 1999 | Verneta Lesforis | 400m |

Southern Illinois

| | | |
|------|--------------------|--------------------|
| 1987 | Connie Price-Smith | discus (3rd) |
| 1991 | Connie Price-Smith | shot put (2nd) |
| 1995 | Connie Price-Smith | shot put (1st) |
| 2007 | Brittany Riley | hammer throw (5th) |

Women's Scholar-Athletes

1993

First Team

Metria Bell, ILS
Anna Boecker, MSU
April Cokley, SIU
Leann Conway-Reed, SIU
Eva Gerhardt, MSU
Jennifer Gillispie, WSU
Brenda Hayes, MSU
Julie Koebecke, INS
Keesha Middlemass, WSU
Debbi Ramseyer, INS
Julie Schweigert, DU
Janette Whitcomb, ILS

Honorable Mention

Sabrina Budde, TU
Deborah Daehler, SIU
Jamie Douglas, MSU
Amanda Erwin, TU
Dyan Fluhrer, UNI
Ana Garcia, TU
Shannon Glascock, DU
Keri Hamilton, UNI
Heidi Heiar, UNI
Sarah Henkelmann, DU
Mindy Larsen, DU
Amy Lathrop, INS
Myra Lessor, WSU
Paula Nemmers, UNI
Christi Olson, INS
Deniese Pigg, INS
Dea Shipps, MSU
Marchelle Short, UNI
Kelly VanDePol, UNI

1994

First Team

Deanna Alexander, WSU
Trisha Allen, DU
Jacque Askeland, UNI
Amy Cohee, INS
Leann Conway-Reed, SIU
Patricia Gayle, INS
Jennifer Gillespie, WSU
Amy Griswold, DU
Julie Koebecke, INS
Amy Lathrop, INS
Zoe Stewart, TU
Kelly VanDePol, UNI

Honorable Mention

Jessica Ballenger, INS
Jennifer Bradford, UNI
Sabrina Budde, TU
Allison Clark, TU
Deborah Daehler, SIU
Tana Dahman, INS
Kelly Elliott, SIU
Amanda Erwin, TU
Shannon Glascock, DU
Keri Hamilton, UNI

Heidi Heiar, UNI
Sarah Henkelmann, DU
Mary Amy Hornik, SIU
Brittany Johnson, ILS
Heather Jones, INS
Jennifer Kostleny, SIU
Mindy Larsen, DU
Myra Lessor, WSU
Laura Little, UNI
Jensie Grigsby, DU
Julie Reinke, DU
Liz Shannon, INS
April Todd, INS
Kendra Vandiver, TU

1995

Deana Alexander, WSU
Trisha Allen, DU
Lesley Batson, SIU
Allison Clark, TU
Vena Clendenin, SIU
Amy Cohee, INS
Sue Daggett, ILS
Debbi Daehler, SIU
Tana Dahman, INS
Gretchen Daniels, SIU
Gina DeWitt, DU
RuthAnn Garrett, SIU
Janet Genske, DU
Jennifer Gillespie, WSU
Richelle Goscha, WSU
Heather Greeling, SIU
Jensie Grigsby, DU
Amy Griswold, DU
Sarah Henkelmann, DU
Brittany Johnson, ILS
Heather Jones, INS
Veronica Jones, INS
Julie Koebecke, INS
Kim Koerner, SIU
Amy Lathrop, INS
Myra Lessor, WSU
Laura Little, UNI
Theresa Lux, UNI
Heather McFadden, MSU
Elizabeth Nopper, WSU
Elissa Pierce, SIU
Liz Shannon, INS
Carrie Swayze, TU
Karen Wamsley, INS
Natasha Williams, SIU

1996

Trisha Allen, DU
Jaspreet Bajwa, SIU
Karen Byrd, INS
Amy Cohee, INS
Vena Clendenin, SIU
Debbi Daehler, SIU
Sue Daggett, ILS

Tana Dahman, INS
Gina DeWitt, DU
Kelly French, SIU
Janet Genske, DU
Heather Greeling, SIU
Amy Griswold, DU
Dawn Hawkins, DU
Amy Heile, INS
Jenny Jackson, UNI
Brittany Johnson, ILS
Heather Jones, INS
Angie Joy, ILS
Christine Kent, ILS
Abby Knop, DU
Julie Koebecke, INS
Kim Koerner, SIU
Amy Lathrop, INS
Raina Larsen, SIU
Laura Little, UNI
Theresa Lux, UNI
Dorothy Mellady, WSU
Elizabeth Nopper, WSU
Richelle Norton, WSU
Lorraine Parkinson, SIU
Katy Parsons, MSU
Shannon Penner, WSU
Tamara Reed, ILS
Cindra Schelling, UNI
Elizabeth Shannon, INS
Amy Stearns, SIU
Carla Sudbeck, DU
Karen Wamsley, INS

1997

Deana Alexander, WSU
Jaspreet Bajwa, SIU
Jennifer Bandy, MSU
Mindy Bruck, SIU
Shannon Buchanan, INS
Karen Byrd, INS
Vena Clendenin, SIU
Keri Clevenger, UNI
Collette Courtney, SIU
Sue Daggett, ILS
Angie Decker, INS
Rhonda Eiben, UNI
Brenna Fleishman, UNI
Kelly French, SIU
Janet Genske, DU
Heather Greeling, SIU
Julie Harker, INS
Jennifer House, DU
Holly Hyland, INS
Heather Jones, INS
Veronica Jones, INS
Angie Joy, ILS
Abby Knop, DU
Kim Koerner, SIU
Raina Larsen, SIU
Toni Logemann, ILS

Angie Menser, INS
Elizabeth Nopper, WSU
Lorraine Parkinson, SIU
Katey Parsons, MSU
Stephanie Reich, WSU
Jennifer Runchey, DU
Denise Sauerbrei, UNI
Elizabeth Shannon, INS
Kendra Stannard, UNI
Michelle Surber, UNI
Jena Swant, ILS
Bev Swerdon, WSU
Shannon Weeks, WSU

1998

Nicole Addington, DU
Deana Alexander, WSU
Mindy Bruck, SIU
Laura Borland, DU
Marie Boucher, WSU
Megan Bowers, INS
Angie Decker, INS
Sharlene Downing, SIU
Heidi Eilola, WSU
Kelly French, SIU
Trudi Garrett, MSU
Julie Harker, INS
Cheryl Haslag, MSU
Julie Head, DU
Mary Ellen Hill, BU
Christi Hogan, DU
Holly Hyland, INS
Angie Joy, ILS
Amy Lamb, MSU
Raina Larsen, SIU
Danelle Leaf, INS
Verneta Lesforis, MSU
Tricia Linder, WSU
Erin McNamara, MSU
Angie Menser, INS
Jenny Monaco, SIU
Leah Nolden, SIU
Katie Panek, WSU
Lorraine Parkinson, SIU
Katey Parsons, MSU
Carissa Romberg, DU
Jennifer Runchey, DU
Jorie Spayth, DU
Amy Stockham, WSU
April Stepanek, UNI
Kelley Strickler, INS
Carla Sudbeck, DU
Cristy Swartz, WSU
Mellanee Welty, WSU
Melissa Wheeler, ILS
Jill Zwagerman, DU

Women's Scholar-Athletes

1999

Nicole Addington, DU
 Audra Akin, MSU
 Carlee Asher, INS
 Jill Bakewell, UNI
 Katie Barrett, INS
 Megan Bowers, INS
 Angie Bruecker, INS
 Carrie Cesario, DU
 Marie Claude-Boucher, WSU
 Becky Cox, SIU
 Joy Cutrano, SIU
 Angie Decker, INS
 Rachel Dozark, UNI
 Marina Dryer, WSU
 Brenna Fleishman, UNI
 Trudi Garrett, MSU
 Jill George, UNI
 Teresa Grothus, UNI
 Cheryl Haslag, MSU
 Julie Head, DU
 Christi Hogan, DU
 Holly Hyland, INS
 Ebony Jackson, INS
 Droso Lavithi, SIU
 Verneta Lesforis, MSU
 Tricia Linder, WSU
 Erin McNamara, MSU
 Sarah Murton, DU
 Katie Myhra, INS
 Leah Nolden, SIU
 Nikki Plant, WSU
 Caryn Poliquin, SIU
 Jennifer Runchey, DU
 Anna Simmons, WSU
 Lisa Simon, ILS
 Jorie Spayth, DU
 Karla Spence, WSU
 Kendra Stannard, UNI
 Kelley Strickler, INS
 Carla Sudbeck, DU
 Cristy Swartz, WSU
 Sheila Taylor, INS
 Kari Thilges, UNI
 Erica Turner, INS
 Riana van Rensburg, WSU
 Terita Walker, SIU
 Melissa Wheeler, ILS
 Melissa Yerk, UNI
 Mellanee Welty, WSU
 Jill Zwagerman, DU

2000

Nicole Addington, DU
 Marian Appiah-Kubi, UNI
 Carlee Asher, INS
 Jill Bakewell, UNI
 Allison Berry, WSU
 Tracey Bearden, DU
 Stacia Beste, ILS

Laura Borland, DU
 Marie Boucher, WSU
 Megan Bowers, INS
 Angie Bruecker, INS
 Augustina Charles, MSU
 Deborah Cordner, UNI
 Tanya Dolgovska, UNI
 Rachel Dozark, UNI
 Marina Dreyer, WSU
 Mandy Easter, MSU
 Rita Fiala, UNI
 Michelle Fowler, INS
 Trudi Garrett, MSU
 Jill George, UNI
 Teresa Grothus, UNI
 Julie Head, DU
 Mary Ellen Hill, BU
 Christ Hogan, DU
 Hildegunn Holten, ILS
 Inga Hope, UNI
 Alia Hoyle, ILS
 Sherry Husbands, MSU
 Pam Hyde, INS
 Ebony Jackson, INS
 Katie Johnson, UNI
 Andrea Kirk, BU
 Droso Lavithi, UNI
 Erin Leahy, UNI
 Tricia Linder, WSU
 Hilla Medalia, UNI
 Krissy Mitchell, UNI
 Jenny Monaco, UNI
 Sarah Murton, DU
 Katie Myhra, INS
 Nikki Nelson, UNI
 Emily Peterson, WSU
 Caryn Poliquin, UNI
 Elizabeth Robertson, UNI
 Kelly Rupert, INS
 Lisa Simon, ILS
 Jorie Spayth, DU
 Sheila Taylor, INS
 Kari Thilges, UNI
 Rimma Turevksy, UNI
 Mellanee Welty, WSU
 Melissa Wheeler, ILS
 Vickie Whiteside, WSU
 Carrie Wojcik, ILS
 Heidi Yost, WSU

2001

Molly Angermeyr, DU
 Marian Appiah-Kubi, SIU
 Adrienne Battle, MSU
 Virginia Bax, MSU
 Allison Berry, WSU
 Stacia Beste, ILS
 Janelle Birky, BU
 Angie Bruecker, INS
 Nicole Chizek, DU

Camille Clarke, MSU
 Rebecca Cox, SIU
 Teresa Grothus, UNI
 Melissa Hanschu, MSU
 April Hanson, DU
 Beth Hilton, INS
 Dana Holland, MSU
 Hildegunn Holten, ILS
 Alia Hoyle, ILS
 Hillary Hyland, ILS
 Jené Klostermann, ILS
 Egle KregzdYTE, ILS
 Rebecca Kuklenski, MSU
 Katie Meehan, SIU
 Jeri Meyerholtz, INS
 Katie Myhra, INS
 Caryn Poliquin, SIU
 Elizabeth Robertson, UNI
 Julia Roundtree, SIU
 Kelly Rupert, INS
 Rimma Turevsky, SIU
 Keli Walker, INS
 Ann Williams, BU
 Heidi Yost, WSU

2002

Tam Hart, BU
 Megan Young, BU
 Molly Angermeyr, DU
 Tracey Bearden, DU
 Melissa Child, DU
 Nicole Chizek, DU
 Kelly Kincaid, DU
 Stacia Beste, ILS
 Andrea Black, ILS
 Monique Haan, ILS
 Alia Hoyle, ILS
 Hillary Hyland, ILS
 Jené Klostermann, ILS
 Stevia Dalton, INS
 Michelle Fowler, INS
 Beth Hilton, INS
 La Toya Jagoe, INS
 Alicia Miller, INS
 Amy Stevens, INS
 LaToya Sutton, INS
 Brittany Wendell, INS
 Deb Cordner, UNI
 Nikki Nelson, UNI
 Crystal Seamans, UNI
 Wendy Shaw, UNI
 Marian Appiah-Kubi, SIU
 Noa Beitler, SIU
 Julia Roundtree, SIU
 Rhonda Allen, MSU
 Virginia Bax, MSU
 Augustina Charles, MSU
 Rebekah Daro, MSU
 Mashere Harrison, MSU
 Rebecca Kuklenski, MSU

Allison Berry, WSU
 Emily Peterson, WSU
 Heidi Yost, WSU
 Koya Webb, WSU

2003

Kelly Allen, DU
 Marian Appiah-Kubi, SIU
 Lindsey Arnold, ILS
 Virginia Bax, MSU
 Tracey Bearden, DU
 Noa Beitler, SIU
 Allison Berry, WSU
 Janelle Birky, BU
 Andrea Black, ILS
 Krystal Bowes, WSU
 Jackee Brannan, BU
 Mellisa Campbell, UNI
 Augustina Charles, MSU
 Jessica Crowder, INS
 Amber Cumberbatch, MSU
 Stevia Dalton, INS
 Bekah Daro, MSU
 Megan Foster, WSU
 Tori Gaumer, ILS
 Angie German, UNI
 Tam Hart, BU
 Jessica Hetcko, DU
 Regina Hill, DU
 Beth Hilton, INS
 La Toya Jagoe, INS
 Laura Kennedy, ILS
 Tiffany Kennedy, DU
 Jene Klostermann, ILS
 Tiffany Mack, BU
 Lauren Maul, ILS
 Alicia Miller, INS
 Julia Murray, MSU
 Nikki Nelson, UNI
 Melissa Orzenhoskie, DU
 Shannon Patterson, DU
 Tamasaine Poitier, MSU
 Kayleen Popp, UNI
 Felicia Price, INS
 Melyssa Reinhardt, INS
 Lauren Ritt, ILS
 Laura Schafliuetzel, MSU
 Emily Shoopman, UNI
 Leah Smith, ILS
 Amy Stevens, INS
 Erin Sutton, MSU
 Kelsey Toussaint, SIU
 Inna Turevsky, SIU
 Melissa Ullenbruch, INS
 Luan Weekes, MSU
 Brittany Wendell, INS
 Erin Wessely, UNI
 Robin Whalen, ILS

Women's Scholar-Athletes

2004

Lindsey Arnold, ILS
Sarah Behrens, UNI
Noa Beitler, SIU
Krystal Bowes, WSU
Jessica Bowser, WSU
Jackee Brannan, BU
Dolly Butz, DU
Megan Cenkush, SIU
Clarissa Codrington, MSU
Krystle Cordes, UNI
Jessica Crowder, INS
Ty-Nica Davis, SIU
Casey DeWitt, MSU
Tory Gaumer, ILS
Angie German, UNI
Emily Green, WSU
Jess Hetcko, DU
Regina Hill, DU
Laura Kennedy, ILS
Tiffany Kennedy, DU
Jene Klostermann, ILS
Carol Linneweber, INS
Lian Lucas, ILS
Kelly Malarkey, DU
Betsey McDonald, ILS
Alicia Miller, INS
Becky Moffitt, MSU
Andrea Mosher, ILS
Julia Murray, MSU
Desiraye Osburn, WSU
Ayden Ollivier, DU
Tracy Partain, MSU
Shannon Patterson, DU
Kayleen Popp, UNI
Felicia Price, INS
Melyssa Reinhardt, INS
Tracy Partain, MSU
Ashley Sanders, MSU
Renee Schlabach, INS
Wendy Shaw, UNI
Leah Smith, ILS
Amy Stevens, INS
Erin Sutton, MSU
Melissa Ullenbruch, INS
Koya Webb, WSU
Luan Weekes, MSU
Brittany Wendell, INS
Yolanda Wright, INS
Heidi Yost, WSU

2005

Lindsey Arnold, ILS
Catherine Barron, MSU
Janine Batchelor, SIU
Ivana Barsic, UNI
Sarah Becker, WSU
Sara Bowling, MSU
Jackie Brown, WSU
Kim Carter, MSU

Megan Cenkush, SIU
Brittani Christensen, SIU
Clarissa Codrington, MSU
Jessica Crowder, INS
Ty Davis, SIU
Amy Dian, ILS
Lindsay Eck, WSU
Morgen Edwards, UNI
Laura Engle, INS
Katie Fesler, SIU
Angie German, UNI
Iveta Grunte, WSU
Krista Harmon, WSU
Regina Hill, DU
Laura Kennedy, ILS
Tiffany Kennedy, DU
Chloe Key, MSU
Jayne Kristman, MSU
Carol Linneweber, INS
Lian Lucas, ILS
Amy Matthews, WSU
Lauren Maul, ILS
Kasey McDaniel, DU
Betsy McDonald, ILS
Sarah McKay, BU
Quanzia Menton, WSU
Stephanie Miller, WSU
Andrea Mosher, ILS
Julia Murray, MSU
Ayden Olivier, DU
Desiraye Osburn, WSU
Shannon Patterson, DU
Jelena Petrovic, WSU
Kayleen Popp, UNI
Felicia Price, INS
Dani Prince, INS
Melyssa Reinhardt, INS
Sarah Rinker, SIU
Ashley Sanders, MSU
Cherylynn Schilling, SIU
Michelle Simpson, MSU
Santia Spight, INS
Randi Stephens, INS
Erin Sutton, MSU
Inna Turevsky, SIU
Quinn Vermie, UNI
Lindsay Wagner, SIU
Keisha Walkes, MSU
Luan Weekes, MSU
Yolanda Wright, INS
Kara Yahn, UNI
Jillian Yorn, INS

2006

Sarah Abraham, WSU
Chandra Andrews, WSU
Ashley Anklam, DU
Amy Bagge, UNI
Janine Batchelor, SIU
Sarah Becker, WSU

Krystal Bowes, WSU
Jackie Brown, WSU
Avery Buresh, DU
Stacy Butt, UNI
Kim Carter, MSU
Megan Cenkush, SIU
Clarissa Codrington, MSU
Ty Davis, SIU
Brooke Demo, WSU
Casey Dewitt, MSU
Morgen Edwards, UNI
Laura Engle, INS
Frannie Epps, ILS
Jenna Fast, WSU
Linda Feldberga, WSU
Tasha Gallegos, WSU
Angie German, UNI
Emily Green, WSU
Krista Harmon, WSU
Regina Hill, DU
Jamie Hutchinson, UNI
Laura Kennedy, ILS
Meredith Kosmacek, UNI
Kellie Krahn, WSU
Jayne Kristmann, MSU
Yana Kruglikova, UNI
Anna Lovell, ILS
Lian Lucas, ILS
Kelly Malarkey, DU
Lauren Maul, ILS
Kasey McDaniel, DU
Betsy McDonald, ILS
Samantha McLendon, INS
Quanzia Menton, WSU
Stephanie Miller, WSU
Andrea Mosher, ILS
Andrea Norris, SIU
Ayden Oliver, DU
Desiraye Osburn, WSU
Jenny Reff, DU
Sarah Rinker, SIU
Ashley Sanders, MSU
Cherylynn Schilling, SIU
Michelle Simpson, MSU
Jennifer Snyder, WSU
Heather Stembridge, INS
Randi Stephens, INS
Suzy Turner, ILS
Amarachi Ukabam, SIU
Melissa Ullenbruch, INS
Lindsay Wagner, SIU
Amy Weir, WSU
Devon Williams, ILS
Yolanda Wright, INS
Kara Yahn, UNI
Jillian Yorn, INS

2007

Katie Nowak, BU
Ashley Anklam, DU

Nicole Braunsdorf, DU
Avey Buresh, DU
Frannie Epps, ILS
Devon Williams, ILS
Anna Lovell, ILS
Kristin Brinkman, ILS
Kathleen Thompson, ILS
Melissa Clarke, ILS
Laura Engle, INS
Dani Prince, INS
Kim Carter, MSU
Tanya Cyrus, MSU
Mareneika Goffe, MSU
Zaleika Goffe, MSU
Yaneika Malcolm, MSU
Jamie Vest, MSU
Carrie Vestal, MSU
Kristin Wolkey, MSU
Amy Bagge, UNI
Stacy Butt, UNI
Sarah Harms, UNI
Traci Hawley, UNI
Amanda Huling, UNI
Meredith Kosmacek, UNI
Yana Kruglikova, UNI
Cali Lyons, UNI
Katie Birn, SIU
Ty-Nica Davis, SIU
Leslie Murillo, SIU
Andrea Norris, SIU
Bianca Stuart, SIU
Chandra Andrews, WSU
Brooke Demo, WSU
Jenna Fast, WSU
Linda Feldberga, WSU
Tasha Gallegos, WSU
Emily Green, WSU
Krista Harmon, WSU
Erika Kovesi, WSU
Mica Land, WSU
Kimber Lemon, WSU
Stephanie Miller, WSU
Thelma Reeves, WSU
Ashley Rosenbaum, WSU
Jennifer Snyder, WSU
Rachael Stevens, WSU

2008

Kim Martin, BU
Katie Nowak, BU
Nicole Braunsdorf, DU
Melissa Clarke, ILS
Frannie Epps, ILS
Annie Lovell, ILS
Morgan Schaefer, ILS
Megan Thompson, ILS
Suzy Turner, ILS
Devon Williams, ILS
Kayla Alexander, INS

Women's Scholar-Athletes

Lisa Barrett, INS
 Mary Kate Conway, INS
 Kylie Hutson, INS
 Amanda Jones, INS
 Lauren Martin, INS
 Samantha McClendon, INS
 Jeanne Middleton, INS
 Erica Moore, INS
 Dana Sander, INS
 Heather Stenbridge, INS
 Katie Weber, INS
 Adriane Wunderlich, INS
 Renna Berry, MSU
 Emily Fletcher, MSU
 Mareneika Goffe, MSU
 Yaneika Malcolm, MSU
 Jamie Vest, MSU
 Carrie Vestal, MSU
 Amy Bagge, UNI
 Stacy Butt, UNI
 Sarah Harms, UNI
 Traci Hawley, UNI
 Amanda Huling, UNI
 Jamie Hutchinson, UNI
 Rachel Jansen, UNI
 Cali Lyons, UNI
 Emily Prinsen, UNI
 Blair Runde, UNI
 Meredith Kosmacek-Simon, UNI
 Dani Stipe, UNI
 Quinn Vermie, UNI
 Kara Yahn, UNI
 Judeka Adams, SIU
 Kendra Deck, SIU
 A'Seret Dokubo, SIU
 Sasha Leeth, SIU
 Andrea Norris, SIU
 Bianca Stuart, SIU
 Toni Whitfield, SIU
 Nefeteri Williams, SIU
 Brooke Demo, WSU
 Kimber Lemon, WSU
 Olivia Martinez, WSU
 Karolina Mosa, WSU
 Megan Rakes, WSU
 Jenna Wood, WSU

2009

Erika Sepich, BU
 Caitlin Able, DU
 Nicole Braunsdorf, DU
 Ari Curtis, DU
 Deidra Dirth, DU
 Kara McCartney, DU
 Casey McDermott, DU
 Michelle Mitchell, DU
 Cambria Pardner, DU
 Amanda Albrecht, ILS
 Michelle Brunk, ILS
 Jess Husted, ILS

Kami Klopfenstein, ILS
 Kirsten Lang, ILS
 Morgan Schaefer, ILS
 Megan Thompson, ILS
 Kayla Alexander, INS
 Annie Beasley, INS
 Mary Kate Conway, INS
 Alicia Fritschi, INS
 Kelsey Hanley, INS
 Kylie Hutson, INS
 Amanda Jones, INS
 Lauren Martin, INS
 Erica Moore, INS
 Nikki Royer, INS
 Dana Sander, INS
 Heather Stenbridge, INS
 Adriane Wunderlich, INS
 Rashida Allen, MSU
 Cortenee Boulard, MSU
 Leander Ernest, MSU
 Mareneika Goffe, MSU
 Zaleika Goffe, MSU
 Asher Kyger, MSU
 Yaneika Malcolm, MSU
 Staci Nelson, MSU
 Terry Phillips, MSU
 Jamie Vest, MSU
 Sarah Harms, UNI
 Traci Harms, UNI
 Holli Hosch, UNI
 Lauren Lindaman, UNI
 Emily Prinsen, UNI
 Dani Stipe, UNI
 Rachel VanderHolt, UNI
 Judeka Adams, SIU
 Kim Beardwood, SIU
 Gwen Berry, SIU
 Olga Ciura, SIU
 Tredene Davis, SIU
 Kendra Deck, SIU
 Ryan Eichelberger, SIU
 Meredith Hayes, SIU
 Megan Hoelscher, SIU
 Sasha Leeth, SIU
 Bianca Stuart, SIU
 Miracle Thompson, SIU
 Emily Toennies, SIU
 Toni Whitfield, SIU
 Nefeteri Williams, SIU
 Monica Adcock, WSU
 Brooke Demo, WSU
 Stephanie Hammond, WSU
 Irene Kosgei, WSU
 Erika Kovesi, WSU
 Hannah Marsh, WSU
 Olivia Martinez, WSU
 Hali Mobley, WSU
 Karolina Mosa, WSU
 Kate Schaake, WSU
 Rachel York, WSU

2010

Michelle Hartman, BU
 Katie Nowak, BU
 Erika Sepich, BU
 Nicole Braunsdorf, DU
 Dierdra Dirth, DU
 Casey McDermott, DU
 Amanda Albrecht, ILS
 Michelle Brunk, ILS
 Jess Husted, ILS
 Kirsten Lang, ILS
 Leigh Petranoff, ILS
 Aisha Praught, ILS
 Morgan Schaefer, ILS
 Alicia Fritschi, INS
 Kelsey Hanley, INS
 Kylie Hutson, INS
 Kacie Klem, INS
 Allison Malone, INS
 Lauren Martin, INS
 Erica Moore, INS
 Violet Nwordu, INS
 Amanda Paden, INS
 Annie Smith, INS
 Sarah Snapp, INS
 Adriane Wunderlich, INS
 Stephanie Harres, MSU
 Yaneika Malcolm, MSU
 Staci Nelson, MSU
 Terry Phillips, MSU
 Jodiann Walker, MSU
 Leah Blanchard, UNI
 Michaela Brungardt, UNI
 Holli Hosch, UNI
 Ellen Kindelsperger, UNI
 Lauren Lindaman, UNI
 Carly Olsen, UNI
 Emily Prinsen, UNI
 Johanna Smith, UNI
 Dani Stipe, UNI
 Jenna Wexter, UNI
 Judeka Adams, SIU
 Gwen Berry, SIU
 Olga Ciura, SIU
 Tredene Davis, SIU
 Ryan Eichelberger, SIU
 Meredith Hayes, SIU
 Megan Hoelscher, SIU
 Malaikah Love, SIU
 Nina Okafor, SIU
 Miracle Thompson, SIU
 Emily Toennies, SIU
 Toni Whitfield, SIU
 Nefeteri Williams, SIU
 Emily Ballock, WSU
 Haylie Bolan, WSU
 Signee Fornshell, WSU
 Amy Hough, WSU
 Irene Kosgei, WSU
 Olivia Martinez, WSU

Hannah Martinez, WSU
 Audacia Moore, WSU
 Karolina Mosa, WSU
 Tonya Nero, WSU
 Jamie Pruter, WSU
 Leah Thompson, WSU
 Rachel York, WSU